2008 TRACK & FIELD

Sean Lowe
Senior
ACC runner-up
NCAA regional qualifier

Toni Aluko
Senior
ACC Champion
NCAA regional qualifier

Adam Durham
Senior
NCAA national qualifier
ACC scorer

UNIVERSITY OF

MARYLAND

Dominic Berger
Senior
ACC Champion
NCAA runner-up

Jillian Anwah
Senior
NCAA regional qualifier

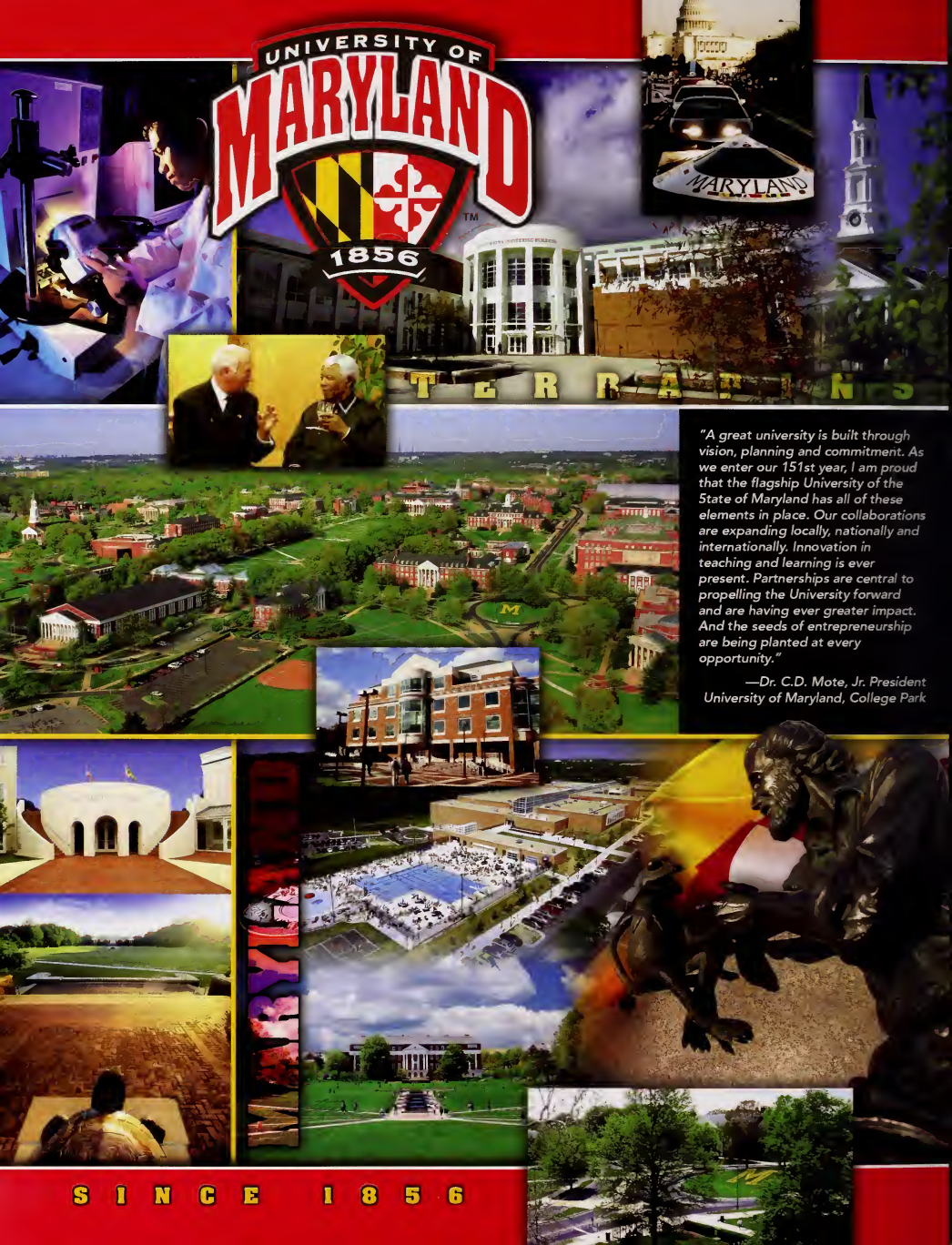
Jason Allen
Sophomore
USATF Junior National Champion

M/W Tf Track & Field

27 SPORTS

1 TEAM

umterps.com


UNIVERSITY OF
MARYLAND
1856
TERRAPINS
"A great university is built through vision, planning and commitment. As we enter our 151st year, I am proud that the flagship University of the State of Maryland has all of these elements in place. Our collaborations are expanding locally, nationally and internationally. Innovation in teaching and learning is ever present. Partnerships are central to propelling the University forward and are having ever greater impact. And the seeds of entrepreneurship are being planted at every opportunity."
—Dr. C.D. Mote, Jr. President
University of Maryland, College Park
MARYLAND
SINCE 1856

GENERAL INFORMATION

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INDOOR SCHEDULE

Day	Date	Meet	Location
Fri-Sat	January 11-12	Virginia Tech Invitational	Blacksburg, Va.
Saturday	**January 19**	**MARYLAND INVITATIONAL**	**Landover, Md.**
Fri-Sat	January 25-26	Penn State National Open	State College, Pa.
Friday	February 1	Millrose Games	New York, N.Y.
Fri-Sat	February 8-9	NY Armory Collegiate Meet	New York, N.Y.
Fri-Sat	February 22-23	Virginia Tech Challenge	Blacksburg, Va.
Fri-Sat	Feb. 28-March 1	ACC Indoor Championships	Chapel Hill, N.C.
Sat-Sun	March 8-9	ECAC / IC4A Championships	Boston, Mass.
Fri-Sat	March 14-15	NCAA Indoor Nationals	Fayetteville, Ark.

OUTDOOR SCHEDULE

Day	Date	Meet	Location
Fri-Sat	March 21-22	Shamrock Invitational	Myrtle Beach, S.C.
Saturday	March 22	Navy Invitational	Annapolis, Md.
Saturday	**March 29**	**MARYLAND INVITATIONAL**	**College Park, Md.**
Fri-Sat	April 4-5	Florida Relays	Gainesville, Fla.
Saturday	April 5	Colonial Relays	Williamsburg, Va.
Fri-Sat	April 11-12	Onesty / Abramson Invitational	Charlottesville, Va.
Thu-Sat	April 17-19	ACC Outdoor Championships	Atlanta, Ga.
Thu-Sat	April 24-26	Penn Relays	Philadelphia, Pa.
Saturday	May 10	George Mason Invitational	Fairfax, Va.
Fri-Sun	May 16-18	ECAC / IC4A Championships	Princeton, N.J.
Fri-Sat	May 30-31	NCAA East Regionals	Tallahassee, Fla.
Wed-Sat	June 11-14	NCAA Outdoor Nationals	Des Moines, Iowa
Fri-Sun	June 27-July 6	U.S. Olympic Trials	Eugene, Ore.

QUICK FACTS

UNIVERSITY INFORMATION

Location:	College Park, Md.
Founded:	1856
Enrollment:	35,392
President:	Dr. C.D. Mote, Jr. (California '59)
Athletics Director:	Deborah A. Yow (Elon '74)
Nickname:	Terrapins, Terps
Colors:	Red, White, Black and Gold
Affiliation:	NCAA Division I
Conference:	Atlantic Coast Conference
Indoor Facility:	Prince George's Sports & Learning Complex (1,000)
Outdoor Facility:	Kehoe Track Facility (1,850)

TRACK & FIELD INFORMATION

Head Coach:	Andrew Valmon (Seton Hall '87)
Valmon at Maryland:	5th Year
Track Office:	301-314-6675
Track Fax:	301-405-0955
Associate	AuDrey Dempsey-Branch
Head Coach:	(Alabama A&M '97)
Assistant Coach/	Terry Weir
Cross Country:	(South Alabama '94)
Assistant Coach/	Roland Desonier
Throws:	(C.W. Post '76)
Assistant Coach/	Frank Costello
Jumps/Hurdles:	(Maryland '68)
Volunteer Assistant:	Adam Bray
Volunteer Assistant:	Bob Calhoun
Intern:	Danielle Siebert
2007 ACC Women's Indoor Finish:	12th
2007 ACC Men's Indoor Finish:	9th
2007 ACC Women's Outdoor Finish:	11th
2007 ACC Men's Outdoor Finish:	8th
2007 ACC Women's Cross Country Finish:	9th
2007 ACC Men's Cross Country Finish:	9th

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The 2008 Maryland track & field media guide was written by Doug Dull, Associate Athletics Director for Media Relations, and Mariel Brady. Editing by Anton Goff, Joey Flyntz and Shawn Nestor. Design and layout by Patrick Fischer, Assistant Director of Media Relations/Publications Coordinator. Cover design by John Schaffhauser. Photography by Tony Quinn, Erica Diestel, Greg Fiume, Rob Frelow, Pouya Dianat and Rafael Suanes. Printing by Multi-Ad.

Additional copies of this media guide can be purchased for $10, plus $3 for shipping and handling, by writing the Athletic Media Relations Office, University of Maryland, College Park, Maryland, 20742, or by calling 301-314-7064.

HEAD COACH ANDREW VALMON

FIFTH YEAR AT MARYLAND • SETON HALL '87
TWO-TIME OLYMPIC GOLD MEDALIST

The incredible commitment and hard work it takes to earn Olympic Gold is something found in precious few people.

But the University of Maryland track and field program is now reaping the benefit of just that commitment and hard work under the leadership of head coach Andrew Valmon.

Now in his fifth season as head coach of the Terrapins, Valmon is committed to the storied past, exciting present and bright future of the Maryland track program. Because of that, his staff and student-athletes are putting in the hard work it takes to bring Maryland track and field back to prominence in the region, the conference and around the nation.

In 2006-07, the Terrapins saw a particularly strong improvement on the men's side, due much to the hard work of Dominic Berger. The junior earned his third All-America certificate with a third-place finish at the indoor nationals. His six points gave the Terrapin men a tie for 32nd in the team standings, their best placing at the NCAA Indoor meet since 1980.

The Terrapins took advantage of the opportunity to host the Atlantic Coast Conference Outdoor Championships in 2007 to post a pair of individual champions. In the first event contested at the meet, Toni Aluko won the women's high jump, while Berger captured his second league title in the 110-meter hurdles and accepted his gold medal from Terrapin alumnus and former world-record holder Renaldo Nehemiah.

The program continued its upward climb under Valmon in the 2005-06 season. Maryland had its best NCAA and Atlantic Coast Conference team finishes in many years when the Terrapins posted All-Americans on both the men's and women's sides. The Terps were 22nd indoors in the women's standings and tied for 30th outdoors on the men's side at the nationals.

Berger placed second outdoors in the 110-meter hurdles to follow his All-America status earned indoors in the 60-meter hurdles. Kierra Foster was also a two-time All-American in 2006, placing among the top eight in the nation in the women's long jump both indoors and outdoors. Lynn Hernandez also earned All-America status in the women's long jump at the NCAA Indoor Championships.

The points earned at the NCAA Outdoor Nationals by the women's team were Maryland's first since 1991. Maryland also had ACC women's champions both indoors and outdoors for the first time since 2000.

The breakthroughs on the men's side were even more impressive, as Maryland scored points at nationals both indoors and outdoors for the first time since 1987. Berger was the Terps' first All-America male student-athlete in the same 19-year period.

The United States 1600-meter relay team of (left to right) Butch Reynolds, Andrew Valmon, Quincy Watts and Michael Johnson celebrate the world record they set at the World Championships at Stuttgart, Germany in 1993.

The 2004-05 season was one of tremendous strides for the Terrapins under Valmon's leadership. Maryland had an All-American indoors when Foster placed in the women's long jump, had a junior national champion when Berger won the 110-meter hurdles at the USATF Junior Nationals and set nine school records indoors and outdoors during the season.

The Terrapins also posted a victory in the men's 4x100 relay at the IC4A Championships, their first title at that meet in nearly 20 years.

Off the track, Valmon has created a culture of excellence for the track and field program that rivals any of the 27 intercollegiate athletics programs at Maryland.

In both 2006 and 2007, Maryland's women's track and field team was among those honored as All-Academic Teams by the USTFCCCA.

At the 2006 President's Cup Brunch, Maryland's men's cross country squad earned the President's Cup Team GPA Award, while the women's cross country team earned the NCAA CHAMPS/Lifeskills Award. Terrapin student-athletes were also honored with three individual awards, including Allison Carney, who received an Atlantic Coast Conference Community Service Award.

Valmon's commitment also reaches to the classroom, where four of the six programs under his direction earned Academic Progress Rates of a perfect 1,000, with the other two reaching outstanding rates of 985.

Valmon's success at Maryland has not gone unnoticed among his peers or the track and field community, as he continues to be a prominent spokesman for issues regarding the sport.

In the summer of 2004, Valmon was selected to a distinguished, NCAA/USOC panel to address Olympic sport concerns. The panel continued to meet throughout 2004 and 2005, on its way to looking for creative ways to increase the visibility of various Olympic sports.

In 2003, Valmon's first season with the Terps, the men's team received the ACC's Sportsmanship Award for its conduct throughout the year, while three Terps received All-ACC selections.

Valmon, who won two Olympic gold medals during his career as an athlete, came to Maryland in 2003 after serving on the track and field staff at Georgetown University since 1995. He had been the head coach of the Hoyas men's team for four seasons.

"This is a great opportunity to grow in a program committed to athletic and academic excellence," said Valmon about his role at Maryland.

He earned gold medals as a member of the United States 4x400 relay teams in the 1988 and 1992 Olympic Games. Valmon earned spots on 13 U.S. National Teams, also earning golds at the 1990 Goodwill Games, the 1993 World Championships and the 1994 Goodwill Games. He owns a personal-best of 44.28 in his specialty, the 400-meter dash, and was ranked as high as fourth in the nation and seventh in the world at various times in his career.

"Andrew brings a unique combination of talent, commitment, teaching and community involvement that will take our track and field program to the next level of excellence," said Maryland Director of Athletics Deborah A. Yow at the time of his hiring. "He has the kind of experience and passion for track that will attract very talented student-athletes to our program. He will develop and inspire them athletically and academically to achieve their best potential."

As a result of the numerous titles, Valmon has been honored by the U.S. Track Coaches Association with regional awards. In 2002, he was awarded the President's Award by USA Track and Field for his contributions to both USATF and to the sport of track and field. He has been a member of USATF's Athletes Advisory Committee.

His stature as an accomplished member of the track and field community was noted by Renaldo Nehemiah, a Maryland alumnus who was a three-time NCAA national champion.

"I think it's a great hire," said Nehemiah. "To have a young, enthusiastic coach there will be very good for the university. He has a lot of respect in the track and field community. He's a hungry, aggressive person who will revitalize a program that has a storied background."

He earned a bachelor's degree in communications in 1987 from Seton Hall University, where he is a member of the Hall of Fame after becoming a three-time All-American. He still holds the Big East Conference Championships record in the 400 and was named the Outstanding Performer of the meet after winning the 400 and participating on two winning relay teams for the Pirates in the 1987 meet.

Valmon is married to Meredith Rainey Valmon, a seven-time U.S. national champion and two-time Olympian in the women's 800. The couple and their children, Travis, Maya and Mallory, reside in Rockville, Md.

"TO HAVE A YOUNG, ENTHUSIASTIC COACH THERE WILL BE VERY GOOD FOR THE UNIVERSITY. HE HAS A LOT OF RESPECT IN THE TRACK AND FIELD COMMUNITY. HE'S A HUNGRY, AGGRESSIVE PERSON WHO WILL REVITALIZE A PROGRAM THAT HAS A STORIED BACKGROUND."

- FORMER TERRAPIN AND WORLD-RECORD HOLDER RENALDO NEHEMIAH

TERPS IN 2006-07

- 1 NCAA Indoor All-American
- 2 ACC Men's Individual Champions
- 1 ACC Women's Individual Champion
- 7 All-ACC Awards
- 10 NCAA Regional Qualifiers
- 3 NCAA National Qualifiers (indoor & outdoor)
- 1 Individual Honorees at President's Cup

- USTFCCCA Women's Track All-Academic Team

COACHING STAFF

AuDREY DEMPSEY-BRANCH

ASSOC. HEAD COACH

1st year at Maryland
Alabama A&M '97

AuDrey Dempsey-Branch joined the University of Maryland track and field coaching staff during the summer of 2007, coming to Maryland from Georgia Tech.

Dempsey-Branch will be a primary contact for the Terrapins' women's program. She will also be involved with supporting events with the men's program and comes to Maryland with particular expertise in sprints, jumps and hurdles.

An accomplished athlete in her own right, Dempsey-Branch was a three-time Atlantic Coast Conference champion in the 100-meter hurdles and the 4x400-meter relay, setting ACC records in both those events in 1992. She participated in the 1992 NCAA indoor and outdoor nationals, as well as the 1992 U.S. Olympic Trials in the 400 hurdles.

As a coach, Dempsey-Branch has coached eight ACC champions, two ACC record-holders and 18 All-Americans. Georgia Tech's Ashlee Kidd was a two-time ACC Indoor MVP, earning three All-America certificates and four ACC titles.

Prior to her time at Georgia Tech, she served as an assistant coach at Clemson from 2001-04. There, she coached four All-Americans, five regional qualifiers, three ACC individual champions and 11 all-conference honorees.

Dempsey-Branch also coached at the University of Kentucky, having coached four of the top five all-time triple jumpers at the school, as well as a number of student-athletes among the Wildcats' top 10 in both the triple jump and the long jump. She also coached at West Virginia University and was head coach at Spellman College in 1997-98.

Dempsey-Branch graduated from Alabama A&M in 1997 with a bachelor's degree in nutrition. She and her husband Terrence Branch have a daughter, Colleen.

TERRY WEIR

DISTANCE

1st year at Maryland
South Alabama '94

Terry Weir joined the University of Maryland staff during the summer of 2007, coming to College Park after five outstanding seasons with the American University track and cross country programs.

He will work with the Terrapins' distance runners both on the track and during cross country season.

Weir boasts an outstanding personal career as an athlete, particularly during his college days at South Alabama. He was the Sun Belt Conference cross country champion in 1993, while his team captured Sun Belt Conference titles in 1991 and 1993. He was a five-time all-conference honoree in track and field. He has personal-bests of 3:46 in the 1,500 meters and 13:51 at 5,000 meters.

Weir has coached at Thomas Jefferson High School, directing 12 Virginia State AAA Champions and the state team champions. He also coached the 1998 Nike Indoor National Champs in the distance medley relay. He moved on to Oakton High School, where he coached 13 individual state champions, two USA Junior All-Americans and an indoor national champion. He also had a two-time state champion in cross country, a two-time state champ in the mile and a junior All-American.

With the help of Weir, the American University men's cross country team earned automatic berths to the NCAA National Cross Country Championships in each of the last three seasons. The Eagles were the Patriot League champs in five straight years on the men's side, and won back-to-back women's team titles in 2002 and 2003.

Individually, Weir has coached seven different athletes to 14 All-America honors in cross country and track.

ROLAND DESONIER

THROWS

19th year at Maryland
C.W. Post '76

Roland Desonier is in his 18th year as an assistant coach at the University of Maryland and his first as a member of the full-time staff. His primary responsibility is assisting with the throwing events.

Desonier graduated from C.W. Post-Long Island University in 1976 with a degree in psychology.

As an athlete, Desonier was a five-time All-American, placing second in the nation in the hammer throw and third in the discus in 1974. In 1988, he was inducted into the C.W. Post Hall of Fame. After 30 years, he still holds all the school records in the discus and the weight throw.

At Maryland, Desonier has coached 25 All-ACC performers in the throwing events, the most recent of whom, Ruth Kura, ranked fourth nationally and 10th in the world. He has coached eight Terps throwers to appearances in NCAA regional meets.

While at Maryland, Desonier has coached nine of the top 10 athletes on Terrapin lists in the shot, discus and javelin, and all 10 on all-time lists in the hammer and weight throw on the women's side. Most recently, Desonier has brought along current Terps such as Zakiya Shivers, Jillian Anwah and Aysha Gregory to strong showings among ACC performers.

He also has coached a Penn Relays discus champ while with the Terps. As a further testament to Desonier, two of his former throwers have gone on to coach NCAA champions in the shot and hammer.

He resides in Gaithersburg with his wife, Sandra, and has a son, Joseph, and granddaughter, Riley.

FRANK COSTELLO

HURDLES/ HIGH JUMP

Fourth year at Maryland
Maryland '68

Frank Costello, a two-time national champion and former NCAA Coach of the Year, returned to his alma mater recently, joining the Terrapin track staff as a volunteer assistant.

One of the most decorated track athletes in Maryland's rich history, Costello coached the Terrapin men from 1975-80 and led them to six consecutive ACC indoor championships, five consecutive ACC outdoor titles and an eighth-place finish at the national championships. In 1975, he was named the NCAA District Coach of the Year and served as the head coach of the United States National Indoor Team.

Costello, who specialized in the high jump as an athlete, is responsible for helping to coach the hurdlers and high jumpers. In his first season back with the program, Costello's student-athletes excelled during recent seasons.

Freshman Dominic Berger earned the championship in the 110-meter hurdles at the USATF Junior Nationals, with Berger earning a spot on the U.S. team for the Pan American Junior Games in Canada. Berger is a three-time All-American in the hurdles. Costello also aided some of the young high jumpers in the program, helping Toni Aluko to one of the top spots on the Terps' all-time list in the women's high jump indoors and outdoors as well as the ACC individual outdoor title in the high jump.

His tutelage with the Terrapins resulted in Berger finishing second in the nation at the NCAA Outdoor Championships in the 110-meter hurdles, as well as Berger winning individual hurdle titles at the ACC Championships both indoors and outdoors in 2007.

Following his time as Maryland's head track and field coach, Costello served as an assistant athletic director and headed the Terrapins' strength and conditioning program. He went on to serve as a strength and conditioning coach for the Washington Capitals and was honored in 1998 as the top ISAA strength and conditioning coach in the country, receiving the prestigious Stan Jones Award.

After achieving All-America honors in the high jump both indoors and outdoors in 1965 and 1966, he suffered a knee injury that threatened to end his career. However, he returned to earn All-America honors again in 1968 at the NCAA Championships.

Costello graduated from Maryland in 1968 with a degree in exercise physiology and earned his master's of sport science from the International Sport Science Association.

ADAM BRAY

VOLUNTEER COACH

First year at Maryland
Akron '05

Adam Bray comes to the University of Maryland track and field teams as a volunteer assistant coach from the University of Akron. His main focus will be with both the men's and women's cross country and middle-distance and distance runners.

Bray was a member of the University of Akron track and field and cross country teams from 2000-2005 where he was a four-year letterwinner and captain.

He spent a year as the graduate assistant for the Zips during the 2005-2006 seasons. During that time, the Zips won the Mid-American Conference cross country, indoor and outdoor track team titles.

Bray graduated from the University of Akron in 2005 with a bachelor's degree in education, and went on to receive his master's degree from Akron in sports science in 2006. Originally from Ohio, he currently resides in Rockville, Md.

SUPPORT STAFF

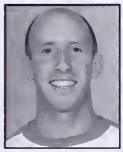
Anton Goff
Associate
Athletics Director

Tim Ahner
Equipment

Laura Christopher
Athletic Trainer

Doug Dull
Assoc. AD
Media Relations

Brady Gowin
Operations & Facilities



Barry Kagan
Strength &
Conditioning

Jessica Myers
Academic Support

WOMEN'S SEASON OUTLOOK

Head coach Andrew Valmon will be seeking to blend together a pair of strong ingredients into what he hopes will be a winning season for the University of Maryland women's track and field team.

Valmon has strength in the field in a veteran senior class that includes reigning ACC outdoor high jump champion Toni Aluko, four-year veteran throwers in Jillian Anwah and Aysha Gregory and combined-event standout Christina Smith.

On the track, the Terrapins' strength could come from a group of newcomers who arrive in College Park this spring with the chance to make a significant impact.

"We're a senior-laden team," Valmon says of his 2008 Terrapins who will be led by eight seniors. "We should be powerful in the field events. I think that's where the strongest component on our team could be.

"On the track, we've got some talented people already here who have shown some improvement. I think we've added an excellent group of newcomers who could make some noise at some point this season."

SPRINTS

Senior Natasha Emmanuel will be the veteran of the sprint crew this season and comes into her final year in College Park already on four top-10 lists at the school. She has posted career-bests of 7.33 indoors at 55 meters, 25.16 indoors at 200 meters and 56.42 outdoors at 400 meters. She and fellow senior Candace Holness will provide veteran leadership to the sprinters this season.

Valmon is hoping for continued improvement from a group of student-athletes who were newcomers a year ago. Tiffani Long, Ashley Carbray, Natalie Goodman, Brittany Lee-Richardson and Tolulope Olugbemi all provided depth for the Terrapins from 60 to 400 meters last season.

A pair of newcomers could provide some spark in these events in 2008. Michelle Fedrick comes to Maryland after transferring from Arkansas-Pine Bluff. She owns a 24.30 mark in the 200 and a 54.18 in the 400 and has the experience of having competed at the NCAA Regionals.

Maryland also hopes to get points from Heidi Paul, who was a New York all-state sprinter at 100 and 200 meters.

Some of Maryland's top times in the sprints have also come from combined-event standout Christina Smith, who posted the Terps' best marks in 2007 at 55 and 60 meters indoors and at 200 meters outdoors.

MIDDLE DISTANCE

The Terrapins have some solid youngsters who showed great promise at the middle distances in 2007.

Junior Libby Babcock had the Terps' best mark at 800 meters outdoors a year ago, while fellow junior Melissa Mark had strong times both indoors and outdoors.

Erin Matyus, Christina Nelson and Lindsay Ritchings finished 2007 atop the outdoor list at 1,500 (each had bests under 4:45) and provide a trio of sophomores who Valmon hopes will carry some momentum from a good cross country season.

Newcomer Bianca Strachan comes to Maryland from Essex County (N.J.) Community College with a career-best around 2:15 in the 800.

DISTANCE

The 2007 season showed a return to form for Meghan Braffet, who is back from injury and poised to have an outstanding senior season. Braffet won the ACC 10,000 meters for the Terps outdoors two seasons ago. A very strong 2007 cross country performance, in which she earned All Mid-Atlantic Region honors, shows that she's recovered from injury troubles that plagued her a year ago.

Braffet appears on no less than seven of Maryland's top-10 lists in distance events both indoors and outdoors from 1,500 meters through 10,000 meters.

Sophomore Kristen Reed had Maryland's best marks in the 3,000 indoors (10:10.73) and the 3,000 steeplechase outdoors (11:24.24) last season. She will join junior Amanda Robotti (10th all-time indoors in the 5,000), junior Kylynn McKinley and sophomore Andrea Rothschild in the distance group this season.

HURDLES

Already strong in the hurdles events with a breakout season from Chanel Williams, Valmon has added a pair of newcomers here who could provide a number of points.

Williams ended her sophomore season second all-time in the 55-meter hurdles, fourth in the 60 hurdles and second on both lists in the outdoor hurdle events. Her 13.78 in the 100-meter hurdles at the ACC Outdoor was a blink off the school record in that event.

Added to the mix this season will be freshmen Crystal Bardge (14.08 in 100 hurdles, 1:01 in 400 hurdles) and Kiani Profit (14.04 and 59.34).

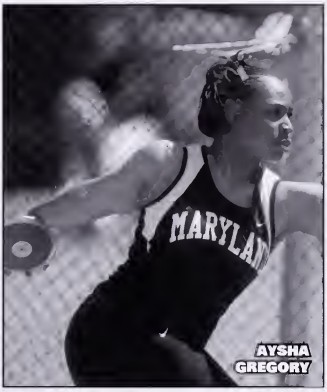
JUMPS

Toni Aluko provided one of the highlights of Maryland's hosting of the 2007 Atlantic Coast Conference Outdoor Championships in the first event contested. She outdueled the competition to score an upset victory in the women's high jump, going 5-10 to win the event and move into fourth on Maryland's all-time list in the event.

TONI ALUKO

MEGHAN BRAFFET

KAITLYN FITZGERALD


AYSHA GREGORY

Aluko, who also earned All-ACC honors indoors with a third-place finish in the high jump, enters her senior season on all-time lists in five events. She became only the third Terrapin woman to clear 40 feet in the triple jump by finishing sixth at 40-11.75 to place sixth at the ACC Outdoor. Aluko went a season-best 19-3.25 to finish fifth in the long jump at the ACC Indoor.

Smith posted a mark of 5-6 in the high jump during her outstanding performance in the ACC Pentathlon a year ago, and could provide points in that event. Junior Katie Rogus, another talented combined-event performer, gives Maryland another 18-foot threat in the long jump.

Long and Carbray also had solid freshman performances in the horizontal jumps last year.

Junior Kaitlyn Fitzgerald surpassed the 12-foot mark indoors in the pole vault last season and still ranks third all-time outdoors for the Terps.

THROWS

Like Aluko, senior Jillian Anwah hopes to take advantage of her previous three collegiate seasons to finish her Terrapin career on a high note.

Indoors, Anwah had Maryland's best marks in both the shot (49-8.50) and the weight throw (59-11.75) to score points at the ACC Championships in both events. Outdoors, Anwah added a fifth-place finish in the discus to her point-scoring efforts for Maryland. The talented senior is second on all-time lists indoors in the shot and weight throw and outdoors in the discus.

Fellow senior Aysha Gregory had a breakout effort last year in the hammer, going 178-6 to finish fourth at the ECAC Championships after finishing seventh at both the ACC Championships and the Penn Relays. Gregory comes into her final season in fourth all-time in the hammer.

Junior Ashley Williams began her participation in 2007 during the outdoor season and made an early impact. Her season-best of 45-3.75 in the shot put placed her sixth on Maryland's all-time list in that event.

Adding to the throws group is freshman Kristen Batts, who is fifth on the New Jersey high school all-time list in the discus.

COMBINED EVENTS

Smith rolled to her career-best in the heptathlon when Maryland hosted the 2007 ACC Outdoor. She scored 3,342 on the opening day en route to a 5,165-point total that placed fifth in the league but appears second on the Terps' all-time list. Her strength in the jumps and running events also make her a constant threat to score in a number of events.

Rogus used the daily competition against Smith to improve her point totals in both the pentathlon indoors and heptathlon outdoors. She placed ninth at the ACC Championships in the heptathlon at 4,228 (7th all-time at Maryland) after hitting the Terps' all-time list with a 3,297 total in the pentathlon.

WOMEN'S ROSTER

Name	Event(s)	Year	Hometown (Previous Schools)
Toni Aluko	Jumps	Sr.	Burtonsville, Md. (Paint Branch HS)
Jillian Anwah	Throws	Sr.	Centreville, Va. (Westfield HS)
Libby Babcock	Middle Dist. / Jumps	Jr.	Clifton Park, N.Y. (Shenendehowa HS)
Crystal Bardge	Hurdles	Fr.	Jacksonville, Fla. (Wolfson HS)
Kristen Batts	Throws	Fr.	Marlboro, N.J. (Marlboro HS)
Meghan Braffet	Distance	Sr.	Normal, Ill. (Normal HS)
Kailyn Cage	Middle Distance	So.	Mitchellville, Md. (Largo HS)
Ashley Campbell	Distance	So.	Saratoga Springs, N.Y. (Saratoga Springs HS)
Ashley Carbray	Jumps / Sprints	So.	Bloomfield, Conn. (Bloomfield HS)
Mayana Carter	Hurdles	So.	Ardmore, Pa. (Lower Merion HS)
Sarah Dawes	Middle Distance	Fr.	Huntingtown, Md. (Huntingtown HS)
Natasha Emmanuel	Sprints	Sr.	New York, N.Y. (A.P. Randolph HS)
Michelle Fedrick	Sprints	Jr.	Tampa, Fla. (Ark.-Pine Bluff / Middleton HS)
Kaitlyn Fitzgerald	Pole Vault	Jr.	Mount Sinai, N.Y. (Mount Sinai HS)
Natalie Goodman	Jumps / Sprints	So.	Frederick, Md. (Linganore HS)
Aysha Gregory	Throws	Sr.	Wilmington, Del. (Brandywine HS)
Katie Hannum	Middle Distance	Sr.	Severna Park, Md. (Severna Park HS)
Candace Holness	Sprints	Sr.	Queens, N.Y. (Cardoza HS)
Danielle Karagannis	Distance	So.	Northport, N.Y. (Northport HS)
Brittany Lee-Richardson	Sprints	Jr.	Lake Ridge, Va. (Woodbridge HS)
Tiffani Long	Jumps / Sprints	So.	Columbia, Md. (Long Reach HS)
Melissa Mark	Middle Distance	Jr.	Sugarloaf, N.Y. (Warwick Valley HS)
Erin Matyus	Distance	So.	Bethlehem, Pa. (Liberty HS / Colorado State)
Kylynn McKinley	Distance	Jr.	Marblehead, Mass. (Marblehead HS)
Christina Nelson	Middle Distance	So.	Little Silver, N.J. (Red Bank Regional HS)
Tolulope Olugbemi	Sprints	So.	Baltimore, Md. (Chesapeake HS)
Heidi Paul	Sprints	Fr.	Uniondale, N.Y. (Uniondale HS)
Katelyn Poss	Throws	So.	Poolesville, Md. (Poolesville HS)
Kiani Profit	Hurdles	Fr.	Pasadena, Calif. (Muir HS)
Kelley Pry	400 / 800	So.	Flower Mound, Texas (Flower Mound HS)
Kristin Reed	Distance	So.	Pennsburg, Pa. (Upper Perkiomen HS)
Lindsay Ritchings	Middle Distance	So.	Point Pleasant Beach, N.J. (Point Pleasant Beach HS)
Amanda Robotti	Distance	Jr.	Warwick, N.Y. (Warwick Valley HS)
Katie Rogus	Jumps / Hurdles	Jr.	Brookeville, Md. (Good Counsel HS)
Andrea Rothschild	Distance	So.	Demarest, N.J. (Northern Valley Reg. HS-Demarest)
Angeli Sivaraman	Distance	Fr.	Ellicott City, Md. (Centennial HS)
Christina Smith	Hurdles / Sprints	Sr.	Sicklerville, N.J. (Winslow Township HS)
Bianca Strachan	Middle Distance	Jr.	Freeport, Bahamas (Essex County CC / Grand Bahama Catholic HS)
Ashley Williams	Throws	Jr.	Port St. Lucie, Fla. (St. Lucie West Centennial HS)
Chanel Williams	Hurdles	Jr.	Plymouth Meeting, Pa. (Plymouth Whitemarsh HS)

COACHING STAFF

Andrew Valmon - Head Coach (5th Year)
AuDrey Dempsey-Branch - Associate Head Coach
Terry Weir - Assistant Coach / Distance
Roland Desonier - Assistant Coach / Throws
Frank Costello - Assistant Coach / Jumps, Hurdles
Adam Bray - Volunteer Assistant
Bob Calhoun - Volunteer Assistant
Danielle Siebert - Intern

TERPS BY EVENT

Sprints (10): Ashley Carbray, Natasha Emmanuel, Michelle Fedrick, Natalie Goodman, Candace Holness, Brittany Lee-Richardson, Tiffani Long, Tolulope Olugbemi, Heidi Paul, Christina Smith.

Hurdles (6): Crystal Bardge, Mayana Carter, Kiani Profit, Katie Rogus, Christina Smith, Chanel Williams.

Middle Distance (9): Libby Babcock, Kailyn Cage, Sarah Dawes, Katie Hannum, Melissa Mark, Christina Nelson, Kelley Pry, Lindsay Ritchings, Bianca Strachan.

Distance (9): Meghan Braffet, Ashley Campbell, Danielle Karagannis, Erin Matyus, Kylynn McKinley, Kristin Reed, Amanda Robotti, Andrea Rothschild, Angeli Sivaraman.

Jumps (8): Toni Aluko, Libby Babcock, Ashley Carbray, Kaitlyn Fitzgerald, Natalie Goodman, Tiffani Long, Katie Rogus, Tinsley Stokes.

Throws (5): Jillian Anwah, Kristen Batts, Aysha Gregory, Katelyn Poss, Ashley Williams.

Combined Events (3): Toni Aluko, Katie Rogus, Christina Smith.

TERPS BY CLASS

Freshmen (6): Crystal Bardge, Kristen Batts, Sarah Dawes, Heidi Paul, Kiani Profit, Angeli Sivaraman.

Sophomores (15): Kailyn Cage, Ashley Campbell, Ashley Carbray, Mayana Carter, Natalie Goodman, Danielle Karagannis, Tiffani Long, Erin Matyus, Christina Nelson, Tolulope Olugbemi, Katelyn Poss, Kelley Pry, Kristin Reed, Lindsay Ritchings, Andrea Rothschild.

Juniors (11): Libby Babcock, Michelle Fedrick, Kaitlyn Fitzgerald, Brittany Lee-Richardson, Melissa Mark, Kylynn McKinley, Amanda Robotti, Katie Rogus, Bianca Strachan, Ashley Williams, Chanel Williams.

Seniors (8): Toni Aluko, Jillian Anwah, Meghan Braffet, Natasha Emmanuel, Aysha Gregory, Katie Hannum, Candace Holness, Christina Smith.

PRONUNCIATION

Aluko -- ah-LUKE-oh
Anwah -- ANN-wa
Mayana Carter -- MY-ahn-ah
Aysha Gregory -- aye-EE-sha
Karagannis -- care-ah-GAH-nis
Matyus -- MAT-ee-us
Tolulope Olugbemi -- toll-oo-LOPE-ay oh-lug-BEMM-ee
Rogus -- ROE-gus

WOMEN'S PROFILES

TONI ALUKO JUMPS

Senior
Burtonsville, Md.
Paint Branch HS

2007 OUTDOOR TRACK – ACC champion in the high jump with an ECAC and NCAA Regional qualifying mark of 5-10… placed first in the high jump at the Georgia Tech and Maryland Invitationals, posting marks of 5-8.75 and 5-7.25 respectively… finished second at the Penn Relays with a jump of 5-7.75… also hit the ECAC and NCAA Regional qualifying marks in the triple jump when she posted a mark of 40-11.75 and placed sixth at the ACC Championships… had a jump of 38-6.75 to place sixth at the Disney World Invitational… posted a long jump of 17-6.75 at the Duke Asics Invitational, where she finished 12th… placed 11th at the Disney World Invitational in the long jump with a mark of 16-10.75.

2007 INDOOR TRACK – Finished fifth in the long jump at the ACC Championships with a mark of 19-3.25… placed 12th at the Virginia Tech Invitational with a jump of 18-4.50… posted an ECAC qualifying triple jump of 39-11.50 at the Virginia Tech Challenge to place fifth… had a triple jump of 38-7.75 at the ECAC Championships, where she placed 11th… placed second at the Terrapin Invitational with a mark of 38-4.25… had an 11th-place finish at the ACC Championships, jumping 38-0… also had an ECAC-qualifying high jump of 5-8.75 at the Virginia Tech Invitational, where she placed second… finished third at the ACC Championships with a high jump of 5-8… posted a mark of 5-7 at the Terrapin Invitational to finish second… finished 10th in the championship division at the New Balance Collegiate with a high jump of 5-6.

2006 OUTDOOR TRACK – Competed in the high jump, triple jump, long jump and 200 meters… had the Terps' top seven marks in the high jump… her season best jump of 5-08.75 placed her second at the Disney World Invitational and was an NCAA Regional and ECAC Championships qualifying mark… placed first in the high jump at the Aggie Team Challenge with a mark of 5-7.75… had a jump of 5-7.00 at both the ACC and ECAC Championships, where she placed fifth and sixth, respectively... she also had an ECAC qualifying mark of 39-2.50 in the triple jump at the Patriot Open, where she placed third… had a jump of 38-10.50 at the ACC Championships, which was good for an 11th place finish… placed first at the Aggie Team Challenge with a triple jump of 37-11.25… her best long jump of the season was 17-4.25, which placed her 24th at the Duke Invitational… also ran a 26.92 in the 200 meters.

2006 INDOOR TRACK – Had the Terps' top six high jumps of the season… her season-best jump of 5-8 qualified her for the ECAC Championships and placed her first at the UMES Lid Lifter… placed seventh at the ECAC Championships with a jump of 5-7… also placed seventh at the ACC Championships with a mark of 5-6… her best long jump of the season, 17-10.75, came at the New Balance Collegiate, where she placed 19th… in the triple jump, she placed fifth at the Maryland Invitational with a mark of 36-9.75.

2005 OUTDOOR TRACK - Competed in the high jump, triple jump and 400-meter hurdles… posted the team's top six high jumps… season-best jump of 5-7.25 was an ECAC qualifying mark and placed her fourth at the ACC Championships… mark of 5-7 three times: at the USA Junior Nationals, the ECAC Championships and the Patriot Open… finished fifth at the USA Junior Nationals and ECAC Championships and second at the Patriot Open.

2005 INDOOR TRACK - Competed in the high jump, long jump and triple jump, compiling the team's top four high jumps and top 3 triple jumps… posted season-best high jump of 5-10.5 at the ECAC Championships and finished second… placed fourth at the ACC Championships with a high jump of 5-7… her second-best mark of the season, 5-10, made her the top finisher at the New Balance Collegiate Meet… had a first-place finish at the Delaware Invitational with a high jump of 5-5… best triple jump of the season came at the Virginia Tech Invitational, where she finished eighth and qualified for the ECAC Championships with a mark of 38-6.25… placed 14th in the triple jump at the ACC Championships… season-high mark of 18-1.75 in the long jump.

BEFORE MARYLAND - Letterwinner in indoor and outdoor track at Paint Branch High School... an All-America high jumper... a first team All-Met selection from 2002-2004 in both indoor and outdoor track... first team *All-Gazette* and *All-Journal* selection... *All-Gazette, All-Journal* Performer of the Year in 2003 and 2004... owns the 3A Maryland state high jump record (5-8.25) and Montgomery County records in the high jump (5-9) and triple jump (37-10.25)... a member of the USA World Youth Team in 2003 and a gold medalist in the Junior Olympics the same year.

PERSONAL - Daughter of Remi and Bolaji Aluko ... has two brothers, Seye and Moyo, and two sisters, Jumi and Sope... hobbies include singing and listening to music... was class president at Paint Branch HS from 2000-03 and was SGA President in 2004.

JILLIAN ANWAH THROWS

Senior
Centreville, Va.
Westfield HS

2007 OUTDOOR TRACK – Placed fourth in the discus at the Duke Asics Invitational with an ECAC and NCAA regional qualifying mark of 157-8… finished fifth at the ACC Championships with a throw of 156-0… had a fourth-place finish at the Maryland Invitational with a mark of 145-8… placed 13th in the hammer at the Duke Asics Invitational with a season-best mark of 154-11… finished 12th at the ACC Championships in the event with a throw of 153-9.

2007 INDOOR TRACK – Had the Terps' top seven marks in the shot put, including an ECAC qualifying mark of 49-8.50 at the Virginia Tech Invitational, where she placed fifth… finished sixth in the event at the ACC Championships, posting a mark of 47-9.25… had a mark of 47-8.50 at the New Balance Collegiate to place ninth… posted an ECAC qualifying mark of 59-11.75 in the 20-pound weight throw at the Thomson Invitational, where she placed first… finished fourth at the Virginia Tech Invitational in the weight throw, posting a mark of 59-9… had a sixth-place finish at the ACC Championships in the weight throw with a mark of 58-4.75.

2006 OUTDOOR TRACK – Had the Terps' top marks in the discus and hammer… qualified for the ECAC Championships in the discus, hammer and shot put… placed first in the discus at the Patriot Open with her season-best mark of 150-7… placed 14th at the ECAC Championships with a throw of 136-1… in the hammer, her season-best throw of 163-3 placed her fifth at the Duke Invitational… also placed seventh at the Onesty/Abramson Invitational with a mark of 153-4… placed ninth in the shot put at the ECAC Championships with a mark of 46-6… posted a mark of 45-11.25 at the Patriot Open, which placed her second.

2006 INDOOR TRACK – Had the team's top times in the shot put and the 20-pound weight throw… season-best mark of 47-11.25 in the shot put came at the ECAC Championships where she placed fifth… placed eighth at the ACC Championships with a mark of 46-8.25… posted a mark of 59-6.25 in the 20-pounds weight throw, which was good for a fourth-place finish at the ACC Championships… placed first at the Maryland Invitational and the Liberty Invitational with a marks of 58-5.75 and 57-11.25, respectively.

2005 OUTDOOR TRACK - Competed in the shot put, discus and hammer… season-best finish in the shot put of 46-2 made her the top finisher at the Patriot Open and qualified her for the ECAC Championships… had a 43-4.50 shot put at the ECAC Championships, placing 13th… finished 19th at the ACC Championships in the shot put with a throw of 41-2.5… season-best discus throw of 117-02 at the Navy Invitational where she finished fifth… placed 22nd at the ACC Championships with a throw of 111-9… finished first in the hammer at the Navy Invitational at 151-0… hammer mark of 139-6 at the ACC Championships and finished 17th.

2005 INDOOR TRACK - Posted a season-high in the shot put at the Penn State National Open with 41-1.75, placing 15th… top shot put finish of the season at the Delaware Invitational where she was third at 39-7.75… took 18th place at the ACC Championships with a shot put of 37-02.25… also competed in the 20-pound weight throw… set a season high 51-11.75 at the ACC Championships and finished 13th.

BEFORE MARYLAND - District champion (indoor and outdoor) and all-region choice in the shot put and discus in 2003 and 2004… All-State in the shot put… National qualifier and team captain in 2003… won the coaches' Bulldog Award in 2002, 2003 and 2004… Best of the Best weightlifting award winner in 2002.

PERSONAL - Daughter of Christopher and Sabrina Anwah… has three sisters: Racquel, Marlys and Ophelia… uncle, Joseph Anwah, was a four-year letterwinner in track at VMI… a Cum Laude graduate and member of Business Honor Society and Architecture and Engineering Club.

LIBBY BABCOCK

JUMPS MID. DIST.

Junior
Clifton Park, N.Y.
Shenendehowa HS

2007 CROSS COUNTRY – Participated in two events for the Terrapins, highlighted by 67th-place finish at the ACC Championships at Virginia... ran 23:47.2 to finish sixth on the team, as Maryland finished ninth... also finished 16th individually at the George Mason Invitational, crossing as the third Maryland runner in 22:08.6 over 6K.

2007 OUTDOOR TRACK – Had the team's top time in the 800 meters when she ran a 2:15.19 at the ACC Championships and placed 17th… ran a 2:16.34 in the event at the Maryland Invitational and placed third… finished 10th at the Disney World Invitational with a time of 2:17.06.

2007 INDOOR TRACK – Did not compete.

2006 OUTDOOR TRACK – Competed in the 800 meters at the ACC Championships, where she had a time of 2:23.52 and placed 28th… also competed in the Patriot Open, where she placed eighth with a time of 2:24.45.

2006 INDOOR TRACK – Had the Terps' fourth-best time of the season in the 800 meters… placed 18th at the New Balance Collegiate with a time of 2:18.30… had a time of 2:20.14 at the Penn State National Open, where she placed 27th… top finish of the season came at the Virginia Tech Invitational, where she placed 13th, running a 2:24.19... was a member of the Terps' distance medley relay team, which placed first at the Virginia Tech Invitational and seventh at the ACC Championships.

2005 CROSS COUNTRY - Ran in two meets … placed 28th overall at the Great Meadows Invitational … finished 83rd overall in 19:42.40 at the Great American Cross Country Festival.

BEFORE MARYLAND – Lettered in cross country, indoor track and outdoor track at Shenendehowa HS… earned numerous honors in high school, including Coaches Award, Anna Parker Award and Shen Trophy… honored as MVP of distance and middle-distance groups… high-school bests: 800 (2:15, school record), HJ (5-7, school record), 1,500 (4:43), mile (5:09)… member of high honor roll and honored by *Times-Union* newspaper as a scholar-athlete.

PERSONAL – Born August 24, 1987 in Schnectady, N.Y… majoring in architecture… parents are Missy & Tom Babcock… has two younger sisters… also recruited by Syracuse, Virginia, Penn and Cornell.

CRYSTAL BARDGE

HURDLES

Freshman
Jacksonville, Fla.
Wolfson HS

BEFORE MARYLAND - Competed at Nike Outdoor Championships, AAU Junior Olympics and USATF Junior Olympics… Has pre-collegiate bests of 14.08 in 100-meter hurdles and 1:01 in 400 hurdles… Also has posted a 12.24 open 100 meters…. Captain of track and field team at Wolfson HS in Jacksonville… Northeast Florida all-conference first-team honoree… Florida state high school Class 3A runner-up in 100 hurdles.

PERSONAL - Born Sept. 25, 1988... Mother is Annette Bardge… Has an older brother, Kevin… Hopes one day to be an anchor on ESPN… Favorite movie is "Dreamgirls"… Also enjoys soccer, volleyball and softball… Hopes to major in communications… Favorite athlete is Jeremy Wariner.

KRISTEN BATTS

THROWS

Freshman
Marlboro, N.J.
Marlboro HS

BEFORE MARYLAND - Ranks fifth all-time in the state of New Jersey in the high school discus (152-4)... Placed sixth in the N.J. Meet of Champions... Also comes to Maryland with a pre-collegiate mark of 42-4 in the shot put.

MEGHAN BRAFFET

DISTANCE

Senior
Normal, Ill.
Normal HS

2007 CROSS COUNTRY – All Mid-Atlantic Region runner by virtue of her 17th-place individual finish at the NCAA Regional at Lehigh... Maryland's top runner in that event with a time of 20:47 over 6K... had Maryland's lone individual victory of the season, placing first at the Leopard Invitational at Lafayette, going 20:39.0 over 6K to help Terrapins win the team title... time was Maryland's best 6-kilometer mark of the season... also posted Maryland's top finish at the Navy Invitational (third overall in 22:05) and the ACC Championship (18th overall at 21:51.5).

2007 OUTDOOR TRACK – Placed 12th at the ACC Championships in the 10,000 meters with an ECAC-qualifying time of 36:23.83… competed in the 1,500 meters at the Navy Invitational where she placed seventh with a time of 4:50.15… finished 13th at the Maryland Invitational, finishing in 4:51.34.

2007 INDOOR TRACK – Did not compete.

2006 CROSS COUNTRY – Turned in a dominating season, placing first on the team in the Terps' first six races of the year before sitting out the season finale due to injury… opened the season with a second-place overall finish at the 5k Great Meadows Invitational and a time of 18:27.5… placed third overall out of 316 runners with a time of 21:17.1 at the Spiked Shoe Invitational… finished fifth overall at the Tribe Invitational with a time of 22:05.2… earned a 15th overall finish out of 349 runners at the Chile Pepper Invitational, which featured tough competition from around the country… placed 18th overall at the ACC Championships with a time of 22:01.8 and 23rd overall at the NCAA Regional (21:21.0).

2006 OUTDOOR TRACK – Was the ACC Champion in the 10,000 meters, after she ran an ECAC-qualifying time of 35:39.38 in the event… also placed fifth at the ACC Championships in the 5,000 meters with an ECAC and NCAA Regional qualifying time of 16:35.72… ran a 16:51.55 at the ECAC Championships, which was good for a fourth-place finish… placed second at the Duke Invitational with a time of 16:44.75… also placed third in the 1,500 meters at the Maryland Invitational with a time of 4:35.57.

2006 INDOOR TRACK – Had the Terps' top times in the 3,000 and 5,000 meters… her time of 9:41.83 placed her 11th at the ECAC Championships in the 3,000 meters… placed ninth at the ACC Championships with a time of 9:46.93… had a time of 16:32.95 in the 5,000 meters at the New Balance Collegiate, which met the NCAA provisional and ECAC qualifying marks… placed second at the ACC Championships with a time of 16:36.59… also qualified for the ECAC Championships in the mile, when she ran a 4:57.27 at the Liberty Invitational and placed third.

2005 CROSS COUNTRY - Missed the team's first four competitions due to injury… made season debut at the ACC Championships, where she placed 55th overall in 21:11.20… finished second on the team (29th overall) at NCAA Regionals with a time of 21:35.30… came in 30th overall at ECAC meet, helping the Terps to a second-place finish.

2005 OUTDOOR TRACK - Had Maryland's top mark in the 5,000 meters with 16:50.41 to finish eighth at ACC Championships… mark qualified her for ECAC Outdoor, where she was 21st… won the Navy Invitational 5K and was 16th in the championship bracket at the Penn Relays... also had season-bests of 4:46.52 (1,500) and 10:29.34 (3,000).

2005 INDOOR TRACK - Set school records at 3,000 (9:40.86 to place 8th at ECAC Indoor) and 5,000 (16:49.33 to place 5th at ACC Indoor)... finished 11th at ACCs at 3K with 9:54.25 mark... finished 9th at ECAC Indoor 5,000 at 16:52.95.

KAILYN CAGE
MIDDLE DISTANCE

Sophomore
Mitchellville, Md.
Largo HS

2004 CROSS COUNTRY - Was the team's top finisher in her first five races of 2004... had three consecutive second-place finishes to start the season, posting her best 5k time (18:19.03) at the Mount St. Mary's Duals... finished 27th overall at the Penn State Invitational and 28th at the ACC Championships.

2004 OUTDOOR TRACK - Did not compete for the Terps.

2004 INDOOR TRACK - Posted the team's best time in the 5,000 meters, running 17:19.03 to win the Penn State Invitational... had the team's sixth-best time in the 3,000 meters, running a 10:13.59 to win the Delaware Invitational... ran the first leg of the distance medley when it posted season-best 11:56.68 to take second at the Patriot Games.

BEFORE MARYLAND - Won varsity letters in cross country and track at Normal Community West HS in Normal, Ill. ... placed in the top 30 in state cross country competition all four years ... holds Illinois record for the 3-mile (16:53) ... four-time Intercity winner in track and cross country and three-time conference winner in cross country ... named Nike Athlete of the Week in 2003 ... member of the student council.

PERSONAL - Born July 14, 1985... daughter of Peggy and Curt Braffet ... has two sisters, Kristen and Kayla ... chose to attend Maryland because of the campus, academics, coach, team members, facilities and enormous potential.

2007 OUTDOOR TRACK – Posted a time of 2:24.09 in the 800 meters and placed 23rd at the Maryland Invitational... finished 14th at the Navy Invitational with a time of 2:26.80... ran a 2:34.70 in the 800 at the Onesty/Abramson Invitational and placed 38th.

2007 INDOOR TRACK – Had a 16th-place finish in the 800 meters at the Patriot Games with a time of 2:27.87... finished 1:22.48 on the bank in the 500 meters at the Virginia Tech Invitational and placed 31st... ran a 1:03.92 in the 400 meters at the Terrapin Invitational to place 36th.

BEFORE MARYLAND – Participated in varsity track and cross country for three years in high school... was the top 15 in Prince Georges County for cross country... team was 2004 and 2006 Maryland State Champions... named second team All-Gazette... came to Maryland with best marks of 58.0 in the 400 and 2:19 in the 800.

PERSONAL - Daughter of Donna and Calvin Cage... has four sisters, Chyne, Calayana, Kasi and Kehli... has two brothers Caleb and Calvin... brother, Calvin, played basketball for four years at University at Buffalo... hobbies include boxing, football and kickball... lists chicken as her favorite food and "Martin" as her favorite TV show ... planning to major in business with a minor in engineering on her way to being an inventor... Chose Maryland over LaSalle, St. John's and George Washington.

ASHLEY CAMPBELL
DISTANCE

Sophomore
Saratoga Springs, N.Y.
Saratoga Springs HS

2007 INDOOR/OUTDOOR - Did not compete either indoors or outdoors.

2006 CROSS COUNTRY - Finished third on the team in five of the season's seven events... ran the 5k at the Spiked Shoe Invitational in 22.25.1, good for 17th overall out of 316 runners... placed 18th overall at the Tribe Invitational with a time of 23:01.0... finished 48th overall at the NCAA Regional with a time of 21:58.3... ended the year with a 33rd-place finish at the ECAC Championships and a time of 18:50.2.

BEFORE MARYLAND - Was No. 1 in nation for cross country in 2004 and won the Nike Team Nationals... was No. 2 in nation for cross country in 2005 and placed second in Nike Team National... named state champion for cross country in 2005 ... helped win 4 x 1 mile at Indoor Nationals in 2006... member of first-place and record-setting team in the 4 x 1 mile Arcadia Invitational in 2006... high school coaches were Art and Linda Kranick... best pre-collegiate marks included 4:40 in the 1,500 and a 3,000 mark of 10:10.

PERSONAL - Born July 14, 1988 in Saratoga Springs, N.Y... daughter of Steve and April Campbell ... has two sisters, Sarah and Danielle... enjoys running and playing piano.

ASHLEY CARBRAY
JUMPS/ SPRINTS

Sophomore
Bloomfield, Conn.
Bloomfield HS

2007 OUTDOOR TRACK – Posted a season-best long jump of 17-9 at the Onesty/Abramson Invitational, where she placed sixth... finished seventh at the Navy Invitational with a jump of 16-7... placed 14th in the triple jump at the ACC Championships with a mark of 36-10.25... had a jump of 35-9.50 at the Onesty/Abramson Invitational and placed fifth... ran a 12.96 in the 100 meters at the Duke Asics Invitational and placed 36th... was a member of the Terrapins' ECAC-qualifying 4x100 relay team, which placed ninth at the ACC Championships with a time of 47.41.

2007 INDOOR TRACK – Ran an 8.16 in the 60 meters at the Terrapin Invitational to place 27th... posted a long jump of 18-1 at the Virginia Tech Invitational and finished 18th... placed fifth in the long jump at the Terrapin Invitational with a jump of 17-11... posted a mark of 17-1.25 at the Virginia Tech Challenge to place 20th... finished 19th in the event at the ACC Championships with a mark of 16-7... tied for 17th in the triple jump at the Virginia Tech Invitational with a mark of 37-7.25... placed 18th in the event at the Virginia Tech Challenge with a jump of 35-4

BEFORE MARYLAND - Comes to Maryland after outstanding career at Bloomfield HS... has pre-college marks of 19-4 in the long jump and a triple jump of more than 37 feet... part of a Bloomfield foursome that ran 48.05 in the 4x100 relay at the Nike Outdoor Nationals in June 2006... All-State selection by Connecticut High School Coaches Association in track & field as a senior.

MAYANA CARTER
HURDLES

Sophomore
Ardmore, Pa.
Lower Merion HS

2007 OUTDOOR TRACK – Posted a time of 16.37 in the 100-meter hurdles at the Maryland Invitational and placed 23rd... was a member of the Terps' 4x100 relay team that placed second at the Maryland Invitational with a time of 47.76.

2007 INDOOR TRACK – Had a time of 9.62 in the 60-meter hurdles at the Patriot games, where she placed 15th... posted a time of 9.86 in the event at the Terrapin Invitational and placed 34th.

BEFORE MARYLAND - Holds Lower Merion HS records for 100m and 300m hurdles and also 4 x 400 relay... was named All-Main Line in 2005 and made All-Central League in 100m hurdles... team captain as a senior ... also played basketball.

PERSONAL - Born December 21, 1987... daughter of Safiya and Eric Carter... has three older brothers and three sisters... plans to major in elementary education.

SARAH DAWES
MIDDLE DISTANCE

Freshman
Huntingtown, Md.
Huntingtown HS

2007 CROSS COUNTRY – Competed in two meets for Maryland as a true freshman... placed 66th overall and sixth on the team at the Navy Invitational, covering 6K course in 25:53... also posted a 38th-place finish at the George Mason Invitational, going 24:45.6 to finish as seventh Terrapin across the line.

BEFORE MARYLAND - First team all-conference at Huntingtown HS... earned all-county honors in cross country, indoor track and outdoor track... Comes to Maryland with pre-collegiate bests of 59.7 in the 400 meters, 2:22 at 800 and 5:28 in the 1,600.

NATASHA EMMANUEL
SPRINTS

Senior
New York, N.Y.
A.P. Randolph HS

2007 OUTDOOR TRACK – Had an ECAC-qualifying time of 56.42 in the 400 meters at the Georgia Tech Invitational and placed 25th... finished fifth at the Patriot Open with a time of 56.58... had a time of 57.13 at the Maryland Invitational to finish fourth... ran a 12.44 in the 100 meters at the Navy Invitational to place fifth... had a time of 25.38 in the 200 meters at the Navy Invitational.

2007 INDOOR TRACK – Posted the Terps' top time of the season in the 200 meters at the New Balance Collegiate, where she placed 38th with a time of 25.38... placed 17th in the event at the Virginia Tech Challenge, running a 25.55... had a time of 7.33 in the 55 meters at the Virginia Tech Challenge and placed 22nd... ran a 57.81 in the 400 meters at the New Balance Collegiate... placed 15th in the event at the Penn State National Invitational with a time of 57.88... had a sixth-place finish at the Terrapin Invitational, posting a time of 58.85... also placed 24th in the 400 meters at the ACC Championships with a time of 59.61.... was a member of the Terps' ECAC-qualifying 4x400 relay team that placed fifth at the Virginia Tech Challenge with a time of 3:51.24.

2006 OUTDOOR TRACK – Posted a time of 12.27 in the 100 meters to place fifth at the Aggie Team Challenge... placed second in the 400 meters at the Navy Invitational with a time of 57.84... competed in the 200 meters at the Terrapin Invitational and placed 27th with a time of 25.65... placed 18th in the 400-meter hurdles preliminaries at the ACC Championships... was also a member of the Terps' fourth-place, ECAC-qualifying 4x400 relay team at the ACC Championships.

2006 INDOOR TRACK – Had a time of 25.65 in the 200 meters at the Virginia Tech Invitational and placed 27th... placed 28th in the event at the ACC Championships with a time of 25.71... her 4x400 relay team placed first at the Liberty Invitational with an ECAC-qualifying time of 3:52.06.

2005 OUTDOOR TRACK - Had Maryland's best mark of the season at 200 meters, running 24.82 at the Duke Invitational... qualified for ECAC Outdoor, where she was 21st at 25.11... finished 20th in the 200 at ACC Outdoor... member of all three relay teams, including 4x100 group that finished fourth at ECACs.

2005 INDOOR TRACK - Season-best 25.16 at 200 meters came on the bank at the New Balance Collegiate meet... season-best 57.22 in the 400 was good for a 10th-place finish at the Penn State National Open... placed 20th at the ACC Indoor... ran 4x400 and distance medley relays for Terps.

BEFORE MARYLAND - Member of National Scholastic High School Championship 4x400 and sprint medley relay squads at A.P. Randolph HS in New York... 4x200 relay team set a national record... participated in Penn Relays 4x400 and earned #1 ranking in the nation... pre-collegiate marks include a 24.7 200m and a 55.9 in the 400m.

MICHELLE FEDRICK
SPRINTS

Junior
Tampa, Fla.
Ark.-Pine Bluff / Middleton HS

BEFORE MARYLAND - Qualified for NCAA Regional while competing at Arkansas-Pine Bluff... Finished 21st in the 2007 NCAA Mideast Regional in the 400 at 56.56... Earned top freshman honors there... Has pre-Maryland marks of 24.30 at 200 meters and 54.18 at 400 meters.

PERSONAL - Born Jan. 13, 1987... parents are Gail Cobb and Michael Fedrick... lists favorite athlete as track star Sanya Richards... enjoys track, modeling, dancing and shopping... lists her work ethic as her best trait as an athlete.

KAITLYN FITZGERALD
POLE VAULT

Junior
Mount Sinai, N.Y.
Mount Sinai HS

2007 OUTDOOR TRACK –Third at the Navy Invitational with a season best pole vault of 11-5.75... posted vaults of 10-11.75 at both the Patriot Open and Duke Asics Invitational, where she placed second and 16th respectively.

2007 INDOOR TRACK – Had her best pole vault of the season at the Virginia Tech Challenge, where she placed eighth with a mark of 12-0.50... tied for 10th place in the event at the ACC Championships with a mark of 11-9.75... had a mark of 11-6.25 at the Penn State National Invitational and placed 11th.

2006 OUTDOOR TRACK - Had the Terps' top four pole vaults of the season... placed eighth at the ACC Championships with a mark of 11-9.75... posted vaults of 11-5.75 at the Navy, Onesty/Abramson and Duke Invitationals, where she placed third, fourth and seventh.

2006 INDOOR TRACK – Tied for 13th at the ACC Championships with a season-best vault of 11-4.25... had a vault of 11-3.75 at the Penn State National Open, the New Balance Collegiate meet and the Maryland Invitational, where she placed 10th, fourth and second, respectively.

BEFORE MARYLAND – Two-time high school All-American at Mount Sinai HS... N.Y. State pole vault champ and won county title six times... lettered seven times in track and field and once in gymnastics... owns a high-school best of 12-0 in the pole vault... also earned All-America status as prep in gymnastics.

PERSONAL – Born March 24, 1987 in Stony Brook, N.Y... majoring in hearing and speech... parents are Marianne and David Fitzgerald. has younger brother and two younger sisters... also recruited by Virginia, Penn State, NC State, Wisconsin and Manhattan.

NATALIE GOODMAN
JUMPS/ SPRINTS

Sophomore
Frederick, Md.
Linganore HS

2007 OUTDOOR TRACK – Finished 21st at the ACC Championships in the 400 meters with a time of 59.47... ran a 59.21 in the event at the Navy Invitational to finish second... 34th in the 200 meters at the Duke Asics Invitational with a time of 26.81... was a member of ECAC-qualifying 4x400 relay team that finished ninth at the ACC Championships.

2007 INDOOR TRACK – Placed 10th in the triple jump at the Terrapin Invitational with a mark of 34-4... had a time of 1:00.13 in the 400 meters at the Virginia Tech Challenge, where she placed 20th... had a 19th-place finish in the event at the Terrapin Invitational with a time of 1:01.46.

BEFORE MARYLAND - Holds Linganore HS school record for triple jump and 300m dash... a member of the National Honor Society... top pre-collegiate marks include a 25.79 in the 200, a 40.91 in the 300 and a 37-1 mark in the triple jump.

PERSONAL - Born Sept. 3, 1988 in Silver Spring, Md... daughter of Helen and Bill Goodman, who are both teachers... has one sister, Sherii... enjoys drawing... will enter Maryland academically in the College of Letters & Sciences.

AYSHA GREGORY
THROWS

Senior
Wilmington, Del.
Brandywine HS

2007 OUTDOOR TRACK – Placed fourth in the hammer throw at the ECAC Championships with an NCAA Regional qualifying mark of 178-6... finished seventh at the ACC Championships with a throw of 176-11... threw for 172-2 at the Penn Relays and finished eighth... placed fifth in the shot put at the Maryland Invitational with a throw of 43-3... posted a mark of 41-10 at the Duke Asics Invitational to place 10th... posted a season-best mark in the discus of 137-8 at the Duke Asics Invitational and finished 13th... placed 19th at the ACC Championships with a throw of 134-3... had a mark of 134-3 at the Onesty/Abramson Invitational to place fifth.

2007 INDOOR TRACK – Finished 11th in the shot put at the Virginia Tech Invitational, posting a mark of 43-11.75... placed third in the event at the Thomson Invitational with a mark of 42-11.75... posted a shot put of 42-10.25 at the ACC Championships, which was good for a 15th-place finish... had an ECAC-qualifying mark of 54-5.50 in the shot put at the ACC Championships, where she placed 10th... placed seventh in the event at the Terrapin Invitational with a mark of 52-4.75.

2006 OUTDOOR TRACK – Was an ECAC-qualifier in both the discus and hammer... had seven of the Terps' top eight marks in the hammer... her best mark of the season was 161-9, which tied her for sixth at the Terrapin Invitational... finished first at the Aggie Team Challenge, posting a throw of 160-5... placed second in the discus at the Patriot Open, with a throw of 144-4... posted a mark of 135-2 at the Duke Invitational, which was good for a ninth-place finish... placed third in the shot put at the Aggie Team Challenge with a mark of 43-4.50... won the event at the Navy Invitational when she had a shot put of 42-5.50.

2006 INDOOR TRACK - Placed ninth in the shot put at the ACC Championships with an ECAC-qualifying mark of 45-10.50... Posted a mark of 45-7 at the Virginia Tech Invitational, which placed her ninth... placed second at the Maryland Invitational with a shot put of 45-1... finished third in the 20-pound weight throw at the Jack Pyrah Invitational... had a throw of 48-7.50, which placed her 23rd at the Penn State National Open.

2005 OUTDOOR TRACK - Season-best shot put of 44-1.25 came at the ACC Championships where she finished 16th... finished fourth at the UNCW Seahawk Invitational with a shot put of 42-9... placed fifth in the discus at the Patriot Open with a season-best throw of 126-1... placed 20th in the discus at the ACC Championships with a throw of 120-8... finished eighth in the hammer at the UNCW Seahawk Invitational with a season-best throw of 136-5.

2005 INDOOR TRACK - Had a season-best shot put of 42-4 at the ACC Championships where she finished 12th... Placed second at the Delaware Invitational in the shot put with a throw of 40-4.25... Season best for the 20-pound throw came at the Maryland Invitational where she finished 5th at 43-1.

BEFORE MARYLAND - A four-year letterwinner in indoor and outdoor track at Brandywine High School... team MVP in outdoor her last three years... team captain her junior and senior years... four-time state champion and all-state selection in outdoor shot put and a three-time state champion and all-state in outdoor shot put... outdoor state discus champion in 2003... ran the anchor leg of indoor state champion 4x200 meter relay (2001) and outdoor state champion 4x100 meter relay (2002) teams.

PERSONAL - Daughter of Theopalis and V. Lynn Gregory... has three brothers; Theo, Jr., Joshua and Jeremy, and two sisters; Sharron and Alexis... father Theopalis, Sr. was a four-year letterwinner in football at the University of Delaware... DECA Vice President and member of Leader Corps. at Brandywine High School... was also recruited by Penn State, Delaware, Rutgers and Marquette.

KATIE HANNUM
MIDDLE DISTANCE

Senior
Severna Park, Md.
Severna Park HS

2007 OUTDOOR TRACK –Finished 11th in the 800 meters at the Navy Invitational with a time of 2:26.43... Had a time of 2:28.69 at the Onesty/Abramson Invitational and placed 30th.

2007 INDOOR TRACK – Placed eighth in the 800 meters at the Patriot Games with a time of 2:25.00... had a 30th-place finish in the event at the Virginia Tech Challenge with a time of 2:29.47... ran a 2:30.72 at the Terrapin Invitational and placed 30th.

2006 OUTDOOR TRACK – Posted a time of 1:01.40 in the 400 meters at the Terrapin Invitational and placed 27th... competed in the 800 meters at the Onesty/Abramson Invitational where she had a time of 2:24.48 and placed 34th... had a ninth-place finish at the Patriot Open with a time of 2:25.32.

2006 INDOOR TRACK – Placed fifth in the 500 meters at the UMES Lid Lifter with a time of 1:20.72... was also a member of the Terps' 4x400 relay team which placed third at the UMES Lid Lifter with a time of 4:03.72.

2005 OUTDOOR TRACK - Posted a season-best mark of 1:00.02 in the 400 meters at the Patriot Open late in the outdoor season.

2005 INDOOR TRACK - Did not compete for Terps.

BEFORE MARYLAND - A letterwinner in indoor and outdoor track, cross country and lacrosse at Severna Park High School... a team captain on cross country and indoor and outdoor track teams... team MVP in outdoor track (2003) and outstanding senior award winner (2004)... 4x800 meter relay won Maryland state championship in 2001 and 2002... indoor county champion in the 800 as a junior and senior... also was county champion in the 4x800 relay as a senior... high school coach was Ed Purpura.

PERSONAL - Born May 23, 1986 in Annapolis, Md... daughter of Deborah and Douglas Hannum ... has one sister, Emily ... chose Maryland because it was the best option athletically and academically... enjoys rock climbing, horseback riding and motorcycle riding... majoring in animal science with hopes of a veterinary career.

CANDACE HOLNESS
SPRINTS

Senior
Queens, N.Y.
Cardoza HS

2007 OUTDOOR TRACK – Placed 29th in the 200 meters at the ACC Championships with a time of 25.73... had a time of 26.03 at the Navy Invitational and placed sixth... finished 10th at the Onesty/Abramson Invitational with a time of 26.19... had a time of 1:02.51 in the 400 meters to finish 27th at the Onesty/Abramson Invitational.

2007 INDOOR TRACK – Had a time of 25.90 in the 200 meters at the Virginia Tech Challenge and placed 26th.

2006 OUTDOOR TRACK – Posted a time of 12.49 in the 100 meters at the Aggie Team Challenge and placed eighth... at the Onesty/Abramson Invitational, she placed 11th in the 200 meters with a time of 25.18... placed 26th at the ACC Championships with a time of 25.58... also competed in the 400 meters at the Onesty/Abramson Invitational, where she placed 28th with a time of 1:00.45.

2006 INDOOR TRACK – Placed 23rd in the 400 meters at the ACC Championships with a season-best time of 1:00.16... ran a 1:00.36 at the UMES Lid Lifter to place seventh... posted a time of 25.81 at the Virginia Tech Invitational and placed 29th... also competed in the 60 meters at the Maryland Invitational, where she ran a 8.20 in the preliminaries of the event.

2005 OUTDOOR TRACK - Season-best time of 25.26 placed her 17th in the 200 meters at the ACC Championships and sixth at the Morgan State Legacy meet... placed ninth at the Patriot Open with a time of 25.35 and fourth at the UNCW Seahawk Invitational with a time of 25.53... was a member of the Terps' 4x100 relay team which finished sixth at the ACC Championships with a time of 46.78.

2005 INDOOR TRACK - Competed in the 400 meters… had a season-best time of 1:02.08 at the ACC championships and finished 23rd.

BEFORE MARYLAND - Team MVP from 2002-04 at Benjamin N. Cardozo High School in Bayside, N.Y… Scholar Athlete from 2002-04… Coaches Award winner in 2001.

PERSONAL - Daughter of Karlene and Ruel Holness… has one brother, Christopher… member of Arista and National Honor Society… was also recruited by Georgetown, Syracuse, Villanova and William & Mary.

DANIELLE KARAGANNIS

DISTANCE

Sophomore
Northport, N.Y.
Northport HS

2007 OUTDOOR TRACK –Finished 32nd in the 1,500 meters at the Maryland Invitational with a time of 5:11.92.

2007 INDOOR TRACK – Did not compete.

BEFORE MARYLAND - Lettered in track and field and cross country for all four years at Northport HS… posted a time of 7:20 in the 2,000-meter steeplechase before arriving at Maryland… was named first team all-county for cross country, steeplechase and 4x800 relay team… was also first team all-league for cross country and winter and spring track… her 4x800 relay team was ranked number one in the state of New York… placed 10th in the 2,000 steeplechase in June 2006 at the Nike Outdoor Nationals in North Carolina, winning her heat… high school coach was Eric Visconti… National Honor Society member.

PERSONAL - Born March 7, 1988… daughter of Lorraine and Dennis Karagannis… expects to major in kinesiology… has one older brother… enjoys skimsurfing, snowboarding, surfing and dancing… selected Maryland over Bucknell, Penn State, Iona and New Hampshire for its track team, track coaching staff and that the team is "on the rise."

BRITTANY LEE-RICHARDSON

SPRINTS

Junior
Lake Ridge, Va.
Woodbridge HS

2007 OUTDOOR TRACK – Placed sixth in the 100 meters at the Navy Invitational with a time of 12.66… finished 21st at the Maryland Invitational, running a 12.97… also competed in the 200 meters at the Maryland Invitational and placed 25th with a time of 26.20… was a member of Maryland's 4x100 relay team that ran a 48.80 to place second at the Navy Invitational.

2007 INDOOR TRACK – Tied for 28th in the 55 meters at the Virginia Tech Challenge with a time of 7.48… had a 20th-place finish in the 60 meters at the Patriot Games, where she ran an 8.09… posted a time of 8.19 in the event at the Terrapin Invitational and tied for 29th… place ninth in the 200 meters at the Patriot Games with a time of 26.38… had a time of 26.54 in the event on the banked track at the Virginia Tech Challenge and placed 35th.

2006 INDOOR/OUTDOOR - Did not compete.

BEFORE MARYLAND – Sprinter on track and field squads at Woodbridge HS… earned Scholar-Athlete and letterwinner awards both indoors and outdoors… Outstanding Merit Award winner… under head coach Jay Arthur, team won district team title, finishing second in the region and ninth in the state… member of National Honor Society and National Honor Roll in high school… high-school bests: 55m (7.53), 100m (12.81), 200m (25.56), 400 (1:00.08).

PERSONAL – Born June 7, 1987 in Huntsville, Ala… majoring in kinesiology and journalism with an eye toward becoming a sports reporter… parents are Inez Lee and William Richardson… has an older brother and two younger sisters… also recruited by Richmond, Bucknell and William & Mary.

TIFFANI LONG

JUMPS/ SPRINTS

Sophomore
Columbia, Md.
Long Reach HS

2007 OUTDOOR TRACK – Had the Terps' top two long jumps of the season… finished first at the Maryland Invitational with a jump of 18-2.25… place second at the Navy Invitational with a mark of 18-0.25… ran a 12.72 in the 100 meters at the Navy Invitational to place seventh… had a time of 26.11 in the 200 meters at the Maryland Invitational and placed 23rd… ran a 26.82 in the event at the Duke Asics Invitational to finish 35th.

2007 INDOOR TRACK – Had a time of 7.45 in the 55 meters at the Virginia Tech Invitational and placed 30th… posted a time of 8.04 in the 60 meters at the New Balance Collegiate… placed 26th in the event at the Terrapin Invitational with a time of 8.15… had a 28th-place finish in the 60 meters at the ACC Championships, where she had a time of 8.17… placed 34th in the 200 meters on the banked track at the Virginia Tech Challenge with a time of 26.45… finished third in the long jump at the Terrapin Invitational with a jump of 18-0.25… finished 18th in the event at the ACC Championships with a long jump of 17-2.25.

BEFORE MARYLAND - Named USA Track and Field Junior All-American… was Maryland State Champion with a long jump of 19-0… her personal record in the long jump is 19-5.5… Named a National Scholastic Sports Foundation High School All-American.

PERSONAL - Daughter of Desiree and Larry Long… her father was also a member of the Maryland Track and Field team from 1973-77… has one brother, Larry, who played baseball for the Terps from 1996-2000… won the Maryland Scholar Athlete award and BSAP Rising Scholar Award in 2004… member of the Long Reach High School Big Sisters, Little Sisters Club and Black Student Achievement Program Executive Board.

MELISSA MARK

MIDDLE DISTANCE

Junior
Sugarloaf, N.Y.
Warwick Valley HS

2007 CROSS COUNTRY – Ran in two events for Terrapins… was 14th overall to help Maryland go 4-1 in dual matchups at the Mount St. Mary's Duals to open season… covered 5K course in 21:02.5 to finish as third Terp across the line… also placed 46th at the George Mason Invitational, finishing eighth on the team in 25:10.7.

2007 OUTDOOR TRACK – Had a season-best time of 2:15.79 in the 800 meters at the Maryland Invitational, where she placed second… finished 20th at the ACC Championships with a time of 2:15.90… ran a 2:16.58 at the Onesty/Abramson Invitational, which was good for a sixth-place finish… was a member of the Terps' 4x800 and 4x400 relay teams… 4x800 team qualified for ECAC Championships at the Penn Relays where they posted a time of 9:09.36 and placed 14th… 4x400 team placed 10th at the Duke Asics Invitational with a time of 3:57.03.

2007 INDOOR TRACK – Had the Terps' top two times of the season in the 800 meters… posted a time of 2:17.97 on the banked track at the Virginia Tech Challenge, where she placed 14th… finished fourth in the event at the Patriot Games with a time of 2:21.42… had a 30th-place finish at the ACC Championships with a time of 2:22.27… had a mile time of 5:33.14 at the Virginia Tech Invitational and placed 25th… was a member of Maryland's distance medley relay team, which placed 10th at the ACC Championships with a time of 12:09.18.

2006 CROSS COUNTRY - Competed in three races… finished 15th overall and eighth on the team at the Great Meadows Invitational with a time of 21:52.2.

2006 OUTDOOR TRACK – Competed at the ACC Championships in the 1,500 meters, where she placed 32nd with a time of 4:55.79… placed 11th at the Navy Invitational with a time of 4:57.02… placed 13th in the 800 meters at the Aggie Team Challenge with a time of 2:26.13… ran a 2:27.76 at the Terrapin Invitational, which placed her 29th.

2006 INDOOR TRACK – Placed 12th in the 800 meters at the Liberty Invitational with a time of 2:27.73… had a second-place finish in the event at the UMES Lid Lifter, running a 2:28.97… placed 33rd in the 1,000 meters at the Virginia Tech Invitational, where she had a time of 3:23.01… also competed in the mile at the Virginia Tech Invitational and placed 27th with a time of 5:54.88.

2005 CROSS COUNTRY - Made collegiate debut at the Great Meadows Invitational … finished 41st overall in 21:50.0.

BEFORE MARYLAND - Four-time letterwinner in cross country and track and field at Warwick Valley High School in Warwick, N.Y. … was a National Army Reserve Scholar Athlete … won first place in DMR at Penn Relays DMR with a time of 11:47.65 … at National Scholastic Indoor Championships came in first in DMR (11:52) … qualified for New York State meet 1000-meter.

PERSONAL - Daughter of Frank and Eileen Mark … a member of the National Honors Society … majoring in journalism.

ERIN MATYUS

DISTANCE

Sophomore
Bethlehem, Pa.
Liberty HS / Colorado State

2007 CROSS COUNTRY – Ran in the final three events of the season for the Terrapins, finishing second among Maryland runners in each... placed 40th at NCAA Mid-Atlantic Regional at Lehigh, helping Terps place eighth as a team... covered 6K course in 21:37, her best time of the season... finished 41st individually at the ACC Championships in Virginia in 22:49.1... placed 11th overall in 21:40 as the Terps won the Leopard Invitational at Lafayette.

2007 OUTDOOR TRACK – Placed fourth in the 800 meters at the Maryland Invitational with a time of 2:16.71... posted an eighth-place finish at the Patriot Open with a time of 2:16.93... ran a 4:44.68 in the 1,500 meters at the Duke Asics Invitational and placed 39th... finished ninth in the event at the Disney World Invitational with a time of 4:47.02... was a member of Maryland's ECAC-qualifying 4x800 relay team that placed 14th at the Penn Relays.

2007 INDOOR TRACK – Qualified for the ECAC Championships with Maryland's top mile time of the season when she placed third at the New Balance Collegiate with a time of 5:00.49... finished 17th at the ECAC Championships, running the mile in 5:01.79... posted a time of 5:02.66 on the banked track at the Virginia Tech Challenge and placed 11th... placed sixth in the 800 meters at the Terrapin Invitational with a time of 2:21.52.

2006 CROSS COUNTRY – Improved as the season went on, finishing in the team top four in the Terps' final five events... placed 22nd overall at the Tribe Invitational with a time of 23:12.9... finished 41st overall at the Spiked Shoe Invitational with a time of 23:07.9... ended the season with a 27th overall finish (18:44.0) at the ECAC Championships, second-best among Maryland runners.

BEFORE MARYLAND – Participated in cross country, track, swimming, and soccer at Liberty (Pa.) High School... held records for her high school in 4x400, 800m, 4x800 and placed seventh in state championship in 4x400 ... also swam in high school and held multiple records and an All-American in 200 and 400 free relay... was secretary for student government and National Honor Society ... transferred from Colorado State where she redshirted as part of the cross country and track program... track coach in high school was Bill Ruth... top pre-collegiate marks include a 5:15 mile, 18:36 in the 5,000 and 2:14 in the 800.

PERSONAL – Born Feb. 7, 1987 in Allentown, Pa... daughter of Jeanette and Jeff Matyus ... has two siblings, Jocelyn and Devin... enjoys reading, horseback riding... majoring in animal science.

KYLYNN McKINLEY

DISTANCE

Junior
Marblehead, Mass.
Marblehead HS

2007 CROSS COUNTRY – One of only two Terrapins to run in all six events (Kristin Reed)... best 6K time of the season came at the Leopard Invitational at Lafayette, where Maryland captured the team title... ran a 21:52 to finish 22nd overall and fifth on the team... also had a top-25 finish with a 23rd placing at the Mount St. Mary's Duals (22:03.4 5K) to finish fifth on the team... was fourth among Maryland finishers at the Navy Invitational, where she was 38th overall in 24:15 over 6K... placed 70th at ACC Championships (23:55.3, 7th on team) and 89th at NCAA Mid-Atlantic Regionals (22:33, 5th on team).

2007 OUTDOOR TRACK – Did not compete.

2007 INDOOR TRACK – Had a mile time of 5:22.55 on the banked track at the Virginia Tech Challenge and placed 26th... finished 15th at the Terrapin Invitational with a time of 5:31.42... placed 36th in the 3,000 meters at the ACC Championships with a time of 10:38.53... had a time of 10:51.66 at the Penn State National Invitational, which was good for a 10th-place finish.

2006 OUTDOOR TRACK – Did not compete.

2006 INDOOR TRACK – Competed in the 1,000 meters, mile and 3,000 meters... placed 21st in the 1,000 meters at the Virginia Tech Invitational with a time of 3:11.03... posted a time of 5:12.56 at the New Balance Collegiate meet, where she placed 18th... finished seventh at the Liberty Invitational with a time of 5:13.23... had a time of 10:20.47 at the ACC Championships, which placed her 29th overall... placed eighth at the Maryland Invitational with a time of 10:41.94.

2005 CROSS COUNTRY - Ran in all seven meets, the most by any freshman on the team... in her collegiate debut, finished third on the team and 21st overall at the Great Meadows Invitational (18:40.0)... placed 60th at the ACC Championship, crossing in 21:27.40.

BEFORE MARYLAND - A four-time letterwinner in cross country and track and field at Marblehead High School in Marblehead, Mass. ... selected as an All-Scholastic runner by *Boston Globe* and *Boston Herald* in 2002 and 2003.

PERSONAL - Daughter of Barbara and Richard McKinley ... a member of the National Honor Society ... majoring in kinesiology.

CHRISTINA NELSON

MIDDLE DISTANCE

Sophomore
Little Silver, N.J.
Red Bank Regional HS

2007 CROSS COUNTRY – Participated in four of Maryland's six events... best finish was an 18th at the George Mason Invitational, covering 6K in 23:27.4 and placing fourth among her team... also fourth among Terrapin finishers at the ACC Championships at Virginia, where she was 63rd overall (23:34.6)... best 6K time of the season (22:25) came with a 39th-place finish overall and seventh on the team as the Terps won the team title at the Leopard Invitational at Lafayette.

2007 OUTDOOR TRACK – Had the Terps' top time in the 1,500 meters at the Georgia Tech Invitational, where she placed 20th with a time of 4:44.20... placed 14th at the Onesty/Abramson Invitational with a time of 4:49.38... finished ninth in the 800 meters at the Patriot Open, posting a time of 2:17.66... ran a 2:22.72 at the Maryland Invitational and placed 18th... was a member of Maryland's ECAC-qualifying 4x800 relay team that placed 14th at the Penn Relays.

2007 INDOOR TRACK – Did not compete.

2006 CROSS COUNTRY – In just her second collegiate race, placed 25th overall out of 316 runners at the Spiked Shoe Invitational with a time of 22:37.1, fourth best on the team... finished 58th overall and fourth on the team at the ACC Championship with a time of 23:23.5... placed fourth among Terrapins at the Great Meadows Invitational and the ECAC Championships.

BEFORE MARYLAND – Member of the national champion and record-breaking distance medley team at the Penn Relays... first-team all-state in cross country, indoor, and outdoor track... cross country county champion... Arcadia Invitational champion in the 4 x mile... also lettered twice in soccer ... member of the Spanish Honor Society... high school coach was Geoff Harrison... had a 2:15 mark in the 800 and a 4:54 mile... came to Maryland to be part of "an up and coming program with very talented young runners."

PERSONAL – Daughter of Angela and James Nelson ... has two older sisters and a younger sister ... lists favorite athlete as Steve Prefontaine... majoring in kinesiology.

TOLULOPE OLUGBEMI

SPRINTS

Sophomore
Baltimore, Md.
Chesapeake HS

2007 OUTDOOR TRACK – Had a season-best time of 26.00 in the 200 meters to finish 31st at the ACC Championships… finished sixth in the 400 meters at the Patriot Open with a time of 58.38… posted a first-place finish in the event at the Navy Invitational with a time of 58.62… placed 16th at the Maryland Invitational with a time of 59.84.

2007 INDOOR TRACK – Had a 60 meters time of 8.05 at the Patriot Games and placed 18th… tied for 19th in the event at the Terrapin Invitational with a time of 8.08… placed 10th in the 200 meters at the Patriot Games with a time of 26.39… finished 14th in the 400 meters on the bank at the Virginia Tech Challenge, posting a time of 59.07… had a 25th-place finish in the event at the Terrapin Invitational, where she finished in 1:02.54… was a member of the Terrapins' 4x400 relay team that qualified for the ECAC Championships when they ran a 3:51.24 at the Virginia Tech Challenge and placed fifth.

BEFORE MARYLAND - Was Maryland State Champion in the 4x100 meter relay… named MVP of the Chesapeake High School girls track and field team, where she lettered three seasons… was a County Championship gold medalist… was captain of her indoor and outdoor teams… Class Salutatorian and vice president.

PERSONAL - Daughter of Modupe and Abisdan Olugbemi… has a younger brother… cousin, Leke, played basketball at Ohio… lists favorite athlete as Marion Jones… hopes to become a lawyer after double-majoring in psychology and government… enjoys reading and music… lists her parents as the people she most admires.

HEIDI PAUL

SPRINTS

Freshman
Uniondale, N.Y.
Uniondale HS

BEFORE MARYLAND - All-state performer in 100 and 200 while at Uniondale High School… member of state-champion relay teams in 4x100 and 4x400… earned All-America status three times and was an all-state honoree in all four seasons… brings pre-collegiate marks of 11.8 (100) and 24.8 (200) to Maryland… MVP of her track team as a junior… member of national champion sprint medley relay in 2006.

PERSONAL - Born June 10, 1989… parents are Charmin Paul and Gerald Nicholas… has two brothers, Quacy and Kai… Hopes to major in accounting at Maryland… Lists Lauryn Williams as her favorite athlete… Plays steel drums… Says her sense of humor and her determination are her best traits.

KATELYN POSS

THROWS

Sophomore
Poolesville, Md.
Poolesville HS

2007 OUTDOOR TRACK - Finished sixth at the Navy Invitational in the shot put with a mark of 34-11.25… Best discus mark of the year came at the Patriot Open, where she posted 116-3 throw, placing eighth… Also was seventh at the Navy Invitational… Season-best mark of 125-0 in the hammer also came at the Patriot Open, where she placed sixth.

2007 INDOOR TRACK - Did not compete.

BEFORE MARYLAND - MVP and team captain of the track and field team as a senior at Poolesville High School… Earned Falcon Award as a junior… MVP as a senior and Falcon Award winner as a junior while serving as team captain of basketball squad… Also captained field hockey team, earning Falcon Award as a senior.

PERSONAL - Born April 5, 1988… parents are Catherine and Gregg Poss… has two siblings, Jacob and Lindsay… seeks a career in urban planning… lists Michael Jordan as her favorite athlete… enjoys baking, watching movies and reading.

KIANI PROFIT

HURDLES

Freshman
Pasadena, Calif.
Muir HS

BEFORE MARYLAND - Competed at Junior Olympics and visited Russia as part of the USA Junior Youth World Team… Athlete of the Year at John Muir High School… Finished third at the California state high school meet in the 300-meter hurdles… Comes to Maryland with pre-collegiate bests of 14.04 in the 100-meter hurdles, 59.3 in the 400 hurdles and 41.9 in the 300 hurdles… Has also posted a score of 4,747 in the heptathlon.

PERSONAL - Born Feb. 18, 1990… parents are Youvet and George Profit… has an older brother, Marquis… hopes to major in kinesiology at Maryland… lists Gail Devers as her favorite athlete… enjoys reading and writing poetry… also enjoys volleyball and basketball.

KELLEY PRY

400/800

Sophomore
Flower Mound, Texas
Flower Mound HS

2007 OUTDOOR TRACK – Had a time of 1:00.71 in the 400 meters at the Maryland Invitational to finish 22nd.

2007 INDOOR TRACK – Posted a time of 1:01.35 in the 400 meters on the banked track at the Virginia Tech Invitational and placed 33rd.

BEFORE MARYLAND - Holds 400-meter record and 4x400 relay record at Flower Mound HS … qualified two years for Texas Relays in 4x400 and was captain of track team… lettered all four seasons in track… was treasurer of the National Honor Society, a chairman for Community Outreach, and a chairman for English Honor Society.

PERSONAL - Daughter of Lyn and Terry Pry … has one sister, Courtney … majoring in kinesiology… admires her mother most for her determination and thrives on passing someone in the last 50m of the 400m… chose Maryland for the talented coaching staff and the beautiful landscape.

KRISTEN REED

DISTANCE

Sophomore
Pennsburg, Pa.
Upper Perkiomen HS

2007 CROSS COUNTRY – One of two Terrapins to participate in all six events (Kylynn McKinley)… led Maryland finishers to the line twice this season, getting top-10 finishes each time… was fourth overall as Maryland went 4-1 at the Mount St. Mary's Duals and placed ninth in 23:05.1 to lead the Terps to the line at the George Mason Invitational… third top-20 finish came as Maryland won the Leopard Invitational and she placed 13th overall and third on the team in 21:45 over 6K course… finished 72nd individually at the ACC Championships, eighth on the team… was Maryland's sixth finisher, 94th overall, with 22:42 run at the NCAA Mid-Atlantic Regional.

2007 OUTDOOR TRACK – Placed 17th in the 3,000-meter steeplechase at the ACC Championships, finishing in 11:24.24… finished 12th in the event at the Duke Asics Invitational with a time of 11:26.30… had a third-place finish at the Onesty/Abramson Invitational, with a time of 11:26.82… posted a time of 2:34.12 in the 800 meters at the Maryland Invitational and placed 43rd… finished 23rd in the 1,500 meters at the Disney World Invitational with a time of 5:01.08.

2007 INDOOR TRACK – Posted Maryland's top three 3,000-meter times of the season... ran a 10:10.73 at the New Balance Collegiate and placed 24th... finished 27th in the event at the ACC Championships with a time of 10:16.97... placed fifth at the Terrapin Invitational with a time of 10:27.15... had a mile time of 5:13.70 on the banked track at the Virginia Tech Challenge and placed 21st... finished 17th in the event at the Virginia Tech Invitational with a time of 5:21.07.

2006 CROSS COUNTRY – Competed in all seven events of the season... placed 11th overall and sixth on the team in her collegiate debut with a time of 19:46.3 at the Great Meadows Invitational... crossed the line at the Spiked Shoe Invitational at 22:38.9, good for 27th overall out of 316 runners... Finished 33rd overall at the Tribe Invitational and 59th overall at the ACC Championship.

BEFORE MARYLAND – Participated in cross country, indoor and outdoor track, soccer, and basketball at Upper Perkiomen HS... holds 800m and mile records... named second team All-State in 2004 for the mile and placed seventh in mile at the Penn Relays in 2005... also participated in the 2005 Golden West mile... her mile record time is 4:57 and holds a 2:16 best in the 800... high school coach was Todd Niemann.

PERSONAL – Born April 28, 1988... majoring in physical education... also enjoys soccer and kayaking.

LINDSAY RITCHINGS

MIDDLE DISTANCE

Sophomore
Point Pleasant Beach, N.J.
Point Pleasant Beach HS

2007 CROSS COUNTRY – Ran in five events for Maryland this season... best of three top-25 finishes came in season-opener, when she placed seventh overall and second on the team at the Mount St. Mary's Duals... best 6K time of the year came when Terps won the Leopard Invitational at Lafayette, where she was 23rd overall in 21:56... was 22nd individually and fifth on the team at the George Mason Invitational... was third Maryland finisher and 63rd overall at the NCAA Mid-Atlantic Regional (22:07)... finished 64th individually and fifth on team at the ACC Championships (23:36.4).

2007 OUTDOOR TRACK – Placed fifth at the Maryland Invitational in the 1,500 meters with a time of 4:44.49... placed third in the event at the Navy Invitational, running a 4:47.18... had a season-best time of 2:25.69 in the 800 meters at the Maryland Invitational and finished 28th.

2007 INDOOR TRACK – Qualified for the ECAC Championships in the mile when she placed first at the Terrapin Invitational with a time of 5:00.67... Ran the mile in 5:02.69 at the Penn State National Invitational to place 10th... had a 16th-place finish at the ACC Championships when she ran a 5:05.92 mile... posted a mile time of 5:08.28 at the ECAC Championships, which was good for a 21st-place finish... finished 17th in the 800 meters at the Terrapin Invitational with a time of 2:26.40... was a member of the Terps' distance medley relay team that placed tenth at the ACC Championships with a time of 12:09.18.

2006 CROSS COUNTRY - Competed in four races... finished 29th overall at the Spiked Shoe Invitational out of 316 runners with a time of 22:42.9... placed 69th overall at the ECAC Championships in New York with a time of 19.44.5.

BEFORE MARYLAND - Participated in cross country, basketball and indoor and outdoor track throughout high school... a two-time Group 1 State Champion for 1600m and a three-time South New Jersey Group 1 State Champion for 1600m, 800m and cross country.... placed sixth in New Jersey 1600m and was a two time MVP of indoor and outdoor track.... also named Athlete of the Year three times by her local newspaper, the *Ocean Star*... owns pre-college marks of 60.1 in the 400, 2:17 in the 800 and 4:58 in the 1,600... holds school records at the 800 and 1,600 distances.

PERSONAL - Daughter of Marylynn and Peter Ritchings... has an older sister, Erin, and an older brother, Matthew... majoring in kinesiology with an eye toward a career in sports medicine.

AMANDA ROBOTTI

DISTANCE

Junior
Warwick, N.Y.
Warwick Valley HS

2007 CROSS COUNTRY – Participated in two events for Maryland early in the season... placed 15th overall and fourth on the team as Terrapins finished 4-1 at the Mount St. Mary's Duals (21:05.1 over 5K)... also placed 53rd overall at the George Mason Invitational, covering 6K course in 25:35.2.

2007 OUTDOOR TRACK – Had the Terps' top two times in the 5,000 meters... finished sixth in the event at the Maryland Invitational with a time of 18:20.85... finished 27th at the ACC Championships, running a 18:28.69... posted a time of 4:57.70 in the 1,500 meters at the Navy Invitational and finished 10th... placed 12th in the 3,000 meters at the Onesty/Abramson Invitational with a time of 10:28.27.

2007 INDOOR TRACK – Had a 3,000-meter time of 10:36.35 at the Terrapin Invitational to place 10th... finished 12th on the banked track at the Virginia Tech Challenge with a time of 10:40.37... placed 16th in the event at the Patriot Games with a time of 10:41.16... finished 24th in the 5,000 meters at the ACC Championships, where she had a time of 18:30.29.

2006 CROSS COUNTRY – Competed in four events... ran the Great Meadows Invitational with a time of 21:10.0, seventh-best on the team... placed 83rd overall at the ACC Championship with a time of 25:18.7.

2006 OUTDOOR TRACK – Competed in the 1,500 and 5,000 meters... posted her season-best time of 19:15.50 in the 5,000 at the Navy Invitational, which placed her 10th... placed 25th at the Terrapin Invitational with a time of 19:21.47... time of 5:06.93 at the Aggie Team Challenge placed her eighth overall.

2006 INDOOR TRACK – Competed in the mile and 3,000 meters... best time of the season came at the Terrapin Invitational, where she placed 24th with a time of 5:35.75... placed fourth in the event at the UMES Lid Lifter with a time of 5:41.94 ... in the 3,000 meters, she placed 17th at the Virginia Tech Invitational with a time of 11:22.77.

2005 CROSS COUNTRY - Made collegiate debut at the Great Meadows Invitational ... came in 39th overall with a time of 21:27.0.

BEFORE MARYLAND – Four-year letterwinner in outdoor track, with letters for three seasons each in cross country and indoor track at Warwick Valley HS... First team all-county pick for cross country as senior... ran first leg of girls championship distance medley relay at 2005 Penn Relays.

PERSONAL – Born October 15, 1987 in Warwick, N.Y... majoring in kinesiology.

KATIE ROGUS

JUMPS

Junior
Brookeville, Md.
Good Counsel HS

2007 OUTDOOR TRACK –Finished ninth in the heptathlon at the ACC Championships earning 4,228 points... placed 11th in the 200 meters at the Navy Invitational with a time of 27.78... had a time of 15.30 in the 100-meter hurdles to place fourth at the Navy Invitational... ran a 15.48 in the event at the Patriot Open to finish ninth... placed 13th in the 400-meter hurdles at the Maryland Invitational with a time of 1:06.87... Jumped for a mark of 17-4.75 in the long jump at the Navy Invitational and placed third... had a mark of 17-3.25 at the Patriot Open to place ninth... finished 10th in the shot put at the Navy Invitational with a mark of 32-1.

2007 INDOOR TRACK – Had a time of 8.57 in the 55-meter hurdles at the Virginia Tech Invitational to place 27th... finished 29th in the event at the Virginia Tech Challenge with a time of 8.74... tied for 14th in the 60-meter hurdles at the Terrapin Invitational, running a 9.12... ran a 9.17 in the event at the New Balance Collegiate... had a long jump of 18-0.50 at the New Balance Collegiate to place 19th... posted a jump of 17-4.25 at the Virginia Tech Invitational to place 25th... placed 14th in the pentathlon at the ACC Championships earning 3,297 points.

2006 OUTDOOR TRACK – Placed 12th in the heptathlon at the ACC Championships, compiling 4,154 points... in the event, she had a 100-meter hurdle time of 15.25, a high jump of 4-10.25, a shot put of 28-8.25, a 200-meter time of 26.96, a long jump of 16-9.50, a javelin throw of 67-10 and an 800-meter time of 2:30.11... placed second in the 100-meter hurdles at the Patriot Open with a time of 15.27.

ANDREA ROTHSCHILD

DISTANCE

Sophomore
Demarest, N.J.
Northern Valley Regional HS

2007 OUTDOOR TRACK – Had a time of 10:25.99 in the 3,000 meters at the Onesty/Abramson Invitational and finished 11th… placed eighth in the 1,500 meters at the Navy Invitational with a time of 4:50.72... had a time of 18:38.60 in the 5,000 at the ACC Championships and finished 30th… placed eighth in the same event at the Maryland Invitational with a time of 18:46.13.

2007 INDOOR TRACK – Finished 10th in the 3,000 meters on the banked track at the Virginia Tech Challenge with a time of 10:32.86… placed 12th in the event at the Terrapin Invitational with a time of 10:42.93… had a mile time of 5:20.09 at the Patriot Games and placed 14th… had a sixth-place finish in the 5,000 meters on the bank at the Virginia Tech Invitational with a time of 18:44.24… placed 26th in the event at the ACC Championships with a time of 18:46.99.

2006 CROSS COUNTRY - Ran in six of the Terrapins' seven events … placed 56th overall at the Tribe Invitational with a time of 25:16.4 … finished 74th overall at the ACC Championships with a time of 24:09.2 … earned a career-best time in the 5k of 19.22.1 in the season-finale at the ECAC Championships, good for 54th overall.

BEFORE MARYLAND - Second team All-Bergen in the 3,200 meters while competing for Northern Valley Regional HS - Demarest... first team All-Bergen selection as senior in cross country.

ANGELI SIVARAMAN

DISTANCE

Freshman
Ellicott City, Md.
Centennial HS

2007 CROSS COUNTRY – Improved over course of season, having outstanding first season as a collegian... finished third on the team and 53rd overall at the ACC Championships, covering Virginia's 6K course in 23:09.7... Best individual finish of the year came with 11th at the George Mason Invitational, where she was second on the team... best 6K time of the year came with 21st-place finish, fourth on the team, in 21:51 as Maryland won the Leopard Invitational at Lafayette... placed 75th individually and fourth among the team at the NCAA Mid-Atlantic Regionals at Lehigh (22:20).

BEFORE MARYLAND - First team All-Metro selection in cross country as a senior by *The Baltimore Sun*… second team All-Met pick as a junior at Centennial High School… finished fifth individually at prestigious Bull Run Invitational cross country meet in 2006… placed third at the Maryland State Cross Country Championships as a senior… Finished second at the Class 3A East Regional and fifth in the Howard County championships... At one point, held Centennial HS records in the 1,600 (5:28.3) and the 3,200 (11:56.4), both set at the 2006 Howard County Championships.

CHRISTINA SMITH

COMBINED

Senior
Sicklerville, N.J.
Winslow Township HS

2007 OUTDOOR TRACK – Had Maryland's top five times in the 200 meters… posted an ECAC-qualifying time of 24.63 and finished first at the Navy Invitational… had a time of 24.74 in the event at the Maryland Invitational, for a fourth-place finish… posted an ECAC qualifying and NCAA-provisional mark of 5,165 in the heptathlon to place fifth at the ACC Championships… finished eighth at the ECAC Championships in the event, earning 4,628 points… placed 17th in the 100 meters at the Duke Asics Invitational with a time of 12.59... finished second in the 100-meter hurdles at the Navy Invitational with a time of 14.68… had a long jump of 16-10.50 at the Navy Invitational to place fifth… posted a shot put of 41-4.50 in the ACC Heptathlon… posted a javelin mark of 108-0 at the Maryland Invitational and placed 12th… was a member of Maryland's ECAC-qualifying 4x100 relay team that placed second at the Duke Asics Invitational… was also on the Terps' 4x400 relay team that qualified for the ECAC Championships when it placed ninth at the ACC Championships.

2007 INDOOR TRACK – Placed sixth in the 60 meters at the Patriot Games with a time of 7.86… posted a time of 7.88 in the event at the New Balance Collegiate… had a time of 7.29 in the 55 meters at the Virginia Tech Challenge and placed 18th… tied for sixth in the 200 meters at the Patriot Games with a time of 26.16… had a time of 26.18 in the event at the New Balance Collegiate… finished 12th in the pentathlon at the ACC Championships earning 3,493 points.

2006 OUTDOOR TRACK – Competed in the 200 meters, the 100-meter hurdles, the high jump, the long jump, the shot put and the javelin… placed 13th in the 200 meters at the Terrapin Invitational with a time of 25.10… also placed in the 200 meters at the Duke Invitational and Aggie Team Challenge… had a time of 14.82 in the 100-meter hurdles at the Terrapin Invitational and placed 11th… posted the Terps' top mark in the javelin at the Aggie Team Challenge, where she placed second with a mark of 98-7… Placed seventh in the high jump with a mark of 4-9 and second in the long jump with a jump of 17-2 at the Navy Invitational.

2006 INDOOR TRACK – Qualified for the ECAC Championships in the pentathlon with a seventh-place finish and 3,467 points in the ACC Championships… in the event, she ran an 8.94 in the 60-meter hurdles… had a high jump of 5-1.25, a shot put of 36-6.75, a long jump of 17-2 and an 800-meter time of 2:35.24… placed 14th in the pentathlon at the ECAC Championships, compiling 3,167 points.

2005 OUTDOOR TRACK - Competed in the heptathlon at the ACC Championships and finished eighth with 4,440 points… ran a season-best 14.29 in the 100-meter hurdles at the UNCW Seahawk Invitational and finished third… placed fifth at the Morgan State meet finishing in 14.81… posted a time of 15.45 at both the Patriot Open and the Navy Invitational where she placed fifth and fourth respectively… 19th in the long jump at the Morgan State Legacy meet with a jump of 15-10.5… also competed in the 200 meters at the Navy Invitational and finished fifth in 26.05.

2005 INDOOR TRACK - Ran a season-best 26.25 at the Delaware Invitational where she finished fifth… also competed in the 400 at the Maryland Invitational where her time of 1:03.06 placed her 20th.

BEFORE MARYLAND - Was all-conference in both track and volleyball at Winslow Township High School in Alco, N.J.… first-place finisher in the 800 medley at the adidas Championship… won a team state championship and was on the school's state-champion relay team… was part of a 4x400 relay team that won the Meet of Champs in 2003 and 2004.

PERSONAL - Daughter of Patricia Watts… has two brothers, Gregory and Adam, and one sister, Candice… was class president her junior and senior years at Winslow Twp. and a member of National Honor Society… lists favorite athletes as Jackie Joyner Kersee and Duce Staley… biggest athletic thrill was winning the adidas Championship.

PERSONAL – Born November 17, 1986 in Brookeville, Md… majoring in criminology… parents are Susan and Bernard Rogus… brother, Kevin, played basketball at Harvard and is listed as the person she most admires… enjoys dancing, going to the beach.

BEFORE MARYLAND – MVP of the WCAC three straight years while at Good Counsel HS in Wheaton, Md… earned the school's athlete of the year award as a senior… track team MVP… team won three straight conference championships… holds the school and conference long jump record at 18-1… also holds school's 100-meter hurdles record at 14.59… All-Met and *All-Gazette* honoree… other high school bests: 300 hurdles (45.50), 400 hurdles (1:04.4), TJ (35-8)… high school coach was Tom Arnold… earned academic honors all four years in high school.

BIANCA STRACHAN
MIDDLE DISTANCE

Junior
Freeport, Bahamas
Essex Co. CC
Grand Bahamas Catholic HS

BEFORE MARYLAND - Five-time NJCAA All-American while at Essex County (N.J.) Community College... earned national title in the 600-meter run in 2006... earned spot on Bahamian Junior National Team from 2004 through 2006... graduated from Grand Bahamas Catholic in June 2005... named outstanding senior athlete in high school.

PERSONAL - Born July 24, 1988... mother, Sandra Laing, is a teacher... expects to major in family studies at Maryland with an eye toward becoming a broadcast journalist... lists NBA star Kobe Bryant as her favorite athlete... enjoys traveling and shopping... likes watching "South Park" on TV.

ASHLEY WILLIAMS
THROWS

Junior
Port St. Lucie, Fla.
St. Lucie West Centennial HS

2007 OUTDOOR TRACK - Had Maryland's third-best shot put mark of the season when she went 45-3.75 to place 13th at the ACC Championships, hosted by Maryland... mark qualified her for the ECAC Championships, where she placed 19th... also placed fifth at the Duke Asics Invitational at 45-1... won the Navy Invitational to open the outdoor season at 42-11.75... finished third at the Patriot Open (41-8.75).

2007 INDOOR TRACK - Did not compete.

2006 INDOOR/OUTDOOR TRACK - Did not compete.

BEFORE MARYLAND - Participated in track and field at St. Lucie West Centennial High School in Florida.

PERSONAL - Born Sept. 17, 1987... mother is Natasha Williams... majoring in sociology at Maryland with the goal of becoming a lawyer... favorite athlete is tennis star Serena Williams... also plays tennis as a hobby... listens often to Beyonce... says her sense of humor and her strong work ethic are two of her strong traits.

CHANEL WILLIAMS
HURDLES

Junior
Plymouth Meeting, Pa.
Plymouth Whitemarsh HS

2007 OUTDOOR TRACK – Posted an ECAC and NCAA Regional qualifying time of 13.78 in the 100-meter hurdles in the preliminaries of the ACC Championships... finished eighth in the final of the ACC Championships with a time of 14.05... placed third at the Duke Asics Invitational, running a 14.66... also posted ECAC and NCAA Regional qualifying times in the 400-meter hurdles... Placed fourth in the preliminaries of the ACC Championships with a season-best time of 59.90... had a time of 1:01.29 in the event to place 13th at the Georgia Tech Invitational... finished fourth at the Onesty/Abramson Invitational with a time of 1:01.39... was a member of Maryland's ECAC-qualifying 4x100 relay team that placed second at the Duke Asics Invitational.

2007 INDOOR TRACK – Recorded an ECAC-qualifying time of 8.12 in the 55-meter hurdles at the Virginia Tech Challenge to place second... also posted an ECAC-qualifying time in the 60-meter hurdles in the semifinals of the Penn State National Invitational where she had a time of 8.59 and placed ninth... finished ninth at the ACC Championships in the event with a time of 8.62... had a time of 25.40 in the 200 meters at the New Balance Collegiate to place 39th... placed eighth in the event at the Terrapin Invitational with a time of 25.52... finished 14th in the 400 meters at the Alex Wilson Invitational, running a 57.41... had an eighth-place finish at the Penn State National Invitational with a time of 58.47... was a member of Maryland's 4x400 relay team that qualified for the ECAC Championships at the Virginia Tech Challenge, where they placed fifth... team also finished 11th at the ACC Championships.

2006 OUTDOOR TRACK – Qualified for the NCAA Regional and ECAC Championships during her freshman campaign in the 400-meter hurdles... had the Terps' top six times in the event... season-best time of 1:00.53 came in the preliminaries of the ECAC Championships, where she placed fourth... finished sixth overall at the ACC Championships with a time of 1:01.27... her time of 1:01.63 placed her 16th at the NCAA East Regional Championships... also competed in the 100-meter hurdles... had an ECAC-qualifying time of 14.38 at the Onesty/Abramson Invitational, where she placed 11th... placed 13th overall at the ACC Championships, with a time of 14.45.

2006 INDOOR TRACK – Qualified for the ECAC Championships, where she posted her best time of the season (8.74) and placed seventh... placed second at both the UMES Lid Lifter and Liberty Invitational with times of 8.75... was also a member of the Terps 4x400 relay team that placed first at the Liberty Invitational with an ECAC-qualifying time of 3:52.06.

BEFORE MARYLAND - Earned seven school records at Whitemarsh HS... PIAA state champion in 300-meter hurdles as a junior and in 100 hurdles as a senior... Second place at indoor state meet in 60 hurdles... Earned all-state recognition in both hurdle events as junior and senior... Fourth place at Penn Relays in 400 hurdles in 2005... Fourth at prep nationals in 100 hurdles in 2005... Earned all-league honors in high jump, long jump, triple jump, 200, 400, 100 hurdles and 300 hurdles... Also played volleyball and tennis... Member of high school step team.

PERSONAL - Born Oct. 22, 1987... mother is Kimberly Williams... has four siblings, twins Katelynn and Kenny, Allen and Christina... majoring in elementary education... says her leadership and determination are two of her strongest traits.

2007 WOMEN'S INDOOR MARKS

Qualifying marks shown for flat 200m track
(b) - banked or oversized track... mark listed is actual mark
(a) - NCAA automatic mark; (e) - ECAC qualifying mark; (p) - NCAA provsional mark

55 METERS

Name	Mark	Meet	Plc
Christina SMITH (Jr.)	7.29	Virginia Tech Challenge	18th
Natasha EMMANUEL (Jr.)	7.33	Virginia Tech Challenge	22nd
Janea GRIMES (Fr.)	7.43	Virginia Tech Challenge	T26th
Tiffani LONG (Fr.)	7.45	Virginia Tech Invitational	30th
B. LEE-RICHARDSON (So.)	7.48	Virginia Tech Challenge	T28th
Ini AKPANDAK (Fr.)	7.49	Virginia Tech Challenge	31st

60 METERS

Christina SMITH (Jr.)	7.86	Patriot Games - final	6th
Ini AKPANDAK (Fr.)	8.02	Patriot Games	T13th
Tiffani LONG (Fr.)	8.04	New Balance Collegiate	70th
Tolulope OLUGBEMI (Fr.)	8.05	Patriot Games	18th
B. LEE-RICHARDSON (So.)	8.09	Patriot Games	20th
Janea GRIMES (Fr.)	8.10	ACC Championships	26th
Ashley CARBRAY (Fr.)	8.16	Terrapin Invitational	27th
LONG	8.17	ACC Championships	28th
Kristina KEEGAN (Sr.)	8.38	Terrapin Invitational	43rd

200 METERS

Natasha EMMANUEL (Jr.)	25.38	(b)	New Balance Collegiate	38th
Chanel WILLIAMS (So.)	25.40	(b)	New Balance Collegiate	39th
Candace HOLNESS (Jr.)	25.90	(b)	Virginia Tech Challenge	26th
Christina SMITH (Jr.)	26.16		Patriot Games	T6th
Ini AKPANDAK (Fr.)	26.21		Patriot Games	8th
B. LEE-RICHARDSON (So.)	26.38		Patriot Games	9th
Tolulope OLUGBEMI (Fr.)	26.39		Patriot Games	10th
Tiffani LONG (Fr.)	26.45	(b)	Virginia Tech Challenge	34th
Janea GRIMES (Fr.)	26.83	(b)	Virginia Tech Invitational	35th
GRIMES	27.13		ACC Championships	26th
Kristina KEEGAN (Sr.)	27.45		Terrapin Invitational	T37th

300 METERS

Kristina KEEGAN (Sr.)	41.91	(b)	Virginia Tech Challenge	14th

KRISTEN REED

400 METERS

Chanel WILLIAMS (So.)	57.41	(b)	Alex Wilson Invitational	14th
Natasha EMMANUEL (Jr.)	57.81	(b)	New Balance Collegiate	41st
Tolulope OLUGBEMI (Fr.)	59.07	(b)	Virginia Tech Challenge	14th
EMMANUEL	59.61		ACC Championships	24th
Natalie GOODMAN (Fr.)	1:00.13	(b)	Virginia Tech Challenge	20th
Kristina KEEGAN (Sr.)	1:00.76	(b)	Virginia Tech Invitational	31st
Kelley PRY (Fr.)	1:01.35	(b)	Virginia Tech Invitational	33rd
Katie ROGUS (So.)	1:01.80		Patriot Games	20th
GOODMAN	1:02.06		ACC Championships	25th
Kailyn CAGE (Fr.)	1:03.92		Terrapin Invitational	36th

500 METERS

Kailyn CAGE (Fr.)	1:22.48	(b)	Virginia Tech Invitational	31st

800 METERS

Melissa MARK (So.)	2:17.97	(b)	Virginia Tech Challenge	14th
MARK	2:21.42		Patriot Games	4th
Erin MATYUS (Fr.)	2:21.52		Terrapin Invitational	6th
Libby BABCOCK (So.)	2:22.27		ACC Championships	30th
Katherine HANNUM (Jr.)	2:25.00		Patriot Games	8th
Lindsay RITCHINGS (Fr.)	2:26.40		Terrapin Invitational	17th
Katie ROGUS (So.)	2:26.45		ACC Pentathlon	comb
Kailyn CAGE (Fr.)	2:27.87		Patriot Games	16th
Christina SMITH (Jr.)	2:35.88		ACC Pentathlon	comb

MILE

Erin MATYUS (Fr.)	5:00.49	(e/b)	New Balance Collegiate	3rd
Lindsay RITCHINGS (Fr.)	5:00.67	(e)	Terrapin Invitational	1st
MATYUS	5:01.79		ECAC Championships	17th
RITCHINGS	5:05.92		ACC Championships	16th
Laurel JEFFERSON (Sr.)	5:07.19		Terrapin Invitational	3rd
RITCHINGS	5:08.28		ECAC Championships	21st
MATYUS	5:09.55		ACC Championships	20th
Kristin REED (Fr.)	5:13.70	(b)	Virginia Tech Challenge	21st
Andrea ROTHSCHILD (Fr.)	5:20.09		Patriot Games	14th
Kylynn McKINLEY (So.)	5:22.55	(b)	Virginia Tech Challenge	26th
Melissa MARK (So.)	5:33.14	(b)	Virginia Tech Invitational	25th
Kasey JAMISON (Fr.)	5:39.03		Patriot Games	23rd

3,000 METERS

Kristin REED (Fr.)	10:10.73	(b)	New Balance Collegiate	24th
REED	10:16.97		ACC Championships	27th
Andrea ROTHSCHILD (Fr.)	10:32.86	(b)	Virginia Tech Challenge	10th
Amanda ROBOTTI (So.)	10:36.35		Terrapin Invitational	10th
Kylynn McKINLEY (So.)	10:38.53		ACC Championships	36th
ROTHSCHILD	10:55.88		ACC Championships	37th
Leah COWDREY (Sr.)	11:16.56		Patriot Games	27th
Kasey JAMISON (Fr.)	11:31.57		Terrapin Invitational	27th

5,000 METERS

Amanda ROBOTTI (So.)	18:30.29		ACC Championships	24th
Andrea ROTHSCHILD (Fr.)	18:44.24	(b)	Virginia Tech Invitational	6th
ROTHSCHILD	18:46.99		ACC Championships	26th

55 HURDLES

Chanel WILLIAMS (So.)	8.12	(e)	Virginia Tech Ch. - final	2nd
WILLIAMS	8.12		Virginia Tech Ch. - semis	4th
WILLIAMS	8.17		Virginia Tech Ch. - prelims	4th
Katie ROGUS (So.)	8.57		Virginia Tech Invitational	27th

CHANEL WILLIAMS

TIFFANI LONG

60 HURDLES

Chanel WILLIAMS (So.)	8.59	(e)	Penn State Nat'l. - semis	9th
WILLIAMS	8.62		ACC Championships	9th
WILLIAMS	8.70		Penn State Nat'l. - prelims	16th
WILLIAMS	8.73		Terrapin Inv. - final	4th
Katie ROGUS (So.)	9.12		Terrapin Invitational	T14th
Christina SMITH (Jr.)	9.20		ACC Pentathlon	comb.
ROGUS	9.32		ACC Pentathlon	comb.
Mayana CARTER (Fr.)	9.62		Patriot Games	15th

4x400 RELAY

Chanel Williams - Natasha Emmanuel - Kristina Keegan - Tolulope Olugbemi				
	3:51.24	(b/e)	Virginia Tech Challenge	5th
Chanel Williams - Natasha Emmanuel - Kristina Keegan - Tolulope Olugbemi				
	3:55.22		ACC Championships	11th

DISTANCE MEDLEY RELAY

Erin Matyus - Kristina Keegan - Melissa Mark - Lindsay Ritchings				
	12:09.18		ACC Championships	10th

HIGH JUMP

Toni ALUKO (Jr.)	5-08.75	(e)	Virginia Tech Invitational	2nd
ALUKO	5-08.00		ACC Championships	3rd
ALUKO	5-07.00		Terrapin Invitational	2nd
Christina SMITH (Jr.)	5-02.50		ACC Pentathlon	comb.
Tinsley STOKES (Fr.)	5-01.00		Terrapin Invitational	T13th
Katie ROGUS (So.)	4-09.75		ACC Pentathlon	comb.

POLE VAULT

Kaitlyn FITZGERALD (So.)	12-00.50	Virginia Tech Challenge	8th
FITZGERALD	11-09.75	ACC Championships	T10th
FITZGERALD	11-06.25	Penn State National Inv.	11th

LONG JUMP

Toni ALUKO (Jr.)	19-03.25	(e)	ACC Championships	5th
ALUKO	18-04.50		Virginia Tech Invitational	12th
ALUKO	18-03.75		ECAC Championships	8th
Ashley CARBRAY (Fr.)	18-01.00		Virginia Tech Invitational	18th
Katie ROGUS (So.)	18-00.50		New Balance Collegiate	19th
Tiffani LONG (Fr.)	18-00.25		Terrapin Invitational	3rd
LONG	17-02.25		ACC Championships	18th
ROGUS	17-01.25		ACC Pentathlon	comb.
CARBRAY	16-07.00		ACC Championships	19th
Christina SMITH (Jr.)	15-11.75		ACC Pentathlon	comb.

TRIPLE JUMP

Toni ALUKO (Jr.)	39-11.50	(e)	Virginia Tech Challenge	5th
ALUKO	38-07.75		ECAC Championships	11th
ALUKO	38-04.25		Terrapin Invitational	2nd
ALUKO	38-00.00		ACC Championships	11th
Ashley CARBRAY (Fr.)	37-07.25		Virginia Tech Invitational	T17th
Natalie GOODMAN (Fr.)	34-04.00		Terrapin Invitational	10th

SHOT PUT

Jillian ANWAH (Jr.)	49-08.50	(e)	Virginia Tech Invitational	5th
ANWAH	47-09.25		ACC Championships	6th
ANWAH	47-08.50		New Balance Collegiate	9th
ANWAH	46-09.50		ECAC Championships	7th
ANWAH	44-10.25		Thomson Invitational	1st
Christina SMITH (Jr.)	44-00.00		ACC Pentathlon	comb.
Aysha GREGORY (Jr.)	43-11.75		Virginia Tech Invitational	11th
GREGORY (So.)	31-10.25		ACC Pentathlon	comb.

20-POUND WEIGHT THROW

Jillian ANWAH (Jr.)	59-11.75	(e)	Thomson Invitational	1st
ANWAH	59-09.00		Virginia Tech Invitaitonal	4th
ANWAH	59-09.00		Penn State National Inv.	5th
ANWAH	58-04.75		ACC Championships	6th
Aysha GREGORY (Jr.)	54-05.50	(e)	ACC Championships	10th
ANWAH	54-00.50		ECAC Championships	4th

PENTATHLON

Christina SMITH (Jr.)	3,493	ACC Championships	12th
(60H: 9.20; HJ: 5-2.50; SP: 44-0; LJ: 15-11.75; 800m: 2:35.88)			
Katie ROGUS (So.)	3,297	ACC Championships	14th
(60H: 9.32; HJ: 4-9.75; SP: 31-10.25; LJ: 17-1.25; 800m: 2:26.45)			

2007 WOMEN'S OUTDOOR MARKS

(a) - NCAA automatic mark; (e) - ECAC qualifying mark;
(p) - NCAA provsional mark; (r) - NCAA regional mark

100 METERS

Name	Mark	Meet	Plc
Natasha EMMANUEL (Jr.)	12.44	Navy Invitational	5th
Janea GRIMES (Fr.)	12.56	Patriot Open - Final	6th
Christina SMITH (Jr.)	12.59	Duke Asics Invitational	17th
B. LEE-RICHARDSON (So.)	12.66	Navy Invitational	6th
Tiffani LONG (Fr.)	12.72	Navy Invitational	7th
Ashley CARBRAY (Fr.)	12.96	Duke Asics Invitational	36th
Ini AKPANDAK (Fr.)	13.08	Maryland Invitational	25th

200 METERS

Christina SMITH (Jr.)	24.63 (e)	Navy Invitational	1st
SMITH	24.73	ACC Heptathlon	multi
SMITH	24.74	Maryland Invitational	4th
SMITH	24.75	ECAC Heptathlon	multi
SMITH	25.14	Onesty/Abramson Invit.	5th
Natasha EMMANUEL (Jr.)	25.38	Navy Invitational	3rd
Candace HOLNESS (Jr.)	25.73	ACC Championships	29th
Tolulope OLUGBEMI (Fr.)	26.00	ACC Championships	31st
Tiffani LONG (Fr.)	26.11	Maryland Invitational	23rd
B. LEE-RICHARDSON (So.)	26.20	Maryland Invitational	25th
Janea GRIMES (Fr.)	26.29	Patriot Open	10th
Ini AKPANDAK (Fr.)	26.43	Maryland Invitational	29th
Natalie GOODMAN (Fr.)	26.81	Duke Asics Invitational	34th
Katie ROGUS (So.)	27.17	ACC Heptathlon	multi

400 METERS

Natasha EMMANUEL (Jr.)	56.42 (e)	Georgia Tech Invitational	25th
EMMANUEL	56.58	Patriot Open	5th
EMMANUEL	57.13	Maryland Invitational	4th
EMMANUEL	58.06	ACC Championships	19th
Tolulope OLUGBEMI (Fr.)	58.38	Patriot Open	6th
Natalie GOODMAN (Fr.)	58.47	ACC Championships	21st
OLUGBEMI	58.62	Navy Invitational	1st
Kelley PRY (Fr.)	1:00.71	Maryland Invitational	22nd
Candace HOLNESS (Jr.)	1:02.51	Onesty/Abramson Invit.	27th

800 METERS

Libby BABCOCK (So.)	2:15.19	ACC Championships	17th
Melissa MARK (So.)	2:15.79	Maryland Invitational	2nd
MARK	2:15.90	ACC Championships	20th
BABCOCK	2:16.34	Maryland Invitational	3rd
Erin MATYUS (Fr.)	2:16.71	Maryland Invitational	4th
Christina NELSON (Fr.)	2:17.66	Patriot Open	9th
Kailyn CAGE (Fr.)	2:24.09	Maryland Invitational	23rd
Lindsay RITCHINGS (Fr.)	2:25.69	Maryland Invitational	28th
Katie ROGUS (So.)	2:25.75	ACC Heptathlon	multi
Katie HANNUM (Jr.)	2:26.43	Navy Invitational	11th
Kasey JAMISON (Fr.)	2:27.41	Maryland Invitational	33rd
Christina SMITH (Jr.)	2:32.93	ACC Heptathlon	multi
Kristin REED (Fr.)	2:34.12	Maryland Invitational	43rd
SMITH	2:39.42	ECAC Heptathlon	multi

1,500 METERS

Christina NELSON (Fr.)	4:44.19	Georgia Tech Invitational	20th
Lindsay RITCHINGS (Fr.)	4:44.49	Maryland Invitational	5th
Erin MATYUS (Fr.)	4:44.68	Duke Asics Invitational	39th
MATYUS	4:47.02	Disney World Invitational	9th
RITCHINGS	4:47.18	Navy Invitational	3rd
Meghan BRAFFET (Jr.)	4:50.15	Navy Invitational	7th
Andrea ROTHSCHILD (Fr.)	4:50.72	Navy Invitational	8th
MATYUS	4:51.36	ACC Championships	29th
NELSON	4:51.41	ACC Championships	30th
Kasey JAMISON (Fr.)	4:57.60	Maryland Invitational	23rd
Amanda ROBOTTI (So.)	4:57.70	Navy Invitational	10th
Kristin REED (Fr.)	5:01.08	Disney World Invitational	23rd
Leah COWDREY (Sr.)	5:09.06	Navy Invitational	17th
Danielle KARAGANNIS (Fr.)	5:11.92	Maryland Invitational	32nd

3,000 METERS

Andrea ROTHSCHILD (Fr.)	10:25.99	Onesty/Abramson Invit.	11th
Amanda ROBOTTI (So.)	10:28.27	Onesty/Abramson Invit.	12th
Leah COWDREY (Sr.)	11:05.50	Onesty/Abramson Invit.	24th

3,000 STEEPLECHASE

Kristin REED (Fr.)	11:24.24	ACC Championships	17th
REED	11:26.30	Duke Asics Invitational	12th
REED	11:26.82	Onesty/Abramson Invit.	3rd

5,000 METERS

Amanda ROBOTTI (So.)	18:20.85	Maryland Invitational	6th
ROBOTTI	18:28.69	ACC Championships	27th
Andrea ROTHSCHILD (Fr.)	18:38.60	ACC Championships	30th
Leah COWDREY (Sr.)	19:37.29	Maryland Invitational	12th

10,000 METERS

Meghan BRAFFET (Jr.)	36:23.83 (e)	ACC Championships	12th

100 HURDLES

Chanel WILLIAMS (So.)	13.78 (e/r)	ACC Champs. - Prelims	6th
C. WILLIAMS	14.05	NCAA East Regionals	23rd
C. WILLIAMS	14.05	ACC Champs. - Final	8th
Christina SMITH (Jr.)	14.38	ECAC Heptathlon	multi
SMITH	14.58	ACC Heptathlon	multi
Katie ROGUS (So.)	15.30	Navy Invitational	4th
ROGUS	15.68	ACC Heptathlon	multi
Mayana CARTER (Fr.)	16.37	Maryland Invitational	23rd

400 HURDLES

Chanel WILLIAMS (So.)	59.90 (e/r)	ACC Champs. - Prelims	4th
C. WILLIAMS	1:01.02	NCAA East Regionals	18th
C. WILLIAMS	1:01.29	Georgia Tech Invitational	13th
C. WILLIAMS	1:01.39	Onesty/Abramson Invit.	4th
Kristina KEEGAN (Sr.)	1:02.19 (e)	ACC Championships	11th
C. WILLIAMS	1:02.29	ACC Champs. - Final	7th
KEEGAN	1:03.61	Penn Relays	37th
Katie ROGUS (So.)	1:06.87	Maryland Invitational	13th

4x100 RELAY

Ashley Carbray - Christina Smith - Chanel Williams - Natasha Emmanuel			
	47.41 (e)	Duke Asics Invitational	2nd
Ini Akpandak - Ashley Carbray - Mayana Carter - Brittany Lee-Richardson			
	47.76	Maryland Invitational	2nd

4x400 RELAY

Christina Smith - Natalie Goodman - Kristina Keegan - Natasha Emmanuel			
	3:47.30 (e)	ACC Championships	9th
Kristina Keegan - Melissa Mark - Natasha Emmanuel - Libby Babcock			
	3:57.03	Duke Asics Invitational	10th

4x800 RELAY

Melissa Mark - Christina Nelson - Libby Babcock - Erin Matyus			
	9:09.36 (e)	Penn Relays	14th

SPRINT MEDLEY RELAY

Terps	4:06.46	Penn Relays	29th
Terps	4:09.43	Disney World Invitational	5th

DISTANCE MEDLEY RELAY

Terps	12:13.12	Disney World Invitational	2nd

HIGH JUMP

Toni ALUKO (Jr.)	5-10.00 (e/r)	ACC Championships	1st
ALUKO	5-08.75	Georgia Tech Invitational	T1st
ALUKO	5-07.75	Penn Relays	2nd
ALUKO	5-07.25	NCAA East Regionals	T9th
ALUKO	5-07.25	Maryland Invitational	1st
ALUKO	5-07.00	Disney World Invitational	2nd
Christina SMITH (Jr.)	5-06.00	ACC Heptathlon	multi
SMITH	5-03.00	ECAC Heptathlon	multi
Tinsley STOKES (Fr.)	5-01.00	Navy Invitational	T2nd
Katie ROGUS (So.)	4-09.75	ACC Heptathlon	multi

POLE VAULT

Zhanna BARER (Sr.)	11-11.75 (e)	Duke Asics Invitational	5th
BARER	11-09.75	ACC Championships	T10th
BARER	11-05.75	Navy Invitational	2nd
BARER	11-05.75	Maryland Invitational	1st
Kaitlyn FITZGERALD (So.)	11-05.75	Navy Invitational	3rd
FITZGERALD	10-11.75	Patriot Open	2nd

LONG JUMP

Tiffani LONG (Fr.)	18-02.25	Maryland Invitational	1st
LONG	18-00.25	Navy Invitational	2nd
Christina SMITH (Jr.)	17-11.75	ACC Heptathlon	multi
Ashley CARBRAY (Fr.)	17-09.00	Onesty/Abramson Invit.	6th
LONG	17-08.00	ACC Championships	20th
Toni ALUKO (Jr.)	17-06.75	Duke Asics Invitational	12th
Katie ROGUS (So.)	17-04.75	Navy Invitational	3rd
ROGUS	16-09.75	ACC Heptathlon	multi
ALUKO	16-05.00	ACC Championships	T23rd
ROGUS	16-05.00	ACC Championships	T23rd

TRIPLE JUMP

Toni ALUKO (Jr.)	40-11.75 (e/r)	ACC Championships	6th
ALUKO	40-05.50	NCAA East Regionals	20th
ALUKO	38-06.25	Disney World Invitational	6th
Ashley CARBRAY (Fr.)	36-10.25	ACC Championships	14th

SHOT PUT

Jillian ANWAH (Jr.)	47-07.75 (e/r)	ACC Championships	8th
ANWAH	47-03.75	Disney World Invitational	4th
ANWAH	46-08.25	ECAC Championships	4th
Zakiya SHIVERS (Sr.)	46-00.50 (e)	Disney World Invitational	5th

SHOT PUT CONT.

Ashley WILLIAMS (So.)	45-03.75 (e)	ACC Championships	13th
ANWAH	44-06.25	Penn Relays	9th
ANWAH	43-08.75	Patriot Open	1st
Aysha GREGORY (Jr.)	43-03.00	Maryland Invitational	5th
SHIVERS	43-02.50	ACC Championships	16th
A. WILLIAMS	42-11.75	Navy Invitational	1st
SHIVERS	41-11.50	ECAC Championships	19th
Christina SMITH (Jr.)	41-04.50	ACC Heptathlon	multi
SMITH	40-01.25	ECAC Heptathlon	multi
A. WILLIAMS	39-02.25	ECAC Championships	19th
Katelyn POSS (Fr.)	34-11.25	Navy Invitational	6th
Katie ROGUS (So.	33-03.00	ACC Heptathlon	multi

DISCUS

Jillian ANWAH (Jr.)	157-08 (e/r)	Duke Asics Invitational	4th
ANWAH	156-00	ACC Championships	5th
Zakiya SHIVERS (Sr.)	155-08 (e/r)	ACC Championships	6th
ANWAH	153-04	NCAA East Regionals	14th
SHIVERS	153-02	ECAC Championships	5th
ANWAH	144-11	Patriot Open	1st
SHIVERS	141-09	Penn Relays	16th
SHIVERS	139-08	Disney World Invitational	2nd
Aysha GREGORY (Jr.)	137-08	Duke Asics Invitational	13th
GREGORY	134-03	ACC Championships	19th
GREGORY	132-10	Disney World Invitational	4th
ANWAH	127-00	ECAC Championships	27th
Katelyn POSS (Fr.)	116-03	Patriot Open	8th

JAVELIN

Christina SMITH (Jr.)	108-00	Maryland Invitational	12th
SMITH	106-02	ECAC Heptathlon	multi
SMITH	103-07	Patriot Open	3rd
SMITH	97-08	ACC Heptathlon	multi
Katie ROGUS (So.)	67-08	ACC Heptathlon	multi

HAMMER

Zakiya SHIVERS (Sr.)	179-03 (e/r)	ECAC Championships	3rd
Aysha GREGORY (Jr.)	178-06 (e/r)	ECAC Championships	4th
GREGORY	176-11	ACC Championships	7th
SHIVERS	175-04	Duke Asics Invitational	4th
SHIVERS	173-02	Penn Relays	7th
SHIVERS	173-00	Patriot Open	1st
GREGORY	172-02	Penn Relays	8th
SHIVERS	169-11	ACC Championships	10th
SHIVERS	169-01	NCAA East Regionals	14th
SHIVERS	167-01	Maryland Invitational	1st
SHIVERS	166-09	Disney World Invitational	1st
Jillian ANWAH (Jr.)	154-11	Duke Asics Invitational	13th
ANWAH	153-09	ACC Championships	12th
Katelyn POSS (Fr.)	125-00	Patriot Open	6th
Ashley WILLIAMS (So.)	97-09	Maryland Invitational	22nd

HEPTATHLON

Christina SMITH (Jr.)	5,165 (e/p)	ACC Championships	5th
(100H: 14.58; HJ: 5-6; SP: 41-4.50; 200m: 24.73; Day1: 3342; LJ: 17-11.75; JT: 97-8; 800m: 2:32.93)			
SMITH	4,628	ECAC Championships	8th
(100H: 14.38; HJ: 5-3; SP: 40-1.25; 200m. 24.75; Day1: 3247; LJ: 12-8.50; JT: 106-2; 800m: 2:39.42)			
Katie ROGUS (So.)	4,228	ACC Championships	9th
(100H: 15.60; HJ: 4-9.75; SP: 33-3; 200m. 27.17; Day1: 2588; LJ: 16-9.75; JT: 67-8; 800m: 2:25.75)			

WOMEN'S INDOOR ALL-TIME MARKS

Marks available at press time
Marks in 2007 in bold... Current Terps in CAPS
(b) - mark on banked track
Mark listed is not converted

55 METERS

1	6.95	Stacy Minott	1998
2	7.08	Tesheya Hoist	1999
3	7.14	Shawna Morgan	2000
4	7.17	Toni Jefferson	2001
5	7.23	Onome Pela	1999
6	7.24	Lynn Hernandez	2000
7	7.27	Rashida Twiggs	2000
8	**7.29**	**CHRISTINA SMITH**	**2007**
9	**7.33**	**NATASHA EMMANUEL**	**2007**
10	7.36	Tangela Wobbleton	1998
Hand Times			
	6.8	Stacey Minott	1998
	6.9	Tesheya Hoist	1998

60 METERS

1	7.45	Stacy Minott	2000
2	7.47	Toni Jefferson	2002
3	7.50	Teyarnte Carter	2004
4	7.57	Tesheya Hoist	1999
5	7.59	Lynn Hernandez	2006
6	7.62	Rashida Twiggs	2001
7	7.77	Shawna Morgan	2000
8	**7.86**	**CHRISTINA SMITH**	**2007**
9	7.90	Tia Burley	2001
10	7.91	Onome Pela	1998

200 METERS

1	24.10		Tia Burley	2001
2	24.23	(b)	Toni Jefferson	2003
3	24.36		Candyce DeLoatch	1999
4	24.54		Teyarnte Carter	2004
5	24.59		Tesheya Hoist	1999
6	24.73		Lynn Hernandez	2005
7	24.80		Devenn Hamilton	2003
8	24.96	(b)	Heather Houston	2004
9	25.16	(b)	NATASHA EMMANUEL	2005
10	25.30		Dionne Hamilton	2003

400 METERS

1	53.91		Candyce DeLoatch	2000
2	54.38	(b)	Tia Burley	2004
3	55.15		Renee Clarke	2006
4	55.73		Sharon Scotland	1991
5	55.83		Toni Jefferson	2001
6	55.90	(b)	Devenn Hamilton	2003
7	56.37		Nikki Webster	1997
8	56.98		Laura Novell	n/a
9	57.22	(b)	NATASHA EMMANUEL	2005
10	57.23	(b)	Dionne Hamilton	2002

500 METERS

1	1:13.27	Tia Burley	2004
2	1:14.02	Renee Clarke	2006
3	1:14.77	Candyce DeLoatch	2000
4	1:15.25	Kelly Wallace	2006
5	1:15.89	Devenn Hamilton	2002
6	1:16.39	Laura Novell	n/a
7	1:16.84	Thema Napier	2000
8	1:16.90	Nikki Webster	1998
9	1:17.15	Dionne Hamilton	2001
10	1:17.33	Becky Nathan	n/a

800 METERS

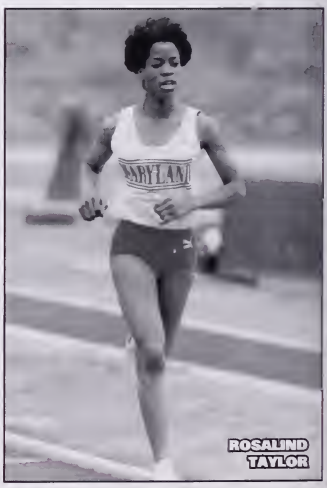
1	2:08.00		Bobbie McGee	1984
2	2:10.53		Rosalind Taylor	1989
3	2:10.99		Kerrie Bowes	1996
4	2:12.48		Thema Napier	2002
5	2:14.68		Rebecca Mack	1999
6	2:14.57	(b)	Danielle Siebert	2004
7	2:15.44		Kelly Wallace	2003
8	2:16.58		Elaine Patterson	1986
9	2:17.57		Melissa Hennessey	1997
10	2:17.83		Dessalyn Jolley	1999

1,000 METERS

1	2:44.82		Rosalind Taylor	1987
2	2:50.70		Bobbie McGee	1985
3	2:51.10		Kerrie Bowes	1996
4	2:52.50		Carolyn Forde	1984
5	2:54.1h	(mt)	Laura Fiedler	1985
6	2:56.20		Rebecca Mack	1999
7	2:57.21		Debbie Dohmeier	1984
8	2:57.52		Danielle Siebert	2005
9	2:59.9h	(mt)	Elaine Patterson	1986
10	3:00.11		Beth Jacobson	1988

MILE

1	4:39.09		Rosalind Taylor	1989
2	4:45.7h	(mt)	Carolyn Forde	1984
3	4:47.09		Kerrie Bowes	1996
4	4:47.80		Pat Walker	1982
5	4:48.62		Bobbie McGee	1984
6	4:49.63	(b)	Danielle Siebert	2006
7	4:53.75		Meghan White	2000
8	4:55.53	(b)	Laurel Jefferson	2006
9	4:57.27		MEGHAN BRAFFET	2006
10	4:57.96		Allison Carney	2004



3,000 METERS

1	9:20.92		Carolyn Forde	1984
2	9:34.83		Rosalind Taylor	1988
3	9:40.86		MEGHAN BRAFFET	2005
4	9:41.96		Katie Purcell	2006
5	9:42.10		Kerrie Bowes	1996
6	9:44.86		Pat Walker	1983
7	9:52.93		Justine Kovacs	2004
8	9:59.19		Suzanne Jones	1988
9	10:00.1h	(mt)	Beth Jacobson	1988
10	10:00.24	(b)	Laurel Jefferson	2006

5,000 METERS

1	16:32.95	(b)	MEGHAN BRAFFET	2006
2	16:40.64	(b)	Katie Purcell	2006
3	17:03.2h	(mt)	Mary Walsh	1982
4	17:28.98	(b)	Cori Koch	2006
5	17:32.6h	(mt)	Beth Jacobson	1988
6	17:49.38		Justine Kovacs	2004
7	17:57.23		Aimee Philippi	1998
8	18:13.18		Shari Gorga	2005
9	18:22.3h	(mt)	Suzanne Jones	1988
10	18:30.29		AMANDA ROBOTTI	2007

55-METER HURDLES

1	7.97	Paula Girven	1979
2	**8.12**	**CHANEL WILLIAMS**	**2007**
3	8.20	Thema Napier	2000
4	8.22	Tiffany Hester	1998
5	8.24	Amber Stanley	2001
6	8.30	Onome Pela	1999
7	8.36	Yolanda Brown	1997
8	8.53	Raina Domneys	1997
9	**8.57**	**KATIE ROGUS**	**2007**
10	8.60	Dessalyn Jolley	1998

60-METER HURDLES

1	8.49	Kierra Foster	2003
2	8.52	Thema Napier	2002
3	8.58	Amber Stanley	2002
4	**8.59**	**CHANEL WILLIAMS**	**2007**
5	8.72	Shenae Dawkins	2004
6	8.91	Onome Pela	1998
7	8.94	CHRISTINA SMITH	2006
8	9.00	Yolanda Brown	1998
9	**9.12**	**KATIE ROGUS**	**2007**
10	9.23	Tiffany Hester	1998

4X400 RELAY

1	3:37.87	(b)	Napier-De.Hamilton-Jefferson-Burley	2002
2	3:41.51		team unavailable	2000
3	3:44.83		team unavailable	2001
4	3:44.87		team unavailable	1997
5	3:45.36		Burley-Carter-Keegan-Jefferson	2004
6	3:46.62	(b)	Carter-Hamilton-Hamilton-Jefferson	2003
7	3:48.99		Clarke-Radziminski-Wallace-Emmanuel	2005
8	3:49.04	(b)	Hernandez-Wallace-Keegan-Clarke	2006
9	3:50.4h	(mt)	team unavailable	1998

4X800 RELAY

1	8:52.24		Grim-McKinnon-Scotland-Colligan	1991
2	9:38.90		team unavailable	1998
3	9:42.82	(b)	team unavailable	2001
4	9:44.19	(b)	team unavailable	2000
5	9:57.39	(b)	team unavailable	2005

DISTANCE MEDLEY RELAY

1	11:43.00		Colligan-McKinnon-Crawford-Grim	1986
2	11:52.70		Smith-Di.Hamilton-Siebert-Carney	2003
3	11:53.01		team unavailable	1990
4	11:56.68		Braffet-Jefferson-Kovacs-Siebert	2004
5	11:58.77		team unavailable	1997
6	12:04.48		team unavailable	2001
7	12:05.98		team unavailable	2000
8	12:06.54		team unavailable	1998
9	12:06.65	(b)	Siebert-Holness-Babcock-Jefferson	2006
10	12:09.18		Matyus-Keegan-Mark-Ritchings	2007

HIGH JUMP

1	6-01.00	Paula Girven	1980
2	6-00.00	Jolene Chase	1979
3	5-11.50	Vanessa Jones	2000
4	5-10.50	TONI ALUKO	2005
5	5-06.00	Monica Kuhn	1987
6	5-05.75	Jasmine Artis	2005
t7	5-05.00	LIBBY BABCOCK	2006
t7	5-05.00	Meghan Walsh	2005
t9	5-03.00	Kendall Bolte	2003
t9	5-03.00	Jessica Taibe	2003
t9	5-03.00	Amber Stanley	2002

POLE VAULT

1	12-09.50	Natalie Dye	2003
2	12-05.50	Zhanna Barer	2005
3	**12-00.50**	**KAITLYN FITZGERALD**	**2007**
4	11-03.75	Meghan Walsh	2005
t5	10-06.00	Jaime Dorshimer	1998
t5	10-06.00	Meghan Watts	2004

LONG JUMP

1	21-08.00	Kierra Foster	2006
2	21-03.25	Lynn Hernandez	2006
3	20-00.50	Punnie Chittchang	2001
4	19-09.00	Linda Spenst	n/a
5	19-04.25	Heather Houston	2004
t6	**19-03.25**	**TONI ALUKO**	**2007**
t6	19-03.25	Melody Vaughn	1998
8	18-10.00	Nikki Webster	1998
9	18-09.00	Toni Jefferson	2002
10	18-08.50	Shenae Dawkins	2004

TRIPLE JUMP

1	43-09.25	Marchelle Payne	1992
2	40-02.00	Shenae Dawkins	2004
3	40-02.00	Nikki Webster	1998
4	**39-11.50**	**TONI ALUKO**	**2007**
5	39-08.75	Punnie Chittchang	2001
6	39-05.00	Kierra Foster	2003
7	39-00.50	Raina Domneys	1996
8	38-08.25	Anke Ogundipe	2001
9	**37-07.25**	**ASHLEY CARBRAY**	**2007**
10	36-09.50	Heather Houston	2000

SHOT PUT

1	55-11.75	Marita Walton	1982
2	**49-08.50**	**JILLIAN ANWAH**	**2007**
3	49-00.25	Tracy Ojeniyi	2002
4	47-09.75	Bria Johnson	2006
5	46-06.25	Zakiya Shivers	2004
6	45-06.25	Labelle Hillgrove	2004
7	45-10.50	AYSHA GREGORY	2006
8	**44-00.00**	**CHRISTINA SMITH**	**2007**
9	42-03.50	Heather Atkinson	1997
10	41-09.25	Ruth Kura	2002

20-POUND WEIGHT THROW

1	66-09.25	Ruth Kura	2002
2	**59-11.75**	**JILLIAN ANWAH**	**2007**
3	59-01.50	Zakiya Shivers	2006
4	56-06.00	Aranda Brown	2002
5	55-09.00	Cathy Porter	1998
6	55-09.00	Heather Atkinson	1997
7	**54-05.50**	**AYSHA GREGORY**	**2007**
8	51-02.75	Meghan Krodel	2002
9	51-00.00	Tene Aiken	1998
10	50-10.00	Labelle Hillgrove	2003

PENTATHLON

1	4,100	Linda Spenst	1985
2	**3,493**	**CHRISTINA SMITH**	**2007**
3	3,476	Heather Houston	2004
4	**3,297**	**KATIE ROGUS**	**2007**
5	3,008	Jasmine Artis	2005
6	2,987	Diana Prestileo	2004
7	2,630	Meghan Walsh	2005

EDITOR'S NOTE

Maryland Track and Field is working with the Athletic Media Relations Office to fill all-time top-10 lists for indoor and outdoor track. Many records are missing from the files and it is not our intention to slight any alumni who should be on these lists. Alumni with proof of performances should send a copy of those to the Athletic Media Relations Office, 2731 Comcast Center, University of Maryland, College Park, MD 20741.

WOMEN'S OUTDOOR ALL-TIME MARKS

Marks available at press time
Marks in 2007 in bold... Current Terps in CAPS
(mt) - manual time... All marks converted

100 METERS

1	11.50	Leola Toomer	1979
2	11.51	Stacy Minott	2000
3	11.64	Toni Jefferson	2002
4	11.73	Tesheya Hoist	1997
5	11.89	Lynn Hernandez	2006
6	11.98	Teyarnte' Carter	2003
7	12.01	Rashida Twiggs	2000
8	12.07	Nikki Webster	1997
9	12.09	Onome Pela	1996
10	12.23	Shawna Morgan	1999

200 METERS

1	23.79	Toni Jefferson	2002
2	23.87	Lynn Hernandez	2006
3	23.91	Tia Burley	2001
4	23.95	Candyce DeLoatch	2000
t5	24.20	Carolyn McRoy	1977
t5	24.20	Leola Toomer	1980
7	24.42	Nikki Webster	1997
8	24.44	Tesheya Hoist	1997
9	24.53	Teyarnte' Carter	2004
10	**24.63**	**CHRISTINA SMITH**	**2007**

CANDYCE DELOATCH

400 METERS

1	53.16	Candyce DeLoatch	1999
2	53.49	Tia Burley	2004
3	53.98	Toni Jefferson	2002
4	54.24 (mt)	Bobbie McGee	1984
5	54.53	Renee Clarke	2006
t6	55.24	Nikki Webster	1997
t6	55.24	Devenn Hamilton	2003
8	**56.42**	**NATASHA EMMANUEL**	**2007**
9	56.70	Antoinette Eyombo	1996
10	57.34	Dionne Hamilton	2000

800 METERS

1	2:05.61	Bobbie McGee	1984
2	2:06.84 (mt)	Rosalind Taylor	1987
3	2:07.51	Kerrie Bowes	1996
4	2:09.81	Carolyn Forde	1983
5	2:10.75	Danielle Siebert	2005
6	2:10.84 (mt)	Pat Walker	1983
7	2:13.48	Candyce DeLoatch	1999
8	2:13.58	Kelly Wallace	2005
9	2:13.80	Elaine Patterson	1985
10	2:14.26	Rebecca Mack	2000

1,500 METERS

1	4:13.42	Rosalind Taylor	1988
2	4:20.82	Carolyn Forde	1984
3	4:22.24 (mt)	Pat Walker	1983
4	4:22.64 (mt)	Debbie Pavik	1980
5	4:22.97	Kerrie Bowes	1996
6	4:27.24 (mt)	Bobbie McGee	1984
7	4:29.71	Danielle Siebert	2005
8	4:32.44 (mt)	Janice Farr	1984
9	4:33.05	Debbie Dohmeier	1983
10	4:35.57	MEGHAN BRAFFET	2006
Mile Run			
	4:45.04	Carolyn Forde	1984

3,000 METERS

1	9:15.44 (mt)	Rosalind Taylor	1988
2	9:19.04 (mt)	Carolyn Forde	1985
3	9:38.81	Kerrie Bowes	1996
4	9:47.09	MEGHAN BRAFFET	2006
5	9:49.04 (mt)	Beth Jacobson	1987
6	9:54.34 (mt)	Elaine Patterson	n/a
7	9:54.84 (mt)	Debbie Dohmeier	n/a
8	10:02.23	Justine Kovacs	2004
9	10:03.16	Meghan White	2000
10	10:05.63	Laurel Jefferson	2006

3,000-METER STEEPLECHASE

1	11:02.61	Shari Gorga	2005
2	11:15.27	SARAH STEIN	2006
3	11:18.82	Allison Carney	2006
4	**11:24.24**	**KRISTEN REED**	**2007**
5	11:33.60	Rebecca Funk	2003
6	12:14.02	Marjorie Bollinger	2001
7	12:23.29	Amie Shomette	2004

5,000 METERS

1	16:34.24 (mt)	Carolyn Forde	1987
2	16:35.72	MEGHAN BRAFFET	2006
3	16:49.74 (mt)	Beth Jacobson	1987
4	17:04.70	Suzanne Jones	1988
5	17:04.84	Katie Purcell	2006
6	17:08.66	Laurel Jefferson	2006
7	17:11.34 (mt)	Mary Walsh	1985
8	17:22.20	Justine Kovacs	2004
9	17:37.16	Kim Smith	2003
10	17:38.07	Cori Koch	2006

10,000 METERS

1	34:09.26	Jennifer Van Horn	1991
2	35:09.74 (mt)	Beth Jacobson	1987
3	35:39.38	MEGHAN BRAFFET	2006
4	36:14.71	Cori Koch	2005
5	37:19.84 (mt)	Johanna Mansilla	1987
6	37:26.99	Katie Purcell	2006
7	37:43.46	Aimee Philippi	1997
8	37:53.46	Rebecca Funk	2003
9	37:56.00	Andria Johnson	1996
10	38:02.34 (mt)	Tammie Devore	1987

100-METER HURDLES

1	13.75	Thema Napier	2000
2	**13.78**	**CHANEL WILLIAMS**	**2007**
3	13.91	Kierra Foster	2006
4	13.94	Amber Stanley	2002
5	14.17	Tamela Penny	1985
6	14.29	CHRISTINA SMITH	2005
7	14.57	Shenae Dawkins	2004
8	14.64	Tiffany Hester	1999
9	14.88	Kristina Keegan	2004
10	14.97	Dessalyn Jolley	1999

400-METER HURDLES

1	57.73	Thema Napier	2002
2	**59.90**	**CHANEL WILLIAMS**	**2007**
3	1:00.55	Dessalyn Jolley	1998
5	1:01.19	Tia Burley	2000
5	1:01.70	Susan White	1977
6	1:01.80	Kristina Keegan	2006
7	1:01.81	Amanda Radziminski	2005
8	1:03.12	Dionne Hamilton	2002
9	1:03.38	Kristina Keegan	2004
10	1:05.50	NATASHA EMMANUEL	2006

4X100 RELAY

1	45.58	Hoist-Vaughn-Webster-Minott	2002
2	45.60	team unavailable	1999
3	45.79	Hoist-Pela-Webster-Minott	1997
4	45.87	team unavailable	2001
5	45.95	team unavailable	2000
6	46.19	team unavailable	2005
7	46.44	team unavailable	1980
8	46.86	Jefferson-Foster-Johnson-Carter	2003
9	**47.41**	**Carbray-Smith-C.Williams-Emmanuel**	**2007**
10	48.60	Dawkins-Carter-Radziminski-Bare	2004

4X400 RELAY

1	3:37.86	Napier-De.Hamilton- Burley-Jefferson	2002
2	3:38.87	Jefferson-De.Hamilton-Napier-Burley	2001
3	3:39.53	Eyombo-Butler-DeLoatch-Webster	1997
4	3:41.09	team unavailable	2000
5	3:41.10	team unavailable	1980
6	3:41.92	team unavailable	2003
7	3:45.60	Emmanuel-Keegan-Hernandez-Clarke	2006
8	3:46.41	Radziminski-Emmanuel-Wallace-Clarke	2005
9	3:46.56	Burley-Houston-Jefferson-Wallace	2004
10	3:46.95	team unavailable	1999

4X800 RELAY

1	8:56.5	(mt)	Dunlap-Miller-Grebel-Pank	1978

SHUTTLE HURDLE RELAY

1	57.69	Napier-Prestileo-Burley-Stanley	2002
2	59.32	team unavailable	2000

SPRINT MEDLEY RELAY

1	3:55.37	Foster-Emmanuel-Clarke-Siebert	2005
2	3:55.62	Hoist-DeLoatch-Butler-Bowes	1997
3	3:57.17	team unavailable	2006

DISTANCE MEDLEY RELAY

1	11:43.8h	(mt)	team unavailable	1986

HIGH JUMP

1	6-02.00	Paula Girven	1980
2	6-01.00	Jolean Chase	1979
3	6-00.50	Vanessa Jones	2000
4	**5-10.00**	**TONI ALUKO**	**2007**
5	**5-06.00**	**CHRISTINA SMITH**	**2007**
6	5-05.25	Meghan Walsh	2005
7	5-03.75	Juliana Njoku	1996
8	5-03.50	Amber Stanley	2000
9	5-03.25	Jasmine Artis	2005
10	5-02.00	Kendall Bolte	2003

POLE VAULT

1	12-09.50	Natalie Dye	2003
2	12-05.50	Zhanna Barer	2005
3	11-09.75	KAITLYN FITZGERALD	2006
4	11-00.25	Meghan Walsh	2005
5	10-06.00	Jaime Dorshimer	1997

LONG JUMP

1	21-08.25	Kierra Foster	2006
2	21-02.75	Lynn Hernandez	2005
t3	20-05.25	Tamela Penny	1982
t3	20-05.25	Tomi Ricker	1983
5	20-04.25	Heather Houston	2004
6	20-03.00	Punnie Chittchang	2002
7	19-01.75	Nikki Webster	1997
8	18-09.25	Tiffany Johnson	2003
9	18-04.50	Amber Stanley	2001

TRIPLE JUMP

1	42-11.75	Marchelle Payne	1993
2	41-03.75	Nikki Webster	1999
3	**40-11.75**	**TONI ALUKO**	**2007**
4	39-03.00	Shenae Dawkins	2004
5	39-01.00	Raina Domneys	1997
6	38-09.50	Punnie Chittchang	2000
7	38-06.00	Kierra Foster	2003
8	38-00.00	Anike Ogundipe	2000
9	37-11.50	Amanda Coleman	1999
10	**36-10.25**	**ASHLEY CARBRAY**	**2007**

SHOT PUT

1	55-09.00	Marita Walton	1983
2	48-00.00	Bria Johnson	2006
3	**47-07.75**	**JILLIAN ANWAH**	**2007**
4	47-06.00	Tracy Ojeniyi	2002
5	**46-00.50**	**Zakiya Shivers**	**2007**
6	**45-03.75**	**ASHLEY WILLIAMS**	**2007**
7	45-00.25	Labelle Hillgrove	2004
8	44-01.25	AYSHA GREGORY	2005
9	43-05.25	Heather Atkinson	1997
10	42-04.25	Angie Rosamilia	2001

DISCUS

1	170-05	Marita Walton	1982
2	**157-08**	**JILLIAN ANWAH**	**2007**
3	156-02	Zakiya Shivers	2005
4	145-09	Labelle Hillgrove	2004
5	145-04	Bria Johnson	2006
6	144-10	Ruth Kura	2001
7	144-04	AYSHA GREGORY	2006
8	138-01	Angie Rosamilia	2000
9	132-07	Cathy Porter	1997
10	130-01	Thera Lawson	1997

JAVELIN

1	151-00	Sue Amey	1982
2	134-01	Heather Atkinson	1997
3	120-10	Angie Rosamilia	2000
4	118-05	Meghan Walsh	2005
5	115-04	Tracy Ojeniyi	1999
6	109-10	Amber Stanley	2001
7	**108-00**	**CHRISTINA SMITH**	**2007**
8	104-04	Bria Johnson	2003
9	101-06	Heather Houston	2004

HAMMER

1	183-00	Ruth Kura	2002
2	180-10	Cathy Porter	1999
3	**179-03**	**Zakiya Shivers**	**2007**
4	**178-06**	**AYSHA GREGORY**	**2007**
5	170-05	Heather Atkinson	1999
6	164-01	Aranda Brown	2003
7	163-03	JILLIAN ANWAH	2006
8	150-07	Tene Aiken	1999
9	143-09	Labelle Hillgrove	2004
10	140-02	Megan Krodel	2000

HEPTATHLON

1	5,594	Linda Spenst	1984
2	**5,165**	**CHRISTINA SMITH**	**2007**
3	4,917	Heather Houston	2004
4	4,723	Tracy Ojeniyi	2001
5	4,683	Amber Stanley	2001
6	4,656	Dessalyn Jolley	1999
7	**4,228**	**KATIE ROGUS**	**2007**
8	4,026	Onome Pela	1999
9	3,959	Yolanda Brown	1999
10	3,727	Diana Prestileo	2004

WOMEN'S RECORDS & HONORS

YEAR-BY-YEAR RESULTS

Year	Indoor Conf.	Indoor NCAA	Outdoor Conf.	Outdoor NCAA	Coach
1974	No team		—		Linda Balog
1975	No team		—		Linda Balog
1976	No team		—		Linda Balog
1977	—		—		Linda Balog
1978	—		—		Frank Costello
1979	—		—		Frank Costello
1980	—		—		Frank Costello
1981	—		—		Stan Pitts
1982	—		—	21 (16)	Stan Pitts
1983	---		2nd	T40 (9)	Stan Pitts
1984	---	T7 (12)	3rd	T36 (10)	Stan Pitts
1985	---		3rd	T40 (3)	Stan Pitts
1986	---		4th		Stan Pitts
1987	3rd		3rd		Stan Pitts
1988	3rd		T4th	T30 (5)	Goodman/Torpey
1989	6th	T24 (6)	6th	T29 (8)	Bill Goodman
1990	5th		7th		Bill Goodman
1991	7th		6th	T51 (3)	Bill Goodman
1992	6th	T31 (4)	7th	T34 (5)	Bill Goodman
1993	8th	T27 (4)	7th		Bill Goodman
1994	8th		7th		Bill Goodman
1995	7th		6th		Bill Goodman
1996	7th		9th		Bill Goodman
1997	5th		7th		Bill Goodman
1998	6th		8th		Bill Goodman
1999	5th		5th		Bill Goodman
2000	3rd		3rd		Bill Goodman
2001	6th		6th		Bill Goodman
2002	7th	T51 (1)	7th		Bill Goodman
2003	8th		9th		Bill Goodman
2004	6th		9th		Andrew Valmon
2005	10th	T49 (3)	11th		Andrew Valmon
2006	7th	22 (11)	T7th	T47 (4)	Andrew Valmon
2007	12th		11th		Andrew Valmon

ALL-AMERICANS

Year	Name	Event
1978	Paula Girven	High Jump
1979	Jalene Chase	High Jump
1980	Jalene Chase	High Jump
	Paula Girven	High Jump
	Marita Walton	Shot Put, Discus
1981	Juanita Alson	Pentathlon
	Debra Pavik	2 Mile
	Marita Walton	Shot Put
1982	Juanita Alson	Pentathlon
	Marita Walton	Shot Put, Discus
1983	Marita Walton	Shot Put
1984	Bobbie McGee	800
	Linda Spenst	Heptathlon
1985	Carolyn Forde	3000
1987	Rosalind Taylor	1000
1989	Rosalind Taylor	Mile, 1500
1990	Marchelle Payne	Triple Jump
1992	Marchelle Payne	Triple Jump
	Marchelle Payne	Triple Jump
1993	Marchelle Payne	Triple Jump
1996	Kerrie Bowes	Mile, 1500
1999	Candyce DeLoatch	400
2002	Ruth Kura	Weight Throw
2005	Kierra Foster	Long Jump (Ind.)
2006	Kierra Foster	Long Jump (Ind.)
	Kierra Foster	Long Jump (Out.)
	Lynn Hernandez	Long Jump (Ind.)

Paula Girven

Candyce DeLoatch

Ruth Kura

Kierra Bowes

Kierra Foster

WOMEN'S ACC MEET HONOR ROLL

ACC CHAMPIONS

INDOOR CHAMPS

1987	Monica Kuhn - HJ	5-6
	Rosalind Taylor - 1,000y	2:31.79
1989	Rosalind Taylor - Mile	4:45.19
1989	Rosalind Taylor - 800m	2:10.53
	Rosalind Taylor - Mile	4:46.04
1992	Marchelle Payne - TJ	43-9.25
1993	Marchelle Payne - TJ	42-0.75
1996	Kerrie Bowes - Mile	4:47.09
1997	Kerrie Bowes - Mile	4:53.47
	Heather Atkinson - WT	53-3
1999	Ruth Kura - WT	56-8.50
2000	Terps - 4x400 Relay	3:43.54
2002	Toni Jefferson - 60m	7.47
2002	Toni Jefferson - 200m	24.26
2006	Kierra Foster - LJ	21-8

OUTDOOR CHAMPS

1983	Carolyn Forde - 3,000m	9:44.30
	Tomi Rucker - LJ	19-1.50
	Sue Amey - JT	136-3
	Marita Walton - SP	52-1.25
	Marita Walton - DT	162-2
1984	Carolyn Forde - 800m	4:20.82
	Tamela Penny - HJ	5-7
	Linda Spenst - Hept	5,330
1985	Carolyn Forde - 800m	4:23.39
	Tamela Penny - 100H	14.17
	Monica Kuhn - HJ	5-7.75
	Linda Spenst - Hept	5,398
1986	Monica Kuhn - HJ	5-8.50
1987	Rosalind Taylor - 800m	4:20.76
1988	Rosalind Taylor - 800m	4:25.19
1992	Marchelle Payne - TJ	42-6
1993	Marchelle Payne - TJ	41-7.25
1997	Heather Atkinson - HT	157-3
1999	Cathy Porter - HT	180-10
2000	Vanessa Jones - HJ	6-0
2001	Tracy Ojeniyi - Hept	4,723
2006	MEGHAN BRAFFET - 10K	35:39.38
2007	TONI ALUKO - HJ	5-10.

INDOOR MEET MVPS

1992	Marchelle Payne*
1996	Kerrie Bowes

* - co-recipient

INDOOR ALL-ACC

1987	Rosalind Taylor
	Carla Brown
	Monica Kuhn
1988	Rosalind Taylor
	Carla Brown
1989	Rosalind Taylor
1992	Marchelle Payne
1993	Marchelle Payne
1996	Kerrie Bowes
1997	Heather Atkinson
	Kerrie Bowes
1998	Heather Atkinson
	Jaime Dorshimer
1999	Ruth Kura
2000	Candyce DeLoatch
	Stacey Minott
	Cathy Porter
	Tia Burley
	Vanessa Jones
	Dionne Hamilton
	Thema Napier
2001	Ruth Kura
	Tia Burley
	Tracy Ojeniyi
	Vanessa Jones
	Lynn Hernandez
2002	Toni Jefferson
	Ruth Kura
2003	Natalie Dye
	Kierra Foster
2004	Teyarnte' Carter
	Kierra Foster
2005	Zhanna Barer
	Kierra Foster
2006	MEGHAN BRAFFET
	Kierra Foster
	Lynn Hernandez
2007	TONI ALUKO

OUTDOOR MEET MVPS

1985	Linda Spenst

OUTDOOR ALL-ACC

1986	Monica Kuhn
1987	Rosalind Taylor
	Beth Jacobsen
1989	Jennifer Van Horn
1991	Jennifer Van Horn
	Marchelle Payne
1992	Marchelle Payne
1993	Marchelle Payne
1995	Simone Farrar
1997	Heather Atkinson
1998	Heather Atkinson
1999	Candyce DeLoatch
	Cathy Porter
	Vanessa Jones
	Dessalyn Jolley
2000	Vanessa Jones
	Candyce DeLoatch
	Stacey Minott
	Tracy Ojeniyi
2001	Vanessa Jones
	Thema Napier
	Tracy Ojeniyi
2003	Natalie Dye
2004	Heather Houston
2005	Zhanna Barer
	Kierra Foster
2006	MEGHAN BRAFFET
	Kierra Foster
	Lynn Hernandez
2007	TONI ALUKO

Current Terps in CAPS

MEN'S SEASON OUTLOOK

Andrew Valmon talks a great deal about "turning the corner" when discussing the 2008 University of Maryland men's track and field team.

He feels he's got a number of student-athletes who have already shown they have outstanding talent, who might be ready to take the next step necessary to grow into stars. Such will be the story line to watch for the 2008 Terrapins throughout the indoor and outdoor seasons.

As such, Valmon has stocked his coaching staff with both new talent and a strong commitment from some veterans. AuDrey Dempsey-Branch comes to Maryland after successful stints at ACC powers Georgia Tech and Clemson, while Terry Weir is the Terrapins' new distance coach, moving to College Park after building a successful distance program at nearby American University. Roland Desonier has moved to a full-time position and will continue his work with the throwers, while Frank Costello gives Valmon a Hall of Famer and former head coach to assist with hurdles and jumps.

"We're looking for a lot of guys to turn the corner," said Valmon, a two-time Olympic gold medalist who begins his fifth season as Maryland's head track and field coach. "In a number of areas, we have people who are ready to take the next step.

"This year, our focus is not as much about placing, but it's about sacrifice. Our student-athletes are in training for 12 months and competing for six. We're talking a lot about answering the question, 'Why do you do this?' If they're working hard to be successful, to grow and improve, then the places and marks should take care of themselves."

Setting the tone for the 2008 Terrapins will be senior hurdlers Dominic Berger and Adam Durham. That duo represented Maryland last spring at the NCAA Outdoor Nationals.

"We'll want to send these guys out right," said Valmon. "They were members of our first recruiting class here and that's always a group that you have special feelings about as a coach."

They will lead a group of veteran sprinters, jumpers and a thrower who each seem ready to make big moves in their performances in 2007. Combined with a youthful corps of distance runners that showed improvement late in the cross country season, Valmon hopes his team is ready to continue the consistent progress shown during each of his seasons in College Park.

SPRINTS

Maryland is as deep in the sprinters group as any time during Valmon's tenure. He has a solid group of veterans to place anywhere from 100 to 400 meters and a pool of talent to blend together onto improving relay teams.

Sean Lowe heads a talented and veteran group in the sprints and will seek to continue the momentum he gained by placing second at the ACC Outdoor in the 400. He had four marks last season under 48 seconds in the 400 and ranks seventh outdoors with a career-best 46.98. He also ranks on Maryland's all-time list outdoors in the 200 (21.24 set at last spring's Disney World Invitational).

Earl Gray returns for his senior season with an eye toward returning to the form he showed when he earned spots on Maryland's all-time lists in the 200 both indoors and outdoors. His collegiate bests at those distances are 22.21 indoors and 21.22 outdoors. Gray had four of Maryland's top five marks outdoors in the 200 last year.

Jeremy Samuels, a sophomore, is another of those who Valmon seeks to turn a corner. He posted a 48.58 in the 400 indoors last season and went 47.99 to place sixth in the ACC Outdoor meet.

Another Terp benefiting from Valmon's expertise at 400 meters is junior Anthony Walker, who has gone 48.63 indoors to sit near the top of Maryland's performance list. Walker also went 48.07 in the 400 outdoors last season.

Maryland will get some experience also from Afolabi Aromire, who transferred to College Park from the University of Florida and will compete this season. Robert Duru also returns to the roster after a season off the track.

MIDDLE DISTANCE

Maryland has a number of solid student-athletes competing in the 800 to 1,500 range. As is the story in the sprints, the Terps can enter a number of strong and veteran talents in these events.

Juniors Josh Davis and Kyle Rauser, along with sophomore Tommy Friscia have all shown some strength at the middle-distance events. Rauser (1:53.99) and Friscia (1:54.87) have moved onto the Terps' all-time lists indoors in the 800. Davis had Maryland's best marks of the outdoor season in both the 800 (1:52.83) and 1,500 (3:53.08), earning a top-10 finish in the 1,500 at the ACC Outdoor meet.

Junior Zach Martinez has been solid at the middle distances, posting a 4:18.03 indoors in the mile last year and standing as one of of the two Terps under four minutes in the 1,500 outdoors a year ago. Joe Simpson also adds depth for Maryland in the middle distances.

DISTANCE

The Terrapins showed outstanding improvement during the 2007 cross country season, moving up positions in team standings at both the ACC meet and the NCAA Mid-Atlantic Regionals despite fielding a sophomore-laden team.

Valmon is hoping the improvement and momentum from the end of cross country translates into some strength in distance events on the track.

Greg Kelsey seemingly turned a corner for Maryland last fall while leading the cross country team, earning All-Region honors. He manned the 3,000-meter steeplechase for the Terps last outdoor season. Fellow sophomore Ben Diestel also comes off a strong cross country season and topped Maryland's indoor list a year ago in the 5,000 (sixth all-time at 15:05.20).

Others to watch in the distance crew include sophomore Kevin Gahr, junior Richie Booth and senior Pete Hess, who will attempt to recover from injuries that sidelined him throughout 2007.

GREG KELSEY

ADAM DURHAM

JEREMY SAMUELS

HURDLES

Berger is a three-time All-America hurdler and four-time Atlantic Coast Conference champion who will look to end his senior season with a bang. Finishing as the runner-up at the 2007 NCAA Outdoor in the 110-meter hurdles, Berger is an athlete who displays uncommon focus and preparation when he competes.

"Dominic leads by example," Valmon said of his current star. "He's a student of the sport and I think the rest of the team has responded to his type of leadership. He's shown how important it is to prepare and separate himself mentally. When it's time to compete, it's time to compete and nothing else comes into focus."

Durham had an outstanding performance at last year's NCAA East Regional, placing fifth and earning a nationals berth with a mark of 14.03 in the 110-hurdles. He has moved onto the all-time top-10 lists in both the 110 hurdles (seventh) and 400 hurdles (fifth).

Chris Haley adds to the depth in the hurdles crew.

JUMPS

David Edwards-Brennan earned All-ACC honors in the men's high jump, using home-field advantage to place third outdoors at the meet hosted by Maryland at the Kehoe Track Complex. His best mark outdoors last year was 6-10.75 and the Terp junior from Jamaica was also fourth at last year's IC4A Indoor meet. Chris Haley scored for Maryland in the men's high jump outdoors at the ACC's last year.

Sophomore Jason Allen posted a long jump mark of 24-5 last summer to win the USATF Junior National title. He also scored for Maryland at last year's ACC Indoor in the long jump and his indoor best of 24-2.25 is on a strong all-time list at Maryland.

Jayson Alexander is a solid veteran in the long jump for Maryland and returns for his senior season. Victor Gilreath handled triple jump duties (47-5.25 indoors) for the Terps a year ago as a freshman.

Freshman Nick David comes to Maryland from the same Mount Sinai (N.Y.) High School pole-vault program that produced Terp teammate Kaitlyn Fitzgerald. David could make immediate impact with the potential to go 16 feet in that event.

THROWS

Junior Sal Delhierro has been handling all the Maryland throwing duties for the past two seasons. Delhierro had a breakthrough mark of 58-9.50 last year in the 35-pound weight throw and placed sixth at the ACC Indoor meet. He placed 10th outdoors in the hammer at the ACC meet and had a season-best of 160-6 in that event.

He'll get some help this season from freshman Geoff Goidell, who is another New Jersey product on the Maryland squad.

MEN'S ROSTER INFORMATION

Name	Event(s)	Year	Hometown (Previous Schools)
Drew Abernathy	Distance	So.	College Park, Md. (Georgetown Prep)
Jayson Alexander	Jumps	Sr.	Roseland, N.J. (West Essex HS)
Jason Allen	Jumps / Sprints	So.	Ellicott City, Md. (Mount Hebron HS)
Afolabi Aromire	Sprints	Jr.	Springdale, Md. (Univ. of Florida / Flowers HS)
Dominic Berger	Hurdles / Sprints	Sr.	Mitchellville, Md. (DeMatha HS)
Richie Booth	Distance	Jr.	Germantown, Md. (Northwest HS)
Mike Cator	Distance	So.	Hawthorne, N.J. (Marist Univ. / Ridgewood HS)
Nick David	Pole Vault	Fr.	Mount Sinai, N.Y. (Mount Sinai HS)
Josh Davis	Middle Distance	Jr.	Phillipsburg, N.J. (Phillipsburg HS)
Sal Delhierro	Throws	Jr.	Toms River, N.J. (Toms River East HS)
Ben Diestel	Distance	So.	Allendale, N.J. (Northern Highlands Reg'l. HS)
Adam Durham	Hurdles	Sr.	Tampa, Fla. (Paint Branch HS)
Robert Duru	Sprints	Sr.	Hillcrest Heights, Md. (Suitland HS)
David Edwards-Brennan	Jumps	Jr.	Mandeville, Jamaica (Manchester HS)
Tommy Friscia	Middle Distance	So.	Union Beach, N.J. (Red Bank Regional HS)
Kevin Gahr	Distance	So.	Northfield, N.J. (Mainland Regional HS)
Victor Gilreath	Jumps	So.	Catonsville, Md. (Western Tech)
Geoff Goidell	Throws	Fr.	Montvale, N.J. (Pascack HS)
Earl Gray	Sprints	Sr.	Marlboro, N.J. (Marlboro HS)
Chris Haley	Jumps / Hurdles	Jr.	Union, N.J. (Union HS)
Pete Hess	Distance	Sr.	Toms River, N.J. (Toms River North HS)
Korey Hopkins	Jumps	Fr.	Bel Alton, Md. (La Plata HS)
Greg Kelsey	Steeple / Distance	So.	Saratoga Springs, N.Y. (Saratoga Springs HS)
Sean Lowe	400 / 800	Sr.	Jamaica, N.Y. (St. John's Prep)
Alex Lundy	Distance	Fr.	Littleton, Colo. (Heritage HS)
Zach Martinez	Middle Distance	Jr.	Gaithersburg, Md. (Gaithersburg HS)
Kyle Rauser	Middle Distance	Jr.	Severn, Md. (Old Mill HS)
Zachary Roth	Combined Events	Fr.	Reisterstown, Md. (Franklin HS)
Jeremy Samuels	Sprints	So.	Upper Marlboro, Md. (DeMatha HS)
Joe Simpson	Middle Distance	Jr.	Barnegat, N.J. (Southern Regional HS)
Jake Travers	Middle Distance	Jr.	Washington, D.C. (Sidwell Friends HS)
Anthony Walker	400 / 800	Jr.	Greenbelt, Md. (Eleanor Roosevelt HS)

COACHING STAFF

Andrew Valmon - Head Coach (5th Year)
AuDrey Dempsey-Branch - Associate Head Coach
Terry Weir - Assistant Coach / Distance
Roland Desonier - Assistant Coach / Throws
Frank Costello - Assistant Coach / Jumps, Hurdles
Adam Bray - Volunteer Assistant
Bob Calhoun - Volunteer Assistant
Danielle Siebert - Intern

TERPS BY EVENT

Sprints (8): Jason Allen, Afolabi Aromire, Dominic Berger, Robert Duru, Earl Gray, Sean Lowe, Jeremy Samuels, Anthony Walker

Hurdles (3): Dominic Berger, Adam Durham, Chris Haley.

Middle Distance (6): Josh Davis, Tommy Friscia, Zach Martinez, Kyle Rauser, Joe Simpson, Jake Travers.

Distance (9): Drew Abernathy, Richie Booth, Mike Cator, Ben Diestel, Pete Hess, Kevin Gahr, Greg Kelsey, Alex Lundy, Malik Zafar.

Jumps (7): Jayson Alexander, Jason Allen, David Edwards-Brennan, Nick David, Victor Gilreath, Chris Haley, Korey Hopkins.

Throws (2): Sal Delhierro, Geoff Goidell.

Combined Events (1): Zachary Roth.

TERPS BY CLASS

Freshmen (6): Nick David, Geoff Goidell, Korey Hopkins, Alex Lundy, Zachary Roth, Malik Zafar.

Sophomores (9): Drew Abernathy, Jason Allen, Mike Cator, Ben Diestel, Tommy Friscia, Kevin Gahr, Victor Gilreath, Greg Kelsey, Jeremy Samuels.

Juniors (11): Afolabi Aromire, Richie Booth, Josh Davis, Sal Delhierro, David Edwards-Brennan, Chris Haley, Zach Martinez, Kyle Rauser, Joe Simpson, Jake Travers, Anthony Walker.

Seniors (7): Jayson Alexander, Dominic Berger, Adam Durham, Robert Duru, Earl Gray, Pete Hess, Sean Lowe.

PRONUNCIATION GUIDE

Delhierro - del-YER-oh
Diestel - DEE-stul
Friscia - FRISH-sha
Gahr - GAR (rhymes with "car")
Rauser - ROW-sur

MEN'S PROFILES

DREW ABERNATHY

DISTANCE

Sophomore
College Park, Md.
Georgetown Prep

2007 CROSS COUNTRY – Only Terp runner to compete in all six events... best finish was a sixth overall, third on the team as Maryland went 5-0 at the Mount St. Mary's Duals to open the season... Covered 8K course in 16:27.4... also had a top-25 finish to place third on the team, 25th overall at the George Mason Invitational (29:35.6 over 8K)... finished 71st overall and eighth on the team at the ACC Championships (26:21.8)... seventh Terp to the line and 104th overall as Maryland placed ninth as a team at the NCAA Mid-Atlantic Regional at Lehigh (32:33 over 10K course).

2007 OUTDOOR TRACK – Placed ninth in the 1,500 meters at the Navy Invitational with a time of 4:08.90... had a time of 15:28.93 at the ACC Championships in the 500 meters and placed 29th... finished 10th in the same event at the Maryland Invitational with a time of 15:33.05.

2007 INDOOR TRACK – Had a time of 15:58.87 in the 5,000 meters at the Virginia Tech Invitational and placed 11th... placed 33rd in the event at the ACC Championships with a time of 16:25.13... ran a 4:35.21 in the mile on the banked track at the Virginia Tech Challenge to place 47th... placed 15th in the 3,000 meters at the Patriot Games with a time of 9:02.07... finished 16th in the event at the Terrapin Invitational, running a 9:08.93.

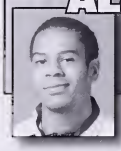
2006 CROSS COUNTRY – Redshirt season.

BEFORE MARYLAND – He was a WCAC champion in cross country during his sophmore year at Georgetown Prep in Rockville, Md... was also WCAC champion for in the two-mile in his freshman campaign, and for the mile and two-mile during his sophomore year... was IAC runner-up during his junior year in cross country... placed third at the IAC championships during his senior year... was also IAC two-mile champion during his junior year... posted a 4:30 mile as a sophomore and 9:30 in the two-mile as a junior.

PERSONAL – Born Sept. 27, 1987 in Silver Spring, Md... interests include music and relaxing... plans to major in business.

JAYSON ALEXANDER

JUMPS



Senior
Roseland, N.J.
West Essex HS

2007 OUTDOOR TRACK – Was a member of the Terrapins' 4x100 relay team that placed ninth at the ACC Championships with an IC4A-qualifying time of 42.34... had a season-best long jump of 23-3.25 at the ACC Championships and placed seventh... placed second in the long jump at the Maryland Invitational with a mark of 22-2.25... also placed second at the Navy Invitational with a jump of 21-8... competed in the 100 meters at the Navy Invitational, where he finished second with a hand-time of 10.8.

2007 INDOOR TRACK – Had a season-best long jump of 22-11.75 at the Virginia Tech Invitational and placed 10th... placed 11th at the ACC Championships with a mark of 22-1.75... finished fourth at the Terrapin Invitational hitting the same mark.

2006 OUTDOOR TRACK – Had the Terps' top-four long jumps of the season... qualified for the IC4A Championships at the Terrapin Invitational with his first-place winning long jump of 23-9... placed fifth at the IC4A Championships with a jump of 23-5.25... finished ninth at the ACC Championships, posting a mark of 23-4... also competed in the 100 meters at the Navy Invitational, where he placed sixth with a time of 11.24... placed 23rd in the 200 meters at the Onesty/Abramson Invitational with a time of 22.56... was a member of the Terps' 4x400 relay team that placed second at the Terrapin Invitational.

2006 INDOOR TRACK – Placed sixth in the long jump at the New Balance Collegiate meet with a season-best and IC4A-qualifying jump of 23-4.75... finished third at the UMES Lid Lifter with a jump of 23-1.75... had a 13th-place finish at the ACC Championships with a long jump of 22-5.25... placed 24th in the 200 meters at the ACC Championships with a time of 22.53... also competed in the 60 meters at the Virginia Tech Invitational, where he tied for 27th with a time of 7.13.

2005 OUTDOOR TRACK - Placed 13th in the long jump at the ACC Championships with a mark of 22-5.75... second-best jump of the season was 21-8, which came at the Patriot Open and placed fourth... ran a 23.24 in the 200 meters in the developmental division at the Duke Invitational and finished 22nd... member of the Terps' IC4A-qualifying 4x400 relay team which placed seventh at the ACC Championships with a time of 41.59... relay also had a first-place finish at the Patriot Open at 41.21.

2005 INDOOR TRACK - Had the Terps' top four long jumps of the season... best of the season came at the Virginia Tech Invitational where he finished 13th with a jump of 22-3.75... posted a jump of 21-11 at the Maryland Invitational to finish sixth... placed 20th at the ACC Championships with a jump of 21-10... also competed in the 200 meters for the Terps.. season-best time was 23.03 at the ACC Championships where he finished 28th.

BEFORE MARYLAND - Shoprite Star for outstanding achievement in athletics... named Jumper of the Year in Spring 2004... won North Jersey sectional meet with 22-1.75 long jump... New Jersey Group 2 state champ with long jump of 22-9... prep PR in long jump is 22-9.50 set at Meet of Champions... captain of winter and spring track and field teams at high school both as junior and senior.

PERSONAL - Born October 8, 1986... son of Sharon and Willie Alexander II... has one brother, Willie... was president of E.R.A.S.E., End Racism And Sexism Everywhere while in high school, as well as the treasurer of the North Jersey chapter of Jack and Jill of America... was on the honor roll every semester and was a member of Key Club and Art National Honor Society... hobbies and interests include reading, TV, music and cars.

JASON ALLEN

JUMPS/ SPRINTS

Sophomore
Ellicott City, Md.
Mount Hebron HS

2007 OUTDOOR TRACK – USATF JUNIOR NATIONAL CHAMPION in the long jump, finishing with a season-best 24-5, more than a foot better than his prevous outdoor-best in 2007... Hit the winning mark on his first attempt to outduel Ashton Eaton of Oregon (24-0.25)... His IC4A qualifying long jump of 23-3.50 placed him first at the Disney World Invitational... placed 11th at the ACC Championships with a mark of 22-4.25 and first at the Maryland Invitational with a jump of 22-3.50... was a member of the Terrapins' 4x400 relay team that placed first at the Maryland Invitational with a time of 3:18.90... also competed on the sprint medley relay team that placed first at the Disney World Invitational with a time of 3:26.95.

2007 INDOOR TRACK – Had an IC4A-qualifying long jump of 24-2.25 at the Virginia Tech Invitational, where he placed first... also placed first at the Terrapin Invitational with a mark of 23-7.25... finished eighth at the ACC Championships with a jump of 22-8.50... tied for 10th in the long jump at the New Balance Collegiate with a mark of 22-5.25.

BEFORE MARYLAND – High School All-American in the pentathlon... three-time Maryland 3A high jump state champion... 2006 Maryland long jump state champion... earned county and regional titles in the 400m, 300m, high jump, long jump and triple jump... named first team All-Metro In 2005 and 2006 and was All-Metro Indoor Performer of the Year in 2005... named all-county in 2005 and 2006... also named P.J. Kesmodel Athlete of the Year... personal record in the high jump of 6-4... was the Mount Hebron HS Track and Field Performer of the Year for both the indoor and outdoor seasons.

PERSONAL – Son of Sharon and David Allen... has one brother, Evan, 20... hobbies and interests include running, reading, video games and movies... also played basketball in high school... lists Tiger Woods as his favorite athlete... won first place in school's science fair... member of school's marching band.

AFOLABI AROMIRE

SPRINTS

Junior
Springdale, Md.
Univ. Of Florida / C.H. Flowers HS

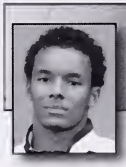
UNIVERSITY OF FLORIDA - Competed in nine meets as a redshirt freshman for Gators in 2006… posted outdoor-best at 400 meters of 48.27 at Diet Pepsi Classic… member of 4x400 relay that posted 3:07.67 at Miami Elite Invitational… was 29th at SEC Indoor in 400 at 51.99… placed 23rd at SEC Outdoor with 48.70… had indoor bests of 22.12 in 200 (Gator Invitational) and 49.47 in 400 at Pepsi Invitational.

HIGH SCHOOL - Set Maryland state records in 300 (34.35) and 500 (1:03.52) in winning 2005 Class 3A/4A state title in each event for C.H. Flowers HS… team won state title that year, the school's first in any sport… 500-meter time was best in nation in 2005, with 34.35 time in 300 ranking sixth… second in 400 at 2005 Nike Indoor Nationals (48.96) and ran anchor leg on winning 4x400 relay (3:22.95)… indoor Track & Field Athlete of the Year by *The Washington Post* in 2005… also a defensive back for high school football team.

PERSONAL - Born June 25, 1987 in Cheverly, Md.

DOMINIC BERGER

HURDLES



Senior
Mitchellville, Md.
Dematha Catholic

2007 OUTDOOR TRACK – Was ACC Champion in the 110-meter hurdles for the second consecutive year, posting an IC4A and NCAA Regional qualifying time of 13.54… placed second in the NCAA East Regional, posting a time of 13.94… finished first at the Georgia Tech Invitational with a time of 13.75… also qualified for the IC4A Championships in the 200 meters when he posted a time of 21.57 and placed 12th at the Disney World Invitational… was a member of the Terps' first-place finishing sprint medley relay team at the Disney World Invitational.

2007 INDOOR TRACK – Earned All-America status for the third time after placing third in the 60-meter hurdles at the NCAA Championships with a time of 7.70… had a season-best 60-meter hurdles time of 7.67 in the preliminaries of the NCAA Championships… was also ACC Champion in the event, with an IC4A and NCAA provisional time of 7.75… placed second in the college division at the Millrose Games with a time of 7.82… qualified for the IC4A Championships and hit the NCAA provisional mark in the 55-meter hurdles in the semifinals at the Virginia Tech Invitational with a time of 7.25… ran an IC4A-qualifying time of 6.93 at the Terrapin Invitational and placed fifth… placed ninth in the 200 meters on the banks at the Penn State National Invitational with a time of 21.98… had a time of 6.55 in the 55 meters at the Virginia Tech Challenge and placed 15th.

2006 OUTDOOR TRACK – Achieved ALL-AMERICA status at the NCAA Championships when he placed second in the 110-meter hurdles with a time of 13.49… also placed second in the NCAA East Regional finals with a time of 13.63… was ACC Champion in the 110-meter hurdles, winning the event with a time of 13.78… placed first at the Terrapin Invitational with an IC4A and NCAA Regional qualifying time of 13.67… also competed in the 100 meters and 200 meters and qualified for the IC4A Championships in both events… placed 14th at the Duke Invitational in the 100 meters with a time of 10.84… finished fourth in the 200 meters at the Disney World Invitational with a time of 21.46.

2006 INDOOR TRACK - Became the first male Terrapin since 1987 to achieve All-America status placing fifth in the 60-meter hurdles at the NCAA Championships… was ACC Champion in the 60-meter hurdles, finishing the final in 7.80… placed second at the New Balance Collegiate meet with a time of 7.93… Aalso competed in the 60 and 200 meters and qualified for the IC4A Championships in both events… had the Terps' top two times in the 60 meters, placing third at the UMES Lid Lifter with a time of 6.91… ran a 6.96 at the Maryland Invitational and placed fifth… had a time of 21.63 at the ACC Championships, where he placed fifth… ran a 21.99 at the Penn State National Open and placed sixth.

2005 OUTDOOR TRACK - USA Junior National Champion in 110-meter hurdles, won at the USATF Nationals in California in June with a mark of 13.87 in final... qualified him for berth on U.S. team at Pan American Junior Games, where he finished third (14.01)... ran personal-best 13.76 in qualifying... named MVP for outdoor track by coaches... had the Terps' top eight times in the 110-meter hurdles… qualified for the IC4A Championships and the NCAA Regional at the ACC Championships, where he placed second at 14.09… finished 12th at the NCAA East Regional in 14.03… also ran a 14.03 at the IC4A Championships and placed second… first at the Navy Invitational in the 100 meters with an IC4A-qualifying time of 10.64… competed in the 200 at the Navy Invitational and ran a 22.21, which was good for a second-place finish… member of the Terps' 4x100 relay team which placed first at the IC4A Championships with a time of 40.60, Terps' first IC4A title in 20 years… team also placed seventh at the ACC Championships finishing in 41.50 and 15th at the NCAA East Regional at 41.03… member of the Terps' 4x400 relay team that placed third at the ACC Championships with an IC4A-qualifying time of 3:11.61.

2005 INDOOR TRACK - Had the team's three best times in the 55-meter hurdles and 10 best times in the 60-meter hurdles… season-best of 7.48 placed him fifth at the IC4A Championships in the 55-meter hurdles… placed ninth in both the semis and preliminaries of the IC4A Championships with marks of 7.56 and 7.59 respectively… season-best time of 8.01 in the 60-meter hurdles placed him sixth in the preliminaries of the New Balance meet and was an IC4A-qualifying time… ran 8.44 at the ACC Championships to finish eighth… first at both the Maryland Invitational and Delaware Invitational… member of the Terps' 4x400 relay team which finished third at the ACC Championships with an IC4A-qualifying time of 3:17.94.

BEFORE MARYLAND - A four-time All-American and a three-time All-Metro selection at DeMatha Catholic High School in Hyattsville, Md.… holds school records in the 110HH (13.77) and 300IH (37.8)… was an all-county selection and was the team's captain as a senior… named Gatorade Athlete of the Year in 2004 and was ranked in the top 10 during his high school career… a conference champion hurdler/sprinter.

PERSONAL - Son of Anita Berger… earned varsity letters in both track and football while at DeMatha… was a member of DeMatha's state-champion football team in 2003 and 2004, playing cornerback and wide receiver… was in the school band and was an honor student… hobbies include working on cars and playing sports… lists mother, Anita, as person he admires the most because she is the most selfless person he has ever met.

RICHIE BOOTH

DISTANCE

Junior
Germantown, Md.
Northwest HS

2007 CROSS COUNTRY – Finished as Maryland's third runner to the line at the NCAA Mid-Atlantic Regional at Lehigh… covered 10K course in 31:30 to place 51st overall… finished 48th individually, fourth on the team at the ACC Championship, running 25:45.5 at Virginia's 8K layout… was second on the team and 22nd overall at the George Mason Invitational (29:30.3 over 8K).

2007 INDOOR/OUTDOOR TRACK - Did not compete.

2006 CROSS COUNTRY – Ran in all seven races… placed fourth on the team in two events… finished 64th overall at the Tribe Invitational with a time of 28:09.9, and 79th overall at the ACC Championships with a time of 26:59.9.

2006 OUTDOOR TRACK – Competed in the 1,500 meters and the 3,000-meter steeplechase… placed fifth in the steeplechase at the Terrapin Invitational with a time of 10:20.73… ran a 4:03.22 in the 1,500 meters at the Onesty/Abramson Invitational and placed 37th… had a 32nd-place finish in the preliminaries of the ACC Championships, running a 4:03.99… placed 11th at the Navy Invitational and sixth at the Aggie Team Challenge in the 1,500 meters.

2006 INDOOR TRACK – Had a mile time of 4:32.86 at the Liberty Invitational and placed 13th… finished 24th at the Maryland Invitational with a time of 4:34.06… also competed in the 3,000 meters at the Maryland Invitational and placed 24th with a time of 9:08.47.

2005 CROSS COUNTRY - Ran in four races… was second on the team and 17th overall with a time of 21:43.0 in his collegiate debut at the Great Meadows Invitational… came in 88th overall at the ACC Championships in 26:51.90.

BEFORE MARYLAND – Captain of indoor and outdoor track and field teams at Northwest HS in Germantown… member of second-place 4x800 relay team at Maryland 3A Championships… posted prep-bests of 1:58 in 800 meters and 4:30 in the mile… lettered in cross country, indoor and outdoor as a junior… lettered in soccer and lacrosse as a sophomore.

PERSONAL - Born October 3, 1987 in Poughkeepsie, N.Y… majoring in engineering.

MIKE CATOR

DISTANCE

Sophomore
Hawthorne, N.J.
Marist Univ. / Ridgewood HS

2007 CROSS COUNTRY – Individual winner at the Mount St. Mary's Duals in his Terrapin debut, leading the Terps to a 5-0 record... covered 5K course in 16:11.2... placed 61st individually and fifth on the team at the ACC Championships, going 26:05.7 over 8K... Maryland's sixth runner to the line and 94th overall at the NCAA Mid-Atlantic Regional, going 32:24 over 8K.

BEFORE MARYLAND - Transferred to Maryland after a solid season at Marist University... member of cross country team that placed fifth at the 2006 IC4A Cross Country Championships, at the time the best finish ever for the Red Foxes at that meet... finished 113th in 27:18.4 at that event... placed 23rd in a time of 26:55.6 at the MAAC Championships... ran 4:25.24 indoor mile at the 2007 St. Valentine's Invitational... ran on Red Foxes' distance medley relay team in Metro Atlantic Athletic Conference indoor championships.

NICK DAVID

POLE VAULT

Freshman
Mount Sinai, N.Y.
Mount Sinai HS

BEFORE MARYLAND - Went 16-0 in pole vault to set Long Island and county records outdoors... also holds county record indoors at 15-6... earned All-America honors... also recognized on all-state, all-county and all-league teams... three-time state champion and six-time county champion... Mount Sinai teammate Kaitlyn Fitzgerald is a junior pole vaulter for Terps' women's team.

PERSONAL - Born July 21, 1989... Parents are Jeanne and Glen David... has two older brothers, Ryan and Tim, and a younger sister, Christina... considering a profession as a chiropractor... enjoys customizing his car.

JOSH DAVIS

MIDDLE DISTANCE

Junior
Phillipsburg, N.J.
Phillipsburg HS

2007 CROSS COUNTRY – Competed in three events in mid-season for Maryland... best individual finish was 37th overall, fourth on the team at the George Mason Invitational... Maryland's seventh finisher and 57th overall as Terps won the Leopard Invitational at Lafayette (27:34.7 over 5 miles)... finished 60th overall at the Navy Invitational (26:28.3 over 8K).

2007 OUTDOOR TRACK – Had the team's top five times in the 1,500 meters... finished 10th at the ACC Championships with a season-best time of 3:53.08... ran a 3:56.58 and placed third at the Disney World Invitational... had a season-best time of 1:52.83 and placed 23rd at the Georgia Tech Invitational in the 800... placed ninth in the same event at the Maryland Invitational with a time of 1:56.80... also competed in the 3,000-meter steeplechase at the Maryland Invitational and placed sixth with a time of 9:45.58... was a member of Maryland's distance medley relay team, which finished first at the Disney World Invitational with a time of 10:09.53.

2007 INDOOR TRACK – Had the Terps' top mile time of the season when he ran a 4:17.41 on the bank at the Virginia Tech Challenge where he placed 18th... finished eighth at the Terrapin Invitational, running the mile in 4:17.83... also had the Terps' best time in the 3,000 meters when he finished 31st at the New Balance Collegiate with a time of 8:37.85... had a 27th-place finish at the ACC Championships with a time of 8:46.75... finished 14th in the 5,000 meters at the Penn State National Invitational with a time of 15:16.39... was a member of Maryland's IC4A-qualifying distance medley relay team that finished eighth at the ACC Championships, finishing in 10:08.17... placed fifth in the 800 meters at the Terrapin Invitational with a time of 1:57.08.

2006 CROSS COUNTRY – Placed fifth or better in six of the team's seven events, including two third-place finishes to open the season... finished 56th overall at the Spiked Shoe Invitational with a time of 27:38.2, 41st overall at the Tribe Invitational (26:00.9), and 67th overall at the IC4A Championships (26:28.4).

2006 OUTDOOR TRACK – Had the Terps' top two times in the 3,000-meter steeplechase... placed 11th at the ACC Championships with a time of 9:16.25... had a 15th-place finish at the Duke Invitational, running a 9:26.76... placed second in the 1,500 meters at the Patriot Open, with a time of 3:53.05... ran a 3:55.87 at the Disney World Invitational, which was good for a third-place finish... finished ninth at the Terrapin Invitational with a time of 3:58.66... also competed in the 800 meters at the Terrapin Invitational, placing 18th with a time of 1:57.43.

2006 INDOOR TRACK – Had the Terps' second-best time of the season in the 3,000 meters and the mile... placed 12th in the 3,000 meters at the Penn State National Open... ran an 8:46.81 at the Virginia Tech Invitational, which was good for a 15th-place finish... finished 24th at the ACC Championships with a time of 8:48.42... had a time of 4:18.89 in the mile at the New Balance Collegiate meet and finished 24th... placed sixth at the Maryland Invitational with a time of 4:21.11... had a first-place finish at the UMES Lid Lifter, running a 4:24.15... placed 20th in the 800 meters at the Maryland Invitational with a time of 1:59.08.

2005 CROSS COUNTRY - Competed in all seven races... placed 35th overall in his collegiate debut at the Great Meadows Invitational... finished 66th at the Great American Cross Country Festival in 26:42.50... came in 83rd at the ACC Championships (26:16.90).

BEFORE MARYLAND - Three-time letterwinner in cross country and track and field at Phillipsburg High School in Phillipsburg, N.J... 2004 Group III New Jersey State Champion in the 1,600 (4:16.24)... 800m silver medalist in 2005 Group IV State Championships with a 1:54.27... runner-up at Penn Relay DMR and ran a 1,600 split of 4:13.9... seventh in Nike Outdoor Championship DMR (split 4:13.1).

PERSONAL - Son of Michelle and Daniel Davis... named top earth and space science student in his class... member of National Honor Society and Key Club ... an electrical engineering major.

SAL DELHIERRO

THROWS

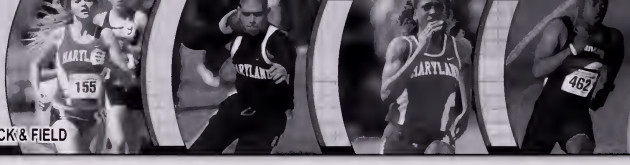
Junior
Toms River, N.J.
Toms River East HS

2007 OUTDOOR TRACK – Posted the Terps' top marks in the shot put, discus and hammer... placed 15th in the shot put at the ACC Championships with a mark of 47-4.50... had a throw of 45-10.50 at the Duke Asics Invitational and placed 16th... placed third in the discus at the Navy Invitational with a mark of 113-4... his season-best hammer throw came at the Maryland Invitational where he placed seventh with a mark of 160-6... placed 10th at the ACC Championships with a throw of 154-0.

2007 INDOOR TRACK – Posted an IC4A-qualifying mark of 58-9.50 in the 35-pound weight throw at the Thomson Invitational and placed second... finished sixth at the ACC Championships with a throw of 55-11... placed 21st at the New Balance Collegiate with a mark of 54-8.25... had a season-best shot put of 49-9 at the Thomson Invitational where he placed fourth... posted a mark of 48-3.25 at the New Balance Collegiate... took 17th place at the Penn State National Invitational with a shot put of 48-2.

2006 OUTDOOR TRACK – Qualified for the IC4A Championships in the shot put at the Onesty/Abramson Invitational, where he tied for fourth with a shot put of 51-6.50... placed sixth in the event at the Terrapin Invitational with a mark of 48-9.50... Posted a 12th-place finish at the ACC Championships in the shot put, posting a mark of 47-10.50... placed fourth in the discus at the Navy Invitational with a mark of 124-11... finished 11th in the hammer at the Duke Invitational with a mark of 160-0... posted a mark of 150-11 and placed 10th in the event at the Onesty/Abramson Invitational.

2006 INDOOR TRACK – Had the Terps' top five weight throws and top two shot puts of the season... posted his season-best shot put at the ACC Championships, where he placed ninth with a mark of 50-6... posted a mark of 48-11 at the Jack Pyrah Invitational and placed fourth... threw for 53-8.50 in the 35-pound weight throw at the Virginia Tech Invitational and placed 12th... had an 11th-place finish at the Penn State National Open with a throw of 52-6.75... finished 11th at the ACC Championships with a mark of 52-1.25.

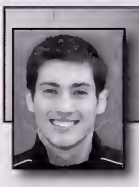


BEFORE MARYLAND - Won the 2005 New Jersey Meet of Champions outdoor shot put with a personal record of 61-5.75.... Team captain and MVP of indoor and outdoor track at Toms River East HS... Named *Star-Ledger* Athlete of the Month... All-Shore Conference and all-county honoree... Best prep discus mark was 157 feet.

PERSONAL - Born Oct. 25, 1987... Hoping to be a pre-med major... Enjoys BMX riding and snowboarding.

BEN DIESTEL

DISTANCE



Sophomore
Allendale, N.J.
No. Highlands Regional HS

2007 CROSS COUNTRY – Competed in final five events for Maryland... was either first or second on the team in four of those five events... Terps' top finisher with sixth-place overall at the George Mason Invitational (25:50.2 over 8K)... also got a top-10 placing with 25:43.9 to place seventh overall and second on the team as Maryland won the team title at the Leopard Invitational at Lafayette... second on the team and 29th overall at the ACC Championships at Virginia, going 25:06.7 over 8K... finished 30th individually and second for the Terps with 31:14 clocking on 10K course at NCAA Mid-Atlantic Regional at Lehigh.

2007 OUTDOOR TRACK – Ran a season-best time of 4:05.37 in the 1,500 meters at the Disney World Invitational and placed 13th… had a time of 4:06.10 in the 1,500 at the Duke Asics Invitational… placed 19th at the Maryland Invitational with a time of 4:10.48… ran a 1:59.93 in the 800 meters at the Maryland Invitational and placed 32nd.

2007 INDOOR TRACK – Had the Terrapins' best time in the 5,000 meters at the Penn State National Invitational, where he finished 12th with a time of 15:05.20… finished 17th in the 800 meters at the Terrapin Invitational with a time of 2:02.01… ran a 4:20.18 in the mile on the banked track at the Virginia Tech Challenge to place 24th… placed 18th in the event at the Terrapin Invitational, running a 4:34.97… ran a 4:35.71 at the ACC Championships to place 29th… had a time of 8:40.65 in the 3,000 meters at the New Balance Collegiate and placed 37th… finished 26th in the event at the ACC Championships with a time of 8:46.65.

2006 CROSS COUNTRY – Finished first on the team and 10th overall in his first collegiate race at the Great Meadows Invitational… placed second on the team at the Chile Pepper Invitational (108th overall, 31:44.9), the ACC Championships (47th overall, 26:03.1), and the IC4A Championships (48th overall, 26:18.0)… finished third among Terrapins at both the Tribe Invitational (35th overall, 25:39.7) and the NCAA regional (78th overall, 32:46.8).

BEFORE MARYLAND – All-North Jersey in track and cross country at Northern Highlands Regional HS… all-county in 1600m and cross country … state sectional champion in 1600m … school won back-to-back sectional championships... top pre-collegiate marks were 4:18 in 1,600m and 15:39 in 5K cross country.

PERSONAL – Born July 18, 1988 in Paterson, N.J... Son of Erica and Peter Diestel… has two brothers, Tucker and Casey… enjoys music and drawing... lists Michael Jordan and Bernard Lagat as his favorite athlete … lists biggest athletic thrill as running the DMR at the Penn Relays.

ADAM DURHAM

HURDLES

Senior
Tampa, Fla.
Paint Branch HS

2007 OUTDOOR TRACK – Placed fifth in the 110-meter hurdles at the NCAA East Regional with his career-best time of 14.03, qualifying for NCAA Nationals in Sacramento… posted an IC4A and NCAA regional-qualifying time of 14.15 in the preliminaries at the Georgia Tech Invitational… finished fourth at the Disney World Invitational with a time of 14.22... ran an IC4A and NCAA East Regional time of 51.48 in the 400-meter hurdles at the ACC Championships to place fourth… had a time of 53.52 at the NCAA East Regional and placed 26th.

2007 INDOOR TRACK – Qualified for the IC4A Championships in the 60-meter hurdles with a time of 7.10 in the preliminaries of the ACC Championships… finished sixth at the ACC Championships, posting a time of 8.15… Tied for 17th at the New Balance Collegiate with a time of 8.12.

2006 OUTDOOR TRACK - Did not compete.

2006 INDOOR TRACK – Placed second in the 60-meter hurdles at the UMES Lid Lifter with a time of 8.25… was also a member of the Terps' 4x400 relay team at the UMES Lid Lifter, which placed third with a time of 3:25.23.

2005 OUTDOOR TRACK - Ran 14.63 in the 110-meter hurdles at the ACC Championships, which placed him eighth and qualified him for the IC4A Championships… season-best time of 14.45 came in the preliminaries of the IC4A Championships where he placed ninth… had a first-place finish at the Navy Invitational with a time of 14.85… competed in the 400-meter hurdles and had the Terps' top four times of the season… sixth at the Patriot Open with a season-best 54.00… time of 54.65 was good for a ninth-place finish at the ACC Championships… member of the Terps' 4x400 relay team which placed third at the ACC Championships with an IC4A-qualifying time of 3:11.61.

2005 INDOOR TRACK - Posted an IC4A-qualifying time of 8.17 in the 60-meter hurdles at the Maryland Invitational… placed eighth at the Virginia Tech Invitational finishing in 8.23… posted a 7.74 in the 55-meter hurdles in the preliminaries of the IC4A Championships… ran on the Terps' 4x400 relay team which placed third at the ACC Championships and qualified for the IC4A Championships at 3:17.94.

2004 OUTDOOR TRACK - Finished second in the 110-meter hurdles at the Terrapin Invitational, running 14.80... ran in the 110 and 400-meter hurdles at the Miami Gatorade Classic... ran on both the 4x100 and 4x400-meter relays at the ACC Championships... first on the team and fifth overall in the 400-meter hurdles at the Delaware Invitational.

2004 INDOOR TRACK - Finished fourth in both the 60-meter hurdles (8.55) and the long jump (21-0.00) at the Delaware Invitational... ran a season-best 60-meter hurdles time of 8.48 at the Patriot Games.

BEFORE MARYLAND - A standout athlete at Paint Branch High School... 2002-03 *All-Gazette* hurdler... nationally ranked in the 4x400 relay and 400-meter hurdles... also lettered in football for two seasons... state champion hurdler/sprinter in 2001-02 and 2002-03... *Washington Post* All-Met selection and an All-American... 3A indoor state champion in 300mh, 4x400 relay, 4x200 relay... 3A indoor state champion overall.

PERSONAL - Son of Gizelle Thibeault... has one brother, Jason Durham, and one sister, Eva Louis... hobbies and interests include reading, computer surfing, video games and running... was FCA Treasurer, a member of the debate team, a Who's Who recipient and co-President of Weightlifting Club... came to Maryland because of the diversity and to stay close to and help take care of his grandmother.

ROBERT DURU

SPRINTS

Senior
Hillcrest Heights, Md.
Suitland HS

2007 INDOOR/OUTDOOR TRACK - Redshirt season.

2006 OUTDOOR TRACK - Had the Terps' second-best time in the 100 meters, going 10.95 at the Aggie Team Challenge early in the season... Had three of his four marks under 11 seconds... won the Navy Invitational in 10.99.... Tied for 12th at the ACC Outdoor Championships with a 10.98 clocking... Best 200-meter mark of the season came with 18th-place finish at the ACC Outdoor with 22.03 mark... Won the Navy Invitational 200-meter dash in 22.27.

2006 INDOOR TRACK - Placed 16th in the 60-meter dash at the ACC Indoor in a season-best 7.03... Also ran at ACC Indoor in the 200, again posting a season-best at 22.39, going more than a half-second better than his previous indoor best (22.91 at the Virginia Tech Invitational).

2005 OUTDOOR TRACK - Competed in the 100 meters at the Patriot Open where he finished 12th in the preliminaries

2005 INDOOR TRACK - Qualified for the IC4A Championships in the 60 meters during the preliminaries of the ACC Championships where he placed 16th… also competed in the 200 meters and placed 28th at the New Balance Collegiate with a time of 22.38.

2004 OUTDOOR TRACK - Competed in the 200 and 400 meters at the Patriot Games, finishing first on the team in both.

2004 INDOOR TRACK - Ran a 7.00 60-meter dash to win his first collegiate race, the Delaware Invite... took third place in the 60-meter dash at the Patriot Games (7.03), while also running the first leg of the 4x400 relay... took first in his section of the 200 at the Meyo Invitational, running a 22.06.

BEFORE MARYLAND - *Washington Post* All-Metro honorable mention and Athlete of the Year in 2003... an all-county, all-state and all-region selection... Gatorade Athlete of the Year Nominee... *Track and Field News* Top 25... a Junior Olympic Qualifier... National Honor Society member.

PERSONAL - Son of Josephine and Cyril Duru... three sisters, Edith, Edina and Vivian... cousin Crystal Awonyu was a member of Seton Hall's track team... also lettered in football at Suitland.

DAVID EDWARDS-BRENNAN

JUMPS

Junior
Mandeville, Jamaica
Manchester HS

2007 OUTDOOR TRACK – Earned All-ACC status with a third-place finish in the high jump at the conference meet at 6-8.75... had the Terrapins' top seven high jumps of the season… posted an IC4A and NCAA East Regional qualifying mark of 6-10.75 at the Georgia Tech Invitational where he tied for fifth… placed second at the Disney World Invitational with a jump of 6-10.25… finished first at the Maryland Invitational with a high jump of 6-9.50… competed in the long jump at the Disney World Invitational and placed 12th with a jump of 20-5.25.

2007 INDOOR TRACK – Placed sixth in the high jump at the ACC Championships with his IC4A-qualifying jump of 6-9.75… tied for second in the event at the New Balance Collegiate with a mark of 6-9… posted a high jump of 6-8 at the IC4A Championships to tie for fourth… had the same jump at the Terrapin Invitational and placed second.

2006 OUTDOOR TRACK – Tied for seventh at the ACC Championships with a season-best high jump of 6-4.75… had a high jump of 6-2.75 at the Patriot Open where he tied for fifth.

2006 INDOOR TRACK – Had the Terps' three best high jumps of the season… Tied for third at the Virginia Tech Invitational with a jump of 6-8.75… Had a jump of 6-6 at the Maryland Invitational and placed third.

BEFORE MARYLAND – Participated in both long jump and high jump at Manchester High in Mandeville, Jamaica… posted prep-bests of 22 feet in the long jump and 6-8 in the high jump… Central champs record-holder in the high jump… placed second at national junior trials for three seasons… represented Jamaica last summer in the Pan American Junior Games in Canada.

PERSONAL – Born October 10, 1986… majoring in biomedical engineering.

TOMMY FRISCIA

MIDDLE DISTANCE

Sophomore
Union Beach, N.J.
Red Bank Regional HS

2007 OUTDOOR TRACK – Placed 18th in the 800 meters at the ACC Championships with his season-best time of 1:54.58… had a time of 1:54.70 at the Georgia Tech Invitational… placed tenth at the Patriot Open with a time of 1:55.58.

2007 INDOOR TRACK – Placed 10th in the 800 meters on the banked track at the Virginia Tech Invitational with a time of 1:54.87… finished 11th at the Penn State National Invitational, running a 1:55.88… had a time of 1:56.09 at the Terrapin Invitational to place third… had a 14th-place finish at the ACC Championships with a time of 1:56.38… posted the Terps' top 1,000-meter time of the season when he ran a 2:31.07 on the banked track at the Virginia Tech Challenge and placed 14th… Finished eighth at the Virginia Tech Invitational with a time of 2:31.35… was a member of the Terps' distance medley relay team that qualified for the IC4A Championships and placed eighth at the ACC Championships.

BEFORE MARYLAND – Team captain in track and field at Red Bank Regional HS… New Jersey State champion in the 800 indoors… Two-time outdoor group champion… Won three sectional titles… Two-time first team all-shore selection… First team all-county… Earned most valuable athlete honors for Class of 2007… Came to Maryland with PRs of 1:53.7 at 800 meters and 4:21.3 at 1,600 meters.

PERSONAL - Born April 12, 1988… Parents are Anne and Thomas… Has a younger brother, Joey… Majoring in letters and sciences at Maryland… Says his little brother has been his toughest opponent… Also enjoys surfing and basketball… Says his focus is his best trait as an athlete.

KEVIN GAHR

DISTANCE

Sophomore
Northfield, N.J.
Mainland Regional HS

2007 CROSS COUNTRY – Competed in five events for Maryland and had solid season, finishing fourth through sixth in each event... top individual finish was ninth place at the Mount St. Mary's Duals, fifth on the team (16:37.4 over 5K)... finished 18th overall and fourth on the team as Maryland won the Leopard Invitational at Lafayette in mid-season... went 26:38.7 over 5 miles... placed 67th overall at both the ACC Championships at Virginia (6th on team with 26:13.9 time over 8K) and the NCAA Mid-Atlantic Regionals at Lehigh (fifth on team with 31:49 time over 10K).

2007 OUTDOOR TRACK – Placed ninth in the 1,500 meters at the Navy Invitational with a time of 5:05.6… ran a 4:12.02 in the event at the Omnesty/Abramson Invitational… posted a time of 15:11.96 in the 5,000 meters at the Duke Asics Invitational… finished sixth at the Maryland Invitational with a time of 15:17.63… had a time of 15:52.53 at the ACC Championships to finish 34th.

2007 INDOOR TRACK – Placed 19th in the 3,000 meters at the Patriot Games with a time of 9:07.35… finished 19th in the event at the Terrapin Invitational, running a 9:09.56… ran a 16:03.25 in the 5,000 meters at the Virginia Tech Invitational and placed 13th… had a time of 4:44.51 in the mile on the banked track at the Virginia Tech Invitational.

2006 CROSS COUNTRY – Improved as the season went on, placing fourth on the team in four events and third in the IC4A Championships, the final race of the year… finished 66th overall at the ACC Championships with a time of 26:36.0… earned a time of 26:18.2 at the IC4A Championships, good for 49th overall.

BEFORE MARYLAND – Led his cross country team to two county titles and one conference title during his junior and senior years... was individual conference champion for cross country during his senior year... was also individual Atlantic County Champion in 3,200 during senior year... won award for having the highest GPA on cross country team for three year … qualified for cross country, indoor track and outdoor track state meets of champions during his senior year... high school coach was Don Heyman... had PR of 9:29 in 3,200.

PERSONAL – Born Nov. 21, 1987 in Somers Point, N.J... son of Joanne and Tom Gahr… has an older sister, Allison… will major in finance at Maryland... chose Maryland over Rutgers... member of National Honor Society… favorite athlete is Hines Ward.

VICTOR GILREATH

JUMPS

Sophomore
Catonsville, Md.
Western Tech

2007 OUTDOOR TRACK – Finished first in the triple jump at the Navy Invitational with his season-best mark of 46-11.75… placed eighth at the ACC Championships with a jump of 46-6.75… also competed in the long jump at the Navy Invitational and placed fourth with a mark of 20-3.50.

2007 INDOOR TRACK – Posted an IC4A-qualifying triple jump of 47-5.25 at the Virginia Tech Invitational and placed seventh… finished ninth in the event at the ACC Championships with a mark of 45-5.75… had a long jump of 20-7.25 at the Virginia Tech Invitational and placed 26th.

BEFORE MARYLAND – Was the 2006 Maryland state high school champion in the high jump... was also named 2006 All-Baltimore County and 2006 All-Metro honorable mention... was listed as an Education Channel outstanding student-athlete... was the captain and MVP of his 2006 track team... Top pre-college marks are 6-4 in the high jump and 46-5 in the triple jump.

PERSONAL - Born Feb. 9, 1988... parents are Debbie and Wayne Gilreath... has one younger brother, Patrick.

GEOFF GOIDELL

THROWS

Freshman
Montvale, N.J.
Pascack Hills HS

BEFORE MARYLAND - Five-time state group champion in the shot put… had the longest throw in New Jersey in 2007 (59-4)… holds the Pascack Hills HS school record in the shot, with the mark being one of the top-20 throws all-time in the state high school books… first team All-North Jersey selection… second team all-state pick… first team all-county… team captain at Pascack Hills… also owns a discus mark of 154 feet.

PERSONAL - Born May 16, 1989… parents are Susan and Robert Goidell… has a younger brother, David… hopes to major in physical education at Maryland with an eye toward becoming a coach… lists his favorite athlete as Vince Young… enjoys track, football, movies, cooking and music… favorite movie is "Shawshank Redemption"… also played football… lists toughness as his best trait both on and off the track.

EARL GRAY

SPRINTS

Senior
Marlboro, N.J.
Marlboro HS

2007 OUTDOOR TRACK – Posted an IC4A-qualifying time of 21.22 in the 200 meters at the Georgia Tech Invitational and placed 13th… ran a 21.48 in the event at the ACC Championships which was good for a 16th-place finish… placed first at the Maryland Invitational with a time of 21.49… finished sixth in the 400 meters at the Patriot Open with a time of 48.37… was a member of Maryland's IC4A-qualifying 4x100 and 4x400 teams… 4x100 team placed ninth at the ACC Championships with a time of 42.34… 4x400 team finished in 3:10.32 and placed fourth at the Georgia Tech Invitational.

2007 INDOOR TRACK – Ran a 22.33 in the 200 meters on the bank at the Virginia Tech Invitational to tie for 11th… placed 10th in the 400 meters at the Terrapin Invitational with a time of 50.67.

2006 OUTDOOR TRACK – Posted an IC4A-qualifying time of 21.52 in the 200 meters at the Disney World Invitational and placed sixth… ran his season-best time of 21.37 in the preliminaries of the IC4A Championships… placed fourth in the final of the IC4A Championships with a time of 21.58… had a 16th-place finish at the ACC Championships with a time of 21.82... was a member of the Terps' 4x400 relay team that placed fourth at the ACC Championships with an IC4A-qualifying time of 3:12.38.

2006 INDOOR TRACK – His season-best time in the 200 meters was 22.21 and placed him 20th at the ACC Championships… placed first at the Liberty Invitational with a time of 22.31… also competed in the 400 meters at the UMES Lid Lifter, where he placed fifth with a time of 50.74.

2005 OUTDOOR TRACK - Placed seventh in the 100 meters at the Patriot Open with a time of 10.99… best time of the season in the 200 meters was 21.87 which placed him first at the Patriot Open… also had a 29th-place finish at the Duke Invitational with a time of 22.57…also a member of the Terps' 4x100 relay team, which placed first at the IC4A Championships with a time of 40.60 and 15th at the NCAA East Regional with a time of 41.03.

2005 INDOOR TRACK - Ran a 51.34 in the 400 meters at the Delaware Invitational and finished fifth.

BEFORE MARYLAND - A three-year captain and four-year letterwinner at Marlboro High School in Marlboro, N.J… named Most Outstanding Athlete in the Freehold Regional High School district in 2004… three-time All-Shore selection (2002-04) and a first team all-state selection in 2004.

PERSONAL - Born April 23, 1986… son of Elizabeth and Beresford Gray… has one brother, Marlon… also lettered in football as a sophomore at Marlboro High School… majoring in government and politics.

CHRIS HALEY

JUMPS/ HURDLES

Junior
Union, N.J.
Union HS

2007 OUTDOOR TRACK – Finished eighth in the high jump at the ACC Championships with a mark of 6-4.75… had a jump of 6-4.25 at the Navy Invitational and placed third… posted a long jump of 21-6 at the Maryland Invitational, where he finished fourth… had a third-place finish at the Navy Invitational with a long jump of 21-1.50.

2007 INDOOR TRACK – Placed eighth in the high jump at the Virginia Tech Invitational with a mark of 6-4.75… also tied for 18th in the long jump at the Virginia Tech Invitational with a jump of 21-11.50.

2006 OUTDOOR TRACK – Had a time of 15.09 in the 110-meter hurdles in the prelims of the ACC Championships... placed third at the Navy Invitational with a time of 15.09… tied for eighth in the high jump at the Onesty/Abramson Invitational with a mark of 6-4.75… had a jump of 6-4.75 at the Patriot Open and tied for third… placed ninth at the ACC Championships with a high jump of 6-2.75… also competed in the 200 meters at the Onesty/Abramson Invitational, where he placed 56th with a time of 23.62.

2006 INDOOR TRACK – Competed in the 60-meter hurdles and high jump… had a season-best time of 8.37 in the hurdles and placed 26th at the New Balance Collegiate meet… had a third-place finish at the Liberty Invitational with a time of 8.38… placed 14th at the ACC Championships, posting a time of 8.40… finished 10th in the high jump at the ACC Championships with a season-best mark of 6-2.75… tied for 10th at the Virginia Tech Invitational with another 6-2.75 jump… placed ninth at the Maryland Invitational, when he cleared 6-2.

BEFORE MARYLAND – New Jersey state champion in the high jump with a career-best of 6-10… mark also stands as the Union HS school record… won both the high jump and 55-meter hurdles at a state indoor meet of champions… high school coach was Bill Sorrano.

PERSONAL – Born April 5, 1986 in Newark, N.J… hopes to have a career as a physical therapist… parents are Sheila McCoy and Earl Haley… has one brother and three sisters... uncle, Rodger Wingate, played football at Rutgers University.

PETE HESS

MIDDLE DISTANCE

Senior
Toms River, N.J.
Toms River North HS

2007 INDOOR/OUTDOOR TRACK – Did not compete.

2006 CROSS COUNTRY - Led Terrapins in five of the season's seven races… finished 17th overall at the Spiked Shoe Invitational with a time of 26:42.6… placed 21st overall at the Tribe Invitational with a time of 25:21.9, a season-best for any Terp… earned a team-best time of 30:27.7 at the competitive Chile Pepper Invitational, good for 43rd overall in the 10k race… finished 30th overall at both the ACC Championships (25:35.0) and the NCAA Regionals (31:29.8).

2006 OUTDOOR TRACK – Did not compete.

2006 INDOOR TRACK – Had the team's best time in the 3,000 meters… placed first at the UMES Lid Lifter with a time of 8:35.04.

2005 CROSS COUNTRY - Did not compete due to illness... redshirt season.

2005 OUTDOOR TRACK - Had the Terps' top four times in the 5,000 meters… ran an IC4A-qualifying time of 14:16.48 at the Duke Invitational where he placed first… fifth at the ACC Championships running a 14:25.5… Had a second-place finish at the Navy Invitational with a time of 14:38.3… ran a 14:55.73 at the IC4A Championships and placed 24th.

2005 INDOOR TRACK - Had the Terps' top two times in the 800 meters… ran a 1:55.39 at the Maryland Invitational to finish second… placed 18th at the Penn State National Open with a time of 1:55.02… had a third-place finish in the 1,000 meters at the Virginia Tech Invitational with a time of 2:29.96… finished first at the Delaware Invitational, running a 2:34.83… his season-best time in the mile of 4:11.9 came in the preliminaries of the ACC Championships when he placed third and qualified for the IC4A Championships… ran a 4:14.7 in the finals of the ACC Championships and finished eighth… placed second at the Maryland Invitational with a time of 4:12.18… finished first at the Delaware Invitational (4:24.47)… also qualified for the IC4A Championships in the 3,000 meters at the New Balance Collegiate where he ran an 8:20.84 and placed third… ran an 8:45.37 at the ACC Championships and finished 28th.

2004 CROSS COUNTRY - Earned team MVP honors in selection by coaches... All-Region selection and fourth-place finisher at the ECAC Championships... led the team with three top-five finishes... hit his stride at the end of the year, earning All-Mid Atlantic honors with a 23rd-place finish at NCAA Regionals... topped his season-best 8k time at those IC4As, running a 25:03... finished second overall at the JMU Invitational (25:44.61)... won the ACC Pre-Meet, running a 25:49.12... was an 18th-place finisher at the team's toughest regular-season race, the Penn State Invitational.

2004 OUTDOOR TRACK - Redshirted.

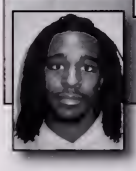
2004 INDOOR TRACK - Posted the team's best mile of the season, running 4:14.38 and finishing fourth at the Penn State Invitational... posted the team's fourth-best 1,000-meter time of 2:34.90 at the Armory Collegiate (finished seventh)... had the team's third and fourth best (8:28.32 and 8:30.90, respectively) times in the 3,000 meters... also ran the distance medley relay.

BEFORE MARYLAND - Lettered three years in cross country, indoor track and outdoor track at Toms River North High School in Toms River, N.J... earned Shore Conference Runner of the Year honors three times and Ocean County Runner of the Year honors four times... three-time state champion... won eight county championships and five conference championships in four years... left high school ranked No. 4 all-time in New Jersey cross country on the state course (5K; 15:36)... posted six school records, two Shore Conference records and three county records in four years.

PERSONAL - Son of Betsy and Peter Hess... chose to attend Maryland because of the strong combination between athletics and academics.

KOREY HOPKINS

JUMPS



Freshman
Bel Alton, Md.
La Plata HS

BEFORE MARYLAND - Earned honorable mention all-state in the long jump while at La Plata High School... team won indoor state title and was conference champions... served as captain his senior year... conference champion in the long jump... all-county and All-SMAC honoree in both long jump and hurdles.

PERSONAL - Born Dec. 30, 1989... parents are Carolyn and Renny Barnes... plans to major in mechanical engineering... lists playing guitar and cars as his hobbies... Jonathan Edwards is his favorite athlete.

GREG KELSEY

DISTANCE

Sophomore
Saratoga Springs, N.Y.
Saratoga Springs HS

2007 CROSS COUNTRY – Earned All-Region recognition with a 23rd-place finish individually at the NCAA Mid-Atlantic Regional hosted by Lehigh... led Maryland in the final three races of the season, including the regional in which he ran 30:58 over 10K course... Terps' top finisher at the ACC Championships, placing 24th overall with 24:56.7 mark over 8K course at Virginia... led Maryland with a sixth-place finish at 25:40.3 over 5 miles as Terrapins won the team title at the Leopard Invitational at Lafayette... second Terp to the line and 23rd overall at the Navy Invitational (25:22.1 over 8K).

2007 OUTDOOR TRACK – Placed seventh in the 3,000 steeplechase at the USATF Junior Nationals in Indianapolis, finishing in 9:31.32... posted the Terps' top five times in the 3,000-meter steeplechase... had a time of 9:28.59 and placed 13th at the Duke Asics Invitational... finished third in the event at the Onesty/Abramson Invitational with a time of 9:28.88... placed 13th at the ACC Championships with a time of 9:31.99... also competed in the 1,500 meters at the Patriot Open where he finished tenth with a time of 4:04.42.

2007 INDOOR TRACK – Did not compete.

2006 CROSS COUNTRY – The only Terp to finish in the top three on the team in every event... placed first among Terps at the season ending IC4A Championships, and 38th overall with a time of 26:09.4... finished second at the Great Meadows Invitational (11th overall, 22:34.7), the Spiked Shoe Invitational (27th overall, 26:56.0), the Tribe Invitational (30th overall, 25:32.0), and the NCAA Regionals (57th overall, 32:20.2)... placed third on the team in both the Chile Pepper Invitational and the ACC Championships.

BEFORE MARYLAND – Cross country captain 2004-05... member of the Saratoga Springs, N.Y., State and Nike Team Nationals Championship cross country team in 2005... was a Nike Indoor National Champion in the distance medley relay and a Nike Outdoor National Champion in the 2,000-meter steeplechase in 2006... high school coaches were Art & Linda Kranick... top pre-college marks were 9:11 in 3,000 steeplechase, 4:14.7 indoors in the mile.

PERSONAL – Born May 12, 1988... son of Janice Kelsey ... has one brother, Jeremy... majoring in kinesiology... chose Maryland over Villanova, Brown, Columbia and Iona.

SEAN LOWE

SPRINTS

Senior
Jamaica, N.Y.
St. John's Prep

LEFRAK SCHOLAR

2007 OUTDOOR TRACK – All-ACC honoree after finishing second in the 400 meters at the ACC Outdoor Championships with a 47.14 clocking in College Park... posted an IC4A and NCAA regional-qualifying time of 47.02 in the preliminaries of the ACC Championships... placed 10th at the NCAA East Regional with a time of 47.03... tied for fourth in the 200 meters at the Disney World Invitational with an IC4A-qualifying time of 21.24... was a member of Maryland's 4x400 relay team that qualified for the IC4A Championships and placed second at the ACC Championships.

2007 INDOOR TRACK – Posted an IC4A-qualifying 400-meter time of 47.75 at the Penn State National Invitational and tied for second... finished 11th in the event at the Alex Wilson Invitational with a time of 47.75... placed 13th at the New Balance Collegiate, running a 47.97... placed fourth in the 800 meters at the Terrapin Invitational with a time of 1:56.11... was a member of the Terps' 4x400 relay team that placed first at the Penn State National Invitational, second at the ACC Championships and qualified for the IC4A Championships.

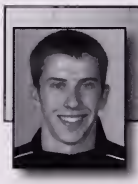
2006 OUTDOOR TRACK – Had the eight fastest times in the 400 meters for the Terps... placed fifth in the preliminaries of the ACC Championships with his season-best and IC4A-qualifying time of 47.44... placed sixth in the finals of the ACC Championships with a time of 47.62... had a first-place finish at the Patriot Open with a time of 47.63... ran a 47.66 to place fifth at the IC4A Championships... was a member of the Terps' 4x400 relay team that placed fourth at the ACC Championships with an IC4A-qualifying time of 3:12.38.

2006 INDOOR TRACK – Placed sixth in the 400 meters at the ACC Championships with an IC4A-qualifying time of 47.80... finished ninth at the IC4A Championships with a time of 48.48... had the Terps' best-time of the season in the 800 meters at the UMES Lid Lifter, where he placed second with a time of 1:55.50.

2005 OUTDOOR TRACK - Season-best time in the 400 meters was in the preliminaries of the ACC Championships where he ran an IC4A-qualifying time of 47.49 and placed fourth... placed sixth in the finals of the ACC Championships with a time of 48.65... ran 47.93 at the Patriot Open to finish fourth... competed in the 800 meters at the Navy Invitational and placed 12th with a time of 2:00.6.

2005 INDOOR TRACK - Was an IC4A qualifier in the 400 meters... ran a season-best 48.39 in the preliminaries of the IC4A Championships... finished eighth in the finals of the IC4A Championships, running 48.69... seventh at the ACC Championships with a time of 49.62... also competed in the 800 meters and had a season-best time of 1:56.38 to finish seventh at the Virginia Tech Invitational... member of the Terps' 4x400 relay team which qualified for the IC4A Championships and placed third at the ACC Championships with a time of 3:17.94.

ALEX LUNDY
DISTANCE



Freshman
Littleton, Colo.
Heritage HS

BEFORE MARYLAND - Second-place finisher in the 400-meter dash at the 2004 Indoor Eastern States Championships… in indoor track, ranked second nationally in the 600-meter dash and sixth in the 400-meter dash… school record-holder in the 200, 300, 400, 500, 600 and 800-meter races… won team Scholar Athlete and Outstanding Career awards.

PERSONAL - Born August 6, 1986 in Bronx, New York… son of Denise Filmore… has one brother, Terry Miles… a Lefrak Scholar honoree at Maryland… enjoys playing basketball and listening to music.

2007 CROSS COUNTRY – Ran two events for Maryland… Terps' leading finisher at the Navy Invitational, placing 10th with an 8K clocking of 24:55.4… also competed at the ACC Championships, finishing 68th overall and seventh on the team with a time of 26:15.4 over Virginia's 8K course.

BEFORE MARYLAND – Honorable mention all-state performer by *Denver Post* in cross country at Heritage HS… finished seventh individually in 2006 Colorado State High School Cross Country Championships with mark of 16:30.2… finished 30th in the 2006 Foot Locker Regional Cross Country Championships in a 320-runner field… went 9:46.79 to finish second in the 3,200 at the Littleton Invitational outdoor meet in Spring 2007.

ZACH MARTINEZ
MIDDLE DISTANCE

Junior
Gaithersburg, Md.
Gaithersburg HS

2007 OUTDOOR TRACK – Posted a season-best time of 3:59.4 in the 1,500 meters at the Navy Invitational and placed fifth… finished 10th at the Maryland Invitational with a time of 4:01.86… had a time of 4:06.40 at the ACC Championships and finished 32nd.

2007 INDOOR TRACK – Finished 21st in the mile on the bank at the Virginia Tech Challenge, running a 4:18.03… placed 14th in the event at the Patriot Games with a time of 4:29.17… Had a time of 8:47.62 in the 3,000 meters at the ACC Championships to place 29th… was also a member of Maryland's distance medley relay team that placed eighth at the ACC Championships and qualified for the IC4A Championships.

2006 CROSS COUNTRY - Finished sixth on the team and 78th overall at the Spiked Shoe Invitational with a time of 28:12.2.

2006 OUTDOOR TRACK – Placed 38th in the 1,500 meters at the Duke Invitational with a time of 3:59.78… ran a 4:00.18 at the Disney World Invitational to place seventh… in the 1,500 preliminaries of the ACC Championships, he ran a 4:01.07 and placed 27th.

2006 INDOOR TRACK – Had the team's top mile time of the season at the Liberty Invitational where he placed third, running a 4:15.81… placed 10th at the Maryland Invitational with a time of 4:24.98… finished 19th in the 3,000 meters at the ACC Championships with a time of 8:41.81… had a third-place finish at the UMES Lid Lifter with a time of 8:45.63.

2005 CROSS COUNTRY - Talented runner who enjoyed a strong finish to his freshman campaign… ran to a 32nd-place finish (22:39.0) in his collegiate debut at the Great Meadows Invitational… came in 62nd at the ACC Championships with a time of 25:39.0… finished second on the team at the final two meets of the season, NCAA Regionals (83rd overall) and the IC4A Championships (119th).

BEFORE MARYLAND - Mile and 2-mile state champion at Gaithersburg High School… placed third in cross country and second in the indoor mile… second team All-Met and has been a county and region champion… All-Montgomery County and *All-Gazette* selection for head coach Herb Talbert… lettered in cross country and track in all four years of high school… Gaithersburg's top runner as junior and senior year… high school bests: 400 (52.0), 800 (1:55), 1,600 (4:21), 3,200 (9:28).

PERSONAL – Born Nov. 2, 1987 in Cherrypoint, N.C… part of Maryland's College of Letters & Sciences.

KYLE RAUSER
MIDDLE DISTANCE

Junior
Severn Md.
Old Mill HS

2007 OUTDOOR TRACK – Ran a season-best 1:52.85 in the 800 meters and placed 11th at the ACC Championships… finished third at the Disney World Invitational with a time of 1:53.25… had a time of 1:54.11 at the Maryland Invitational and placed fifth… was also a member of the Terps' distance medley relay team that placed first at the Disney World Invitational with a time of 10:09.53.

2007 INDOOR TRACK – Posted an IC4A-qualifying time of 1:53.99 in the 800 meters at the ACC Championships and placed 10th… finished second in the event at the Penn State National Invitational's banked track, running a 1:54.32… had a ninth-place finish on the bank at the Virginia Tech Invitational with a time of 1:54.76… placed 11th in the 400 meters at the Terrapin Invitational with a time of 50.76… was a member of the Terps' IC4A-qualifying 4x400 relay team that placed second at the ACC Championships.

2006 OUTDOOR TRACK – Placed 15th in the 800 meters at the ACC Championships with a time of 1:53.69… placed 21st in the developmental division of the Duke Invitational with a time of 1:56.75… had a time of 2:02.24 at the Disney World Invitational and placed 19th.

2006 INDOOR TRACK – Placed ninth in the 500 meters at the UMES Lid Lifter with a time of 1:07.49… had a 16th-place finish in the 800 meters at the Penn State National Open… ran a 1:57.01 at the Liberty Invitational, which was good for a second-place finish… placed seventh at the Maryland Invitational with a time of 1:57.14.

BEFORE MARYLAND – Won state championships at 800 meters indoors as a senior and outdoors as a junior… member of 4x400 and 4x800 relays for Old Mill HS in Millersville, Md., which won the team outdoor title in 2004… named Anne Arundel County athlete of the year for indoor track by the *Baltimore Sun* as a senior… member of All-America relay squad at Nike indoor nationals… high school track coach was Janet Liimatta… also lettered as a cornerback in football… team captain in both track and football… member of National Honor Society at Old Mill… high school bests: 400 (49.2), 500 (1:07.0), 800 (1:56.22).

PERSONAL – Born May 2, 1987 in Severn, Md… majoring in education… parents are Deborah and Mark Rauser… also recruited by UMBC, James Madison and Lock Haven.

ZACH ROTH
COMBINED

Freshman
Reisterstown, Md.
Franklin HS

BEFORE MARYLAND - Won Maryland state title in the discus in 2007… All-Metro selection by *The Baltimore Sun* in the discus as a senior… has pre-collegiate bests of 5,977 in the decathlon, 50.4 in the 400 meters, 1:58 in the 800, 47-7 in the shot put and 145-5 in the discus.

PERSONAL - Born Sept. 16, 1989… parents are Melinda and Roger Roth Jr… has three younger siblings, Anna, Alex and Naomi… seeks career as a stock broker… lists Brian Oldfield as his favorite athlete… Enjoys music and movies… has set a goal of 8,000 points in the decathlon… lists a good work ethic as one of his best traits as an athlete.

JEREMY SAMUELS
SPRINTS

Sophomore
Upper Marlboro, Md.
Dematha Catholic

2007 OUTDOOR TRACK – Qualified for the IC4A Championships in the 400 meters when he posted a time of 47.99 at the ACC Championships and placed sixth… posted the same time at the Georgia Tech Invitational and placed 25th… finished fifth at the Patriot Open with a time of 48.19… Ran a 21.84 in the 200 meters to place 18th at the Disney

World Invitational... placed fourth in the event at the Patriot Open with a time of 22.26... was a member of the Terps' sprint medley relay team and 4x400 relay teams... sprint medley relay placed first at the Disney World Invitational with a time of 3:26.95... 4x400 team qualified for the IC4A Championships and placed second at the ACC Championships.

2007 INDOOR TRACK – Posted an IC4A-qualifying time of 48.58 in the 400 meters on the bank at the Virginia Tech Invitational... had a time of 48.96 in the event at the New Balance Collegiate... placed seventh at the ACC Championships, running a 49.23... finished eighth in the 200 meters at the Terrapin Invitational with a time of 22.52... was a member of the Terps' 4x400 relay team that qualified for the IC4A Championships and placed second at the ACC Championships.

BEFORE MARYLAND – His 4x400 relay team won the championship at the Nike Outdoor Championships in 2005... was named All-Met twice, All-County and All-District... set the 600-meter school record and was named his team's Most Valuable Runner in 2006... former Stags teammate of current Terrapin All-American Dominic Berger... top pre-college marks included a 22.5 in the 200m and a 400 mark of 47.88.

JOE SIMPSON
MIDDLE DISTANCE

Junior
Barnegat, N.J.
Southern Regional HS

2007 CROSS COUNTRY – Competed in five events for Maryland, finishing consistently in second through fourth spot on the team... third Terrapin to the line and 44th overall finisher at the ACC Championships, covering Virginia's 8K course in 25:35.7... placed 64th overall and fourth on the team at the NCAA Mid-Atlantic Regional, going 31:49 over 10K at Lehigh... best finish of the season was a fourth at the Mount St. Mary's Duals, finishing as the second Terp to the line in 16:19.0 over 5K... placed 16th overall and third on the team as Maryland won the team title at the Leopard Invitational at Lafayette, covering 5 miles in 26:37.4.

2007 OUTDOOR TRACK – Competed in the 1,500 meters at the ACC Championships where he posted a season-best time of 4:06.35 and placed 31st... finished 21st in the event at the Onesty/Abramson Invitational with a time of 4:06.58... placed 26th in the 800 meters at the Maryland Invitational with a time of 1:59.64.

2007 INDOOR TRACK – Finished seventh in the mile at the Patriot Games with a time of 4:23.78... had a time of 4:26.72 at the Terrapin Invitational and placed 11th... placed 24th in the 800 meters at the Terrapin Invitational with a time of 2:02.81... had a 38th-place finish in the 3,000 meters at the ACC Championships with a time of 9:06.66.

2006 CROSS COUNTRY - Had a season-best time of 26:44.9 in the 8k at the ACC Championships, good for 74th overall and 6th on the team... finished fifth on the team and 100th overall at the NCAA Regionals.

2006 OUTDOOR TRACK – Ran a 4:00.79 in the 1,500 meters at the Navy Invitational, which was good for a 10th-place finish... placed 15th at the Terrapin Invitational with a time of 4:01.77... finished 42nd in the 800 meters at the Terrapin Invitational, running 2:03.72.

2006 INDOOR TRACK – Had a time of 2:01.34 in the 800 meters at the Terrapin Invitational and placed 31st... finished 11th at the Liberty Invitational with a time of 2:04.33... had a fifth-place finish in the mile at the Liberty Invitational with a time of 4:21.71... placed 21st at the Virginia Tech Invitational with a time of 4:27.14... finished 29th at the ACC Championships.

2005 CROSS COUNTRY - Redshirt season.

BEFORE MARYLAND - Lettered in cross country and indoor and outdoor track and field at Southern Regional High School in Barnegat, N.J. ... named team MVP for all three sports his senior year ... finished 24th at the New Jersey Cross Country Meet of Champions and was runner-up in the 1,600m ... an indoor and outdoor county champ in the 1,600.

JAKE TRAVERS
MIDDLE DISTANCE

Junior
Washington, D.C.
Sidwell Friends HS

2007 OUTDOOR TRACK – Placed 11th in the 1,500 meters at the Navy Invitational with a time of 4:18.4... had a time of 4:19.30 at the Onesty/Abramson Invitational and placed 49th... competed in the 5,000 meters at the Maryland Invitational and placed 29th with a time of 16:13.93.

2007 INDOOR TRACK – Did not compete.

2006 CROSS COUNTRY - Ran in the Spiked Shoe Invitational and finished 10th on the team with a time of 28:54.2.

2006 INDOOR/OUTDOOR TRACK - Did not compete.

2005 CROSS COUNTRY - Came in 23rd overall in his collegiate debut at the Great Meadows Invitational (22:13.0)... finished 35th at the Great American Cross Country Festival, crossing in 26:03.30... set a new 8K PR at the ACC Championships, finishing in 25:47.20 (68th place).

BEFORE MARYLAND - Lettered in cross country at Sidwell Friends School in Washington, D.C. ... split 2:01 in the 800 meters, and ran 4:07 in the 1,500 and a 9:38 in the 3,200 as a prep... holds school records in 3,200 and 4x800 relay... won a number of conference titles.

PERSONAL - Parents are Barbara Catherwood and Lee Travers... has an older brother, Sam... enjoys stamp collecting and shell collecting... says his favorite athlete is Maryland Coach Andrew Valmon, "because he can still beat me in a race."

ANTHONY WALKER
SPRINTS

Junior
Greenbelt, Md.
Eleanor Roosevelt HS

2007 OUTDOOR TRACK – Qualified for the IC4A Championships in the 400 meters at the Georgia Tech Invitational with a time of 48.07 and placed 26th... finished eighth at the Patriot Open with a time of 48.70... ran a 48.78 at the Disney World Invitational and placed 10th... Had a time of 22.40 in the 200 meters at the Patriot Open and placed fifth. .. was a member of Maryland's 4x100 relay team that placed ninth at the ACC Championships with an IC4A-qualifying time of 42.34.

2007 INDOOR TRACK – Placed third at the 500 meters at the Penn State National Invitational with an IC4A-qualifying time of 1:04.69... finished 15th in the event on the bank at the Virginia Tech Invitational with a time of 1:05.54... had a season-best 400 meters time of 49.98 at the New Balance Collegiate... also placed 24th in the event at the ACC Championships, posting a time of 50.78.

2006 OUTDOOR TRACK – Placed first in the 400 meters of the developmental division at the Duke Invitational with an IC4A-qualifying time of 48.33... had a third-place finish at the Patriot Open with a time of 48.46... ran a 48.61 at the Terrapin Invitational and placed fifth... was a member of the Terps' 4x100 relay team that placed seventh at the ACC Championships with a time of 42.58... was also on the Terps' 4x400 relay team that placed fourth at the ACC Championships with an IC4A-qualifying time of 3:12.38.

2006 INDOOR TRACK – Ran a 48.63 in the 400 meters in the preliminaries of the IC4A Championships... placed 12th at the ACC Championships with an IC4A-qualifying time of 48.69... had a sixth-place finish at the Penn State National Open, running 49.27... placed 25th in the 800 meters at the Virginia Tech Invitational with a time of 2:04.65... was a member of the Terps' 4x400 relay time that placed fifth at the IC4A Championships with a time of 3:12.45.

BEFORE MARYLAND – High School All-American indoors in 2004 and 2005 as member of the Blazin' Raiders club relay... member of cross country and track teams while at Eleanor Roosevelt HS in Greenbelt, Md... outdoor team won state team title, was second indoors and fourth in cross country his senior year... qualified at states in 500, 800, 4x400 and 4x800... anchored the state-record setting 4x800 relay at 7:59.76 which was fourth in the U.S... finished third individually at states in the 500... earned All-Met honors from *Washington Post*... honored five times on All-Prince George's Gazette squads... member of a 4x400 relay team that posted 3:17.6 in the Championship of America meet... high school bests: 200 (22.54), 400 (48.85), 500 (1:06.42), 800 (1:58.20)... three-time Junior Olympics All-American while at Glenarden Track Club.

PERSONAL – Born May 25, 1987 in Baltimore... also recruited by Penn, LaSalle, Howard, Georgetown and UMBC.

2007 MEN'S INDOOR MARKS

Qualifying marks shown for flat 200m track
(b) - banked or oversized track... mark listed is actual mark
(a) - NCAA automatic mark; (i) - IC4A qualifying mark; (p) - NCAA provsional mark

55 METERS

Name	Mark	Meet	Plc
Richard TAYLOR (So.)	6.47	IC4A Champs. - semis	10th
TAYLOR	6.49	IC4A Champs. - prelims	8th
Dominic BERGER (Jr.)	6.55	Virginia Tech Challenge	15th
TAYLOR	6.63	Virginia Tech Challenge	22nd

60 METERS

Dominic BERGER (Jr.)	6.93	(i)	Terrapin Inv. - final	5th
Richard TAYLOR (So.)	6.94	(i)	ACC Championships	14th
BERGER	6.95		Terrapin Inv. - prelims	T4th
TAYLOR	6.95		Patriot Games - final	3rd

200 METERS

Dominic BERGER (Jr.)	21.98	(b)	Penn State National Inv.	9th-Inv.
Earl GRAY (Jr.)	22.33	(b)	Virginia Tech Invitational	T11th
Jeremy SAMUELS (Fr.)	22.52		Terrapin Invitational	8th
Richard TAYLOR (So.)	23.11		Patriot Games	9th

400 METERS

Sean LOWE (Jr.)	47.75	(b/i)	Penn State National Inv.	2nd-Inv.
LOWE	47.75	(b)	Alex Wilson Invitational	11th
LOWE	47.97	(b)	New Balance Collegiate	13th
LOWE	48.26		ACC Champs. - final	3rd
Jeremy SAMUELS (Fr.)	48.58	(b/i)	Virginia Tech Invitational	2nd
SAMUELS	49.21		ACC Champs. - prelims	7th
SAMUELS	49.23		ACC Champs. - final	7th
Anthony WALKER (So.)	49.98	(b)	New Balance Collegiate	T70th
Earl GRAY (Jr.)	50.67		Terrapin Invitational	10th
Kyle RAUSER (So.)	50.76		Terrapin Invitational	11th
WALKER	50.78		ACC Championships	24th

500 METERS

Anthony WALKER (So.)	1:04.69	(b/i)	Penn State National Inv.	3rd
WALKER	1:05.54	(b)	Virginia Tech Invitational	15th

800 METERS

Kyle RAUSER (So.)	1:53.99	(i)	ACC Championships	10th
RAUSER	1:54.32	(b)	Penn State National Inv.	2nd
RAUSER	1:54.76	(b)	Virginia Tech Invitational	9th
Tommy FRISCIA (Fr.)	1:54.87	(b)	Virginia Tech Invitational	10th
FRISCIA	1:56.38		ACC Championships	14th
Sean LOWE (Jr.)	1:56.11		Terrapin Invitational	4th
Josh DAVIS (So.)	1:57.08		Terrapin Invitational	5th
Ben DIESTEL (Fr.)	2:02.01		Terrapin Invitational	17th
Joe SIMPSON (So.)	2:02.81		Terrapin Invitational	24th

1,000 METERS

Tommy FRISCIA (Fr.)	2:31.07	(b)	Virginia Tech Challenge	14th
FRISCIA	2:31.35	(b)	Virginia Tech Invitational	8th

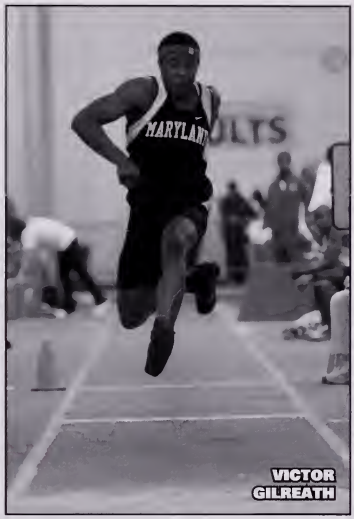
MILE

Josh DAVIS (So.)	4:17.41	(b)	Virginia Tech Challenge	19th
DAVIS	4:17.83		Terrapin Invitational	8th
Zach MARTINEZ (So.)	4:18.03	(b)	Virginia Tech Challenge	21st
Ben DIESTEL (Fr.)	4:20.18	(b)	Virginia Tech Challenge	24th
Joe SIMPSON (So.)	4:23.78		Patriot Games	7th
Drew ABERNATHY (Fr.)	4:35.21	(b)	Virginia Tech Challenge	47th
DIESTEL	4:35.71		ACC Championships	29th
SIMPSON	4:43.00		ACC Championships	31st
Kevin GAHR (Fr.)	4:44.51	(b)	Virginia Tech Challenge	48th

3,000 METERS

Josh DAVIS (So.)	8:37.85	(b)	New Balance Collegiate	31st
Pete HESS (Jr.)	8:38.24	(b)	New Balance Collegiate	32nd
Ben DIESTEL (Fr.)	8:40.65	(b)	New Balance Collegiate	37th
DIESTEL	8:46.65		ACC Championships	26th
DAVIS	8:46.75		ACC Championships	27th
Zach MARTINEZ (So.)	8:47.62		ACC Championships	29th
Drew ABERNATHY (Fr.)	9:02.07		Patriot Games	15th
Joe SIMPSON (So.)	9:06.66		ACC Championships	38th
Kevin GAHR (Fr.)	9:07.35		Patriot Games	19th

JOSH DAVIS


VICTOR GILREATH

SAL DELHIERRO

5,000 METERS

Ben DIESTEL (Fr.)	15:05.20	(b)	Penn State National Inv.	12th
Josh DAVIS (So.)	15:16.39	(b)	Penn State National Inv.	14th
Drew ABERNATHY (Fr.)	15:58.87	(b)	Virginia Tech Invitational	11th
Kevin GAHR (Fr.)	16:03.25	(b)	Virginia Tech Invitational	13th
ABERNATHY	16:25.13		ACC Championships	33rd

55-METER HURDLES

Dominic BERGER (Jr.)	7.25	(p/i)	Virginia Tech Inv. - semis	2nd
BERGER	7.32		Virginia Tech Inv. - final	2nd
BERGER	7.32		Virginia Tech Inv. - prelims	2nd
Danny OQUENDO (So.)	7.62	(i)	Virginia Tech Ch. - semis	T6th
OQUENDO	7.78		IC4A Championships	20th

60-METER HURDLES

Dominic BERGER (Jr.)	7.67		NCAA Champs. - prelims	2nd
BERGER	7.70		NCAA Champs. - final	3rd
BERGER	7.75	(p/i)	ACC Champs. - final	1st
BERGER	7.82		Millrose Games	2nd-College Div.
BERGER	7.85		ACC Champs. - prelims	1st
Adam DURHAM (Sr.)	8.10		Alex Wilson Inv. - prelims	8th
DURHAM	8.12	(i)	ACC Champs. - prelims	5th
DURHAM	8.15		ACC Champs. - final	6th
Danny OQUENDO (So.)	8.26		ACC Championships	12th

4X400 RELAY

Anthony Walker - Jeremy Samuels - Kyle Rauser - Sean Lowe				
	3:11.17	(b)	Alex Wilson Invitational	5th
Terps	3:11.74	(b/i)	Penn State National Inv.	1st-Inv.
Anthony Walker - Jeremy Samuels - Kyle Rauser - Sean Lowe				
	3:15.45		ACC Championships	2nd

DISTANCE MEDLEY RELAY

Josh Davis - Anthony Walker - Tommy Friscia - Zach Martinez				
	10:08.17	(i)	ACC Championships	8th

HIGH JUMP

David EDWARDS-BRENNAN (So.)				
	6-09.75	(i)	ACC Championships	6th
EDWARDS-BRENNAN	6-09.00		New Balance Collegiate	T2nd
EDWARDS-BRENNAN	6-08.00		IC4A Championships	T4th
Chris HALEY (So.)	6-04.75		Virginia Tech Invitational	8th

POLE VAULT

Brian GRUBEL (Sr.)	15-05.00		Virginia Tech Invitational	13th

LONG JUMP

Jason ALLEN (Fr.)	24-02.25	(i)	Virginia Tech Invitational	1st
ALLEN	23-07.25		Terrapin Invitational	1st
Jayson ALEXANDER (Jr.)	22-11.75		Virginia Tech Invitational	10th
ALLEN	22-08.50		ACC Championships	8th
ALEXANDER	22-01.75		ACC Championships	11th
Chris HALEY (So.)	21-11.50		Virginia Tech Invitational	T18th
Victor GILREATH (Fr.)	20-07.25		Virginia Tech Invitational	26th

TRIPLE JUMP

Victor GILREATH (Fr.)	47-05.25	(i)	Virginia Tech Invitational	7th
GILREATH	45-05.75		ACC Championships	9th
GILREATH	45-03.50		Terrapin Invitational	7th

SHOT PUT

Sal DELHEIRRO (So.)	49-09.00	Thomson Invitational	4th
DELHIERRO	48-03.25	New Balance Collegiate	40th
DELHIERRO	48-02.00	Penn State National Inv.	17th
DELHIERRO	46-04.75	ACC Championships	15th

35-POUND WEIGHT THROW

Sal DELHIERRO (So.)	58-09.50	(i)	Thomson Invitational	2nd
DELHIERRO	55-11.00		ACC Championships	6th
DELHIERRO	54-08.25		New Balance Collegiate	21st

2007 MEN'S OUTDOOR MARKS

(a) - NCAA automatic mark; (i) - IC4A qualifying mark;
(p) - NCAA provsional mark; (r) - NCAA regional mark

100 METERS

Name	Mark	Meet	Plc
Richard TAYLOR (So.)	10.6h (i)	Navy Invitational	1st
Jayson ALEXANDER (Jr.)	10.8h	Navy Invitational	2nd
Devin REGAN (So.)	11.1h	Navy Invitational	4th

200 METERS

Earl GRAY (Jr.)	21.22 (i)	Georgia Tech Invitational	13th
Sean LOWE (Jr.)	21.24 (i)	Disney World Invitational	T4th
GRAY	21.48	ACC Championships	16th
GRAY	21.49	Maryland Invitational	1st
Dominic BERGER (Jr.)	21.57 (i)	Disney World Invitational	12th
Jeremy SAMUELS (Fr.)	21.84	Disney World Invitational	18th
Anthony WALKER (So.)	22.40	Patriot Open	5th
Devin REGAN (So.)	22.46	Duke Asics Invitational	11th

400 METERS

Sean LOWE (Jr.)	47.02 (i/r)	ACC Champs. - Prelims	2nd
LOWE	47.03	NCAA East Regionals	10th
LOWE	47.14	ACC Champs. - Final	2nd
Jeremy SAMUELS (Fr.)	47.99 (i)	ACC Champs. - Final	6th
Anthony WALKER (So.)	48.07 (i)	Georgia Tech Invitational	26th
Earl GRAY (Jr.)	48.37	Patriot Open	6th
WALKER	49.73	ACC Championships	16th

DOMINIC BERGER

800 METERS

Josh DAVIS (So.)	1:52.83	Georgia Tech Invitational	23rd
Kyle RAUSER (So.)	1:52.85	ACC Championships	11th
RAUSER	1:53.25	Disney World Invitational	3rd
Tommy FRISCIA (Fr.)	1:54.58	ACC Championships	18th
Joe SIMPSON (So.)	1:59.64	Maryland Invitational	26th
Ben DIESTEL (Fr.)	1:59.93	Maryland Invitational	32nd

1,500 METERS

Josh DAVIS (So.)	3:53.08	ACC Champs. - Final	10th
DAVIS	3:54.21	ACC Champs. - Prelims	11th
DAVIS	3:56.68	Disney World Invitational	3rd
Zach MARTINEZ (So.)	3:59.4h	Navy Invitational	5th
Greg KELSEY (Fr.)	4:04.42	Patriot Open	10th
Ben DIESTEL (Fr.)	4:05.37	Disney World Invitational	13th
Ryan SHON (Fr.)	4:05.40	Onesty/Abramson Invit.	16th
Kevin GAHR (Fr.)	4:05.6h	Navy Invitational	6th
Joe SIMPSON (So.)	4:06.35	ACC Championships	31st
MARTINEZ	4:06.40	ACC Championships	32nd
Drew ABERNATHY (Fr.)	4:08.9h	Navy Invitational	9th
Jake TRAVERS (So.)	4:18.4h	Navy Invitational	11th

3,000-METER STEEPLECHASE

Greg KELSEY (Fr.)	9:28.59	Duke Asics Invitational	13th
KELSEY	9:28.88	Onesty/Abramson Invit.	3rd
KELSEY	9:31.99	ACC Championships	13th
KELSEY	9:32.77	Penn Relays	14th
Josh DAVIS (So.)	9:45.58	Maryland Invitational	6th

5,000 METERS

Ryan SHON (Fr.)	15:08.86	Duke Asics Invitational	57th
Kevin GAHR (Fr.)	15:11.96	Duke Asics Invitational	61st
GAHR	15:17.63	Maryland Invitational	6th
Drew ABERNATHY (Fr.)	15:28.93	ACC Championships	29th
SHON	15:48.51	ACC Championships	33rd
GAHR	15:52.53	ACC Championships	34th
Jake TRAVERS (So.)	16:13.93	Maryland Invitational	29th

10,000 METERS

No marks

110-METER HURDLES

Dominic BERGER (Jr.)	13.54	(i/r)	ACC Champs. - Final	1st
BERGER	13.68		ACC Champs. - Prelims	1st
BERGER	13.75		Ga. Tech Inv. - Final	1st
BERGER	13.94		NCAA East Reg. - Final	2nd
Adam DURHAM (Sr.)	14.03		NCAA East Reg. - Final	5th
BERGER	14.05		Penn Relays - Final	8th
DURHAM	14.15	(i/r)	Ga. Tech Inv. - Prelims	19th
Danny OQUENDO (So.)	14.77	(i)	Disney World Inv. - final	7th

400-METER HURDLES

Adam DURHAM (Sr.)	51.48	(i/r)	ACC Champs. - Final	4th
DURHAM	52.11		ACC Champs. - Prelims	6th
DURHAM	53.52		NCAA East Regionals	26th
DURHAM	57.82		Penn Relays	55th

EARL GRAY (FRONT) AND ANTHONY WALKER (BACK)

BEN DIESTEL

4X100 RELAY

Jayson Alexander - Devin Regan - Anthony Walker - Earl Gray

	42.34	(i)	ACC Championships	9th

4X400 RELAY

Terps	3:10.32	(i)	Georgia Tech Invitational	4th
Earl Gray - Jeremy Samuels - Kyle Rauser - Sean Lowe				
	3:10.39		ACC Championships	2nd
Earl Gray - Jeremy Samuels - Kyle Rauser - Sean Lowe				
	3:11.74		Penn Relays	3rd - IC4A Div.

SPRINT MEDLEY RELAY

Jason Allen - Dominic Berger - Jeremy Samuels-Tommy Friscia

3:26.95		Disney World Invitational	1st

DISTANCE MEDLEY RELAY

Ben Diestel - Anthony Walker - Kyle Rauser-Josh Davis

10:09.53		Disney World Invitational	1st

HIGH JUMP

David EDWARDS-BRENNAN (So.)

	6-10.75	(i/r)	Georgia Tech Invitational	T5th
EDWARDS-BRENNAN	6-10.25		Disney World Invitational	2nd
EDWARDS-BRENNAN	6-09.50		Maryland Invitational	1st
EDWARDS-BRENNAN	6-09.00		NCAA East Regionals	T10th
EDWARDS-BRENNAN	6-08.75		ACC Championships	3rd
EDWARDS-BRENNAN	6-06.75		Penn Relays	5th
Chris HALEY (So.)	6-04.75		ACC Championships	8th

POLE VAULT

No marks

LONG JUMP

Jason ALLEN (Fr.)	23-03.50	(i)	Disney World Invitational	4th
Jayson ALEXANDER (Jr.)	23-03.25		ACC Championships	7th
ALLEN	22-04.25		ACC Championships	11th
ALLEN	22-03.50		Maryland Invitational	1st
Chris HALEY (So.)	21-06.00		Maryland Invitational	4th
David EDWARDS-BRENNAN (So.)				
	20-05.25		Disney World Invitational	12th
Victor GILREATH (Fr.)	20-03.50		Navy Invitational	4th
HALEY	20-02.50		ACC Championships	17th

TRIPLE JUMP

Victor GILREATH (Fr.)	46-11.75	Navy Invitational	1st
GILREATH	46-06.75	ACC Championships	8th
GILREATH	46-00.75	Duke Asics Invitational	7th

SHOT PUT

Sal DELHIERRO (So.)	47-04.50	ACC Championships	15th
DELHIERRO	45-10.50	Duke Asics Invitational	16th
DELHIERRO	42-11.50	Maryland Invitational	14th

DISCUS

Sal DELHIERRO (So.)	113-04	Navy Invitational	3rd

JAVELIN

Devin REGAN (So.)	187-07	Duke Asics Invitational	5th
REGAN	174-10	ACC Championships	10th
REGAN	169-07	Maryland Invitational	9th

HAMMER

Sal DELHIERRO (So.)	160-06	Maryland Invitational	7th
DELHIERRO	154-05	Navy Invitational	2nd
DELHIERRO	154-00	ACC Championships	10th

DECATHLON

No marks

MEN'S INDOOR ALL-TIME MARKS

Marks available at press time
Marks in 2007 in bold... Current Terps in caps
(b) - mark on banked track... (h) - manual time
Mark listed is not converted

55 METERS

1	6.33		John Carr	2000
2	6.38		Nathyia Jackson	2001
3	6.47		**Richard Taylor**	**2007**
4	6.48		Trevor Graves	n/a
5	6.49		Dontae Bugg	2000
6	6.51		Harold Manning	2004
7	6.55		**DOMINIC BERGER**	**2007**
8	6.57		Phillip Barrett	2000
9	6.58		Justin James	1999

60 METERS

1	6.73		Gerrick McPhearson	2005
2	6.87		Harold Manning	2003
3	6.89		John Carr	1999
4	6.91		DOMINIC BERGER	2006
5	6.94		**Richard Taylor**	**2007**
6	6.97		ROBERT DURU	2005
t7	6.99		Richard Taylor	2006
t7	6.99		Josh Wilson	2005
9	7.03		Dontae Bugg	1999
10	7.13		JAYSON ALEXANDER	2006

60 Yards

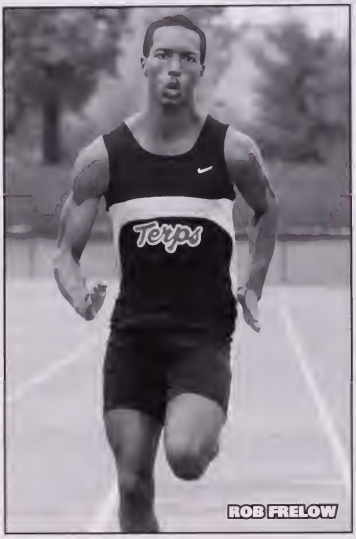
6.13			Darren Walker	1981

200 METERS

1	21.06		Harold Manning	2004
2	21.63	(b)	DOMINIC BERGER	2006
3	21.78	(b)	John Carr	2000
4	21.99	(b)	Dontae Bugg	2000
5	22.06	(b)	ROBERT DURU	2004
6	22.21	(b)	EARL GRAY	2006
7	22.31		Rob Frelow	2003
8	22.23		Trevor Graves	n/a
9	22.52		**JEREMY SAMUELS**	**2007**
10	22.67		Nathyia Jackson	2001

400 METERS

1	47.56		Darryl Bryant	1981
2	47.61	(b)	Rob Frelow	2005
3	47.75	(b)	**SEAN LOWE**	**2007**
4	48.63		ANTHONY WALKER	2006
5	48.58	(b)	**JEREMY SAMUELS**	**2007**
6	49.69		Dave Benaderet	2001
7	49.90		Richard Mahy	n/a
8	49.66	(b)	Dernick Hill	2002
9	49.74	(b)	Jason Joubert	2000
10	49.95	(b)	Devin Regan	2006



500 METERS

1	1:02.30		Chris Person	1981
2	1:03.17		Rob Frelow	2006
3	1:04.76		Jason Joubert	1999
4	1:04.69	(b)	**ANTHONY WALKER**	**2007**
5	1:05.73	(b)	Devin Regan	2006
6	1:06.46		Dave Benaderet	2001
7	1:07.02		Richard Mahy	1998
8	1:07.49		KYLE RAUSER	2006
9	1:07.29	(b)	Chris Ader	2004
10	1:07.67		Trevor Graves	1998

600 Yards

	1:09.40		Chris Person	1980

800 METERS

1	1:50.38		Richard Kelley	1987
2	1:51.4h		Ray Oglesby	1983
3	1:52.86		Dante Richardson	1987
4	1:53.7h		Keith Hudson	1984
5	1:53.99	(b)	**KYLE RAUSER**	**2007**
6	1:54.03		Phil Lussier	1984
7	1:54.87	(b)	**TOMMY FRISCIA**	**2007**
8	1:55.38		Pete Hess	2005
9	1:55.50		SEAN LOWE	2006
10	1:56.15		Matt Sanders	2005

880 Yards

	1:52.1		Dave Watt	1975

1,000 METERS

1	2:24.68		Keith Hudson	1986
2	2:25.2h		Richard Kelley	1987
3	2:25.6h		Per Kristofferson	1984
4	2:26.4h		Quentin Howe	1988
5	2:26.97		Phil Lussier	1984
6	2:27.1h		Mark Coogan	1988
7	2:28.45		Dante Richardson	1987
8	2:28.34	(b)	Florent Groberg	2004
9	2:29.16		Kirk Herbst	1985
10	2:29.96	(b)	Pete Hess	2005

MILE

1	4:04.0h		John Baker	1970
2	4:05.5h		Mark Coogan	1988
3	4:05.7h		Quentin Howe	1988
4	4:06.02		Phil Lussier	1984
5	4:06.4h		Per Kristofferson	1982
6	4:07.81		Greg Herzog	1984
7	4:11.90		Pete Hess	2005
8	4:12.5h		Burr Grim	1958
9	4:14.18	(b)	Mike Fleg	2003
10	4:15.59		Florent Groberg	2005

3,000 METERS

1	8:03.71		Per Kristofferson	1984
2	8:06.70		Mark Coogan	1988
3	8:13.3h		Daniel Foley	1987
4	8:16.74		Dennis Cullinane	1987
5	8:20.84	(b)	Pete Hess	2005
6	8:24.84	(b)	Florent Groberg	2005
7	8:27.47		Matt Sanders	2004
8	8:27.97		Nathaniel Zola	2004
9	8:32.45	(b)	Adam Ambrus	2005
10	8:34.54		Matt Green	1999

2-Mile Run

	8:37.2h		Per Kristoffersen	1983

5,000 METERS

1	14:09.75		Martin Green	1980
2	14:22.69		Daniel Foley	1986
3	14:24.1h		Dennis Cullinane	1986
4	14:50.89	(b)	Mike Prada	2003
5	14:55.39	(b)	Adam Ambrus	2005
6	15:05.20	(b)	**BEN DIESTEL**	**2007**
7	15:16.62		Doug Allen	2004
8	15:16.39	(b)	**JOSH DAVIS**	**2007**
9	15:17.86	(b)	Tyler McCandless	2006
10	15:24.76	(b)	Nathaniel Zola	2005

55-METER HURDLES

1	7.25		**DOMINIC BERGER**	**2007**
2	7.41		Asa Heath	n/a
3	7.44		Dontae Bugg	1999
4	7.62		**Danny Oquendo**	**2007**
5	7.63		Phillip Barrett	1999
6	7.74		ADAM DURHAM	2005

60-Yard Hurdles

	6.89		Renaldo Nehemiah	1978

60-METER HURDLES

1	7.67		DOMINIC BERGER	2007
2	7.92		Dontae Bugg	2000
3	7.93		Phillip Barrett	2002
4	8.02		Asa Heath	n/a
5	**8.10**		**ADAM DURHAM**	**2007**
6	**8.26**		**Danny Oquendo**	**2007**

4X400 RELAY

1	3:12.45		Gray-Walker--Rauser-Lowe	2006
2	**3:11.17**	**(b)**	**Walker-Samuels-Rauser-Lowe**	**2007**
3	3:15.04	(b)	team unavailable	2002
4	3:16.40		team unavailable	2000
5	3:16.99	(b)	team unavailable	1999
6	3:16.9h		team unavailable	1979
7	3:17.94		Berger-Frelow--Durham-Lowe	2005
8	3:18.45	(b)	Duru-Manning--Dorsey-Frelow	2004
9	3:19.2h		team unavailable	1974
t10	3:20.2h		team unavailable	1963
t10	3:20.2h		team unavailable	1977

MILE RELAY

1	3:12.8h	Bryant-Fields-Lancaster-Person	1979
2	3:14.29	Peniston-Fields--Bryant-Person	1979
3	3:16.1h	Fields-G.Johnson--Lancaster-Peniston	1977
4	3:16.2h	Grey-Dick Smith--W.Smith-Stauffer	1961
5	3:16.3h	Fields-G.Johnson--Lancaster-Peniston	1977

4X800 RELAY

1	7:30.01	Herzog-Lussier--Oglesby-Hudson	1984
2	7:30.19	Dickson-Garland--Hudson-Oglesby	1983
3	7:31.89	Dickson-Garland--Hudson-Oglesby	1984
4	7:37.52	Herzog-Hudson--Kristoffersen-Lussier	1984
5	7:46.78	Herbst-Hudson--Kein-Kristoffersen	1985

4X880 RELAY

1	7:32.1	Herzon-Hudson--Kristofferson-Lussier	1984

DISTANCE MEDLEY RELAY

1	9:46.86		Hudson-Oglesby--Herzog-Lussier	1984
2	9:49.2h		Hudson-Kelley--Kristofferson-Lussier	1985
3	9:51.8h		team unavailable	1976
4	9:53.57	(b)	team unavailable	2005
5	9:59.2h		Carey-Conheeney--Driscoll-M.Johnson	1974
6	10:00.53		Groberg-Manning--Fleg-Hess	2004
t7	10:01.2h		Cupka-Meehan--Spann-Umbarger	1973
t7	10:01.2h		Bailor-Conheeney--Spann-Watt	1974
9	10:02.90	(b)	Davis-Walker--Rauser-Martinez	2006
10	10:05.81		Fleg-Frelow--Allen-Groberg	2003

HIGH JUMP

1	7-04.25	Mike Pascuzzo	1983
2	7-03.50	William Skinner	1985
3	7-02.25	Brian Melly	1974
t4	7-02.00	Bill Thierfelder	1981
t4	7-02.00	Mike Corbin	1979
6	7-00.75	Frank Costello	1966
t7	7-00.00	Bob Smith	1981
t7	7-00.00	Ted Robertson	1980
9	6-11.50	Joe David	1970
10	6-11.00	Doug Richardson	1977

POLE VAULT

1	17-04.25	John Finney	1989
2	17-03.00	Bill Butler	1984
t3	17-00.00	Chip McCarthy	1980
t3	17-00.00	Jon Warner	1981
5	16-09.00	Vince Reilly	1982
6	16-08.75	Vince Struble	1972
t7	16-08.00	Dennis Lentz	1982
t7	16-08.00	Danny Lamp	1980
t7	16-08.00	Buddy Williamson	1970
10	16-06.75	Bill Hayes	1973

LONG JUMP

1	26-06.25	Bob Calhoun	1978
2	25-01.50	John Davenport	1975
3	25-01.25	Dennis Ivory	1978
4	25-01.00	Mike Cole	1965
5	24-10.75	Ed Marks	1968
6	24-06.75	Neville Sinclair	1976
7	24-04.00	Cornelious Cousins	1979
8	**24-02.25**	**JASON ALLEN**	**2007**
9	24-02.00	Elliott Garrett	1969
10	24-01.75	Rich Cirner	1968

TRIPLE JUMP

1	54-02.00	Dennis Ivory	1979
2	52-11.00	Duane Carlisle	1988
3	51-07.00	Cornelious Cousins	1979
4	51-04.00	Andy Bilmanis	1971
5	51-02.00	Neville Sinclair	1975
6	51-01.50	Vernon Davis	1982
7	50-06.00	Bill Goodman	1974
8	50-03.00	Larry Long	1977
9	50-02.00	Kent Guthrie	1977
10	49-11.50	Kevin Wilson	1979

SHOT PUT

1	63-07.00	Ian Pyka	1978
2	60-04.00	Scott Vrabel	1982
3	60-01.00	Jack Hanley	1971
4	59-06.00	Tom Andersson	1977
5	58-01.00	Ernie Hearon	1967
6	58-00.00	Greg Rowe	1983
7	57-10.00	Bill MacLachlan	1972
t8	55-11.00	Dick Drescher	1969
t8	55-11.00	Dave Crimmins	1980
10	53-05.00	Walt Zamora	1964

35-POUND WEIGHT THROW

1	65-07.00	Alan Baginski	1983
2	62-11.00	Tom Andersson	1977
3	59-10.50	Beau Fay	2005
4	59-09.75	Ihekwaba Otiji	1996
5	59-05.75	John Collins	2004
6	**58-09.50**	**SAL DELHIERRO**	**2007**
7	58-03.00	Ed Condon	1994
8	56-08.00	Craig Johnson	1973
9	55-00.00	Jamie Wu	1999
10	54-10.00	Paul LeFrancois	1977

HEPTATHLON

1	2,131	Daniel Hawthorn	2004

PENTATHLON

1	3,777	Vince Reilly	1981

EDITOR'S NOTE

Maryland Track and Field is working with the Athletics Media Relations Office to fill all-time top-10 lists for indoor and outdoor track. Many records are missing from the files and it is not our intention to slight any alumni who should be on these lists. Alumni with proof of performances should send a copy of those to the Athletic Media Relations Office, 2731 Comcast Center, University of Maryland, College Park, MD 20741.

MEN'S OUTDOOR ALL-TIME MARKS

Marks available at press time
Marks in 2007 in bold... Current Terps in caps
(h) - manual time... (w) - wind-aided

100 METERS

1	10.18	(w)	Renaldo Nehemiah	1978
2	10.24		Darren Walker	1981
3	10.38		Nick Basciano	1974
4	10.39		Bob Calhoun	1978
5	10.48		John Carr	2000
t6	10.49		Roland Merritt	1968
t6	10.49		Jim Lee	1966
t6	10.49		Andre Lancaster	1977
9	10.55		Les Dixon	1986
10	10.60		Tony Greene	1971

200 METERS

1	20.36	Renaldo Nehemiah	1979
2	20.92	Roland Merritt	1968
3	20.96	Andre Lancaster	1977
4	20.98	Nick Basciano	1975
5	21.02	Jim Lee	1966
6	21.03	Harold Manning	2004
7	**21.22**	**EARL GRAY**	**2007**
8	**21.24**	**SEAN LOWE**	**2007**
t9	21.32	Don Thrower	1989
t9	21.32	Kevin Hughes	1985
t9	21.32	Marshall Bush	1969

400 METERS

1	46.17	Paul Gittens	1997
2	46.63	Don Thrower	1989
3	46.64	Rob Frelow	2005
4	46.67	Gerald Johnson	1975
5	46.89	Darryl Bryant	1980
6	46.97	Chris Stauffer	1963
7	46.98	SEAN LOWE	2005
8	47.22	Mark Fields	1978
9	47.37	Steve Lamb	1965
10	47.57	Burke Wilson	1955

800 METERS

1	1:48.92	Per Kristoffersen	1982
2	1:49.21	Dave Watt	1975
3	1:49.31	Dick Smith	1963
4	1:49.76	Ray Oglesby	1982
5	1:49.77	Dave Ungrady	1979
6	1:50.22	Jim Kehoe	1940
t7	1:50.30	Joe Morris	1979
t7	1:50.30	Marty Brotemarkle	1970
t7	1:50.30	Dan Donahue	1967
10	1:50.38	Richard Kelly	1987

1,500 METERS

1	3:38.80	Per Kristoffersen	1983
2	3:43.23	Phil Lussier	1985
3	3:43.74	Tony Garner	1977
4	3:44.00	Mark Coogan	1987
5	3:44.01	Greg Herzog	1984
6	3:46.74	Quentin Howe	1987
7	3:48.60	Russ Rankin	1977
8	3:49.32	Kevin McGarry	1975
9	3:49.61	Mike Fleg	2006
10	3:49.9h	Troy Pepper	1986
Mile Run			
	4:03.1h	Per Kristofferson	1982
2-Mile Run			
	8:37.2h	Per Kristofferson	1983
3,000 Meters			
	8:04.9h	Mark Coogan	1988

3,000-METER STEEPLECHASE

1	8:42.33	Mark Coogan	1987
2	8:42.7h	Daniel Foley	1986
3	8:47.2h	Dennis Cullinane	1986
4	8:54.44	Brian Montgomery	1996
5	9:00.9h	Tom Nave	1990
6	9:02.0h	Jim Hage	1979
7	9:02.4h	Ken Umbarger	1973
8	9:03.51	Matt Sanders	2005
9	9:07.93	Rob Bedell	1990
10	9:09.9h	Jamie Gildard	1975

5,000 METERS

1	14:03.4h	Dennis Cullinane	1986
2	14:04.7h	Dan Foley	1987
3	14:05.61	Mark Coogan	1987
4	14:07.0h	John Green	1979
5	14:09.57	Martin Green	1979
6	14:11.9h	Dave Cornwell	1978
7	14:14.6h	Jeff Smith	1976
8	14:16.48	Pete Hess	2005
9	14:17.6h	Russ Taintor	1970
10	14:20.3h	Dave Starnes	1968
3-Mile Run			
	14:18.2h	Paul Jacobson	1984

10,000 METERS

1	29:16.0h	Martin Green	1981
2	29:46.14	Dave Cornwell	1979
3	29:53.50	Dennis Cullinane	1984
4	29:53.55	Jeff Smith	1976
5	30:01.84	Kevin McGarry	1976
6	30:02.14	Mike Wilhelm	1977
7	30:04.01	Dan Rincon	1975
8	30:04.94	Kevin Conheeney	1975
9	30:05.20	Ed Hogan	1996
10	30:06.8h	Jack Peach	1987

110-METER HURDLES

1	13.00	Renaldo Nehemiah	1979
2	13.49	DOMINIC BERGER	2006
3	13.53	William Skinner	1986
4	13.60	Greg Robertson	1979
t5	13.86	Kelvin McQueen	1993
t5	13.86	Rod Chesley	1977
7	**14.03**	**ADAM DURHAM**	**2007**
8	14.04	Asa Heath	1998
9	14.08	Bruce Carson	1968
10	14.17	Jerry Robinson	1989

400-METER HURDLES

1	49.46	Chris Person	1979
2	50.24	Chris Stauffer	1964
3	50.45	Greg Robertson	1978
4	51.05	Jeff Nichols	1975
5	**51.48**	**ADAM DURHAM**	**2007**
6	51.54	Jason Joubert	2000
7	52.34	Jerry Robinson	1989
8	52.74	Steve Fullerton	1972
9	53.04	Bruce Carson	1968
10	53.13	Bill Tipsword	1970

4X100 RELAY

(One mark per relay quartet listed)

1	39.89	Calhoun-Robertson-Lancaster-Nehemiah	1978
2	40.2h	Calhoun-Lancaster-Nehemiah-W.Wilson	1979
3	40.4h	Cousins-McKenney-Walker-W.Wilson	1981
4	40.60	Gray-Frelow-Berger-McPhearson	2005
5	40.7h	Jim Green-Lancaster-Saunders-W.Wilson	1980
6	40.8h	Basciano-G.Johnson-Robertson-Rosenberg	1976
7	41.04	Basciano-Nichols-Robertson-Rosenberg	1976
t8	41.3h	Berich-Basciano-Proctor-Robertson	1976
t8	41.3h	Kent-Lancaste-Nehemiah-Robertson	1978
10	41.48	team unavailable	2001

4X400 RELAY

(One mark per relay quartet listed)

1	3:07.20	Bryant-Fields-Nehemiah-Person	1979
2	3:07.5h	Fields-Lancaster-Nehemiah-Robertson	1978
3	3:09.8h	G.Johnson-Morris-Ohlmacher-O'Keefe	1976
4	3:10.25	Saunders-Sewell-Oglesby-Person	1981
5	**3:10.32**	**team unavailable**	**2007**
6	3:10.90	Brant-Lancaster-Morris-Person	1979
7	3:11.61	Berger-Frelow-Durham-Lowe	2005
8	3:12.03	Fields-Lancaster-Morris-Robertson	1978
9	3:12.38	Gray-Lowe-Rauser-Walker	2006
10	3:15.00	team unavailable	2000

4X200 RELAY

1:23.2h	Lancaster-Nehemiah-Robertson-Rosenberg	1978

4X800 RELAY

7:41.3h	Barkley-Drewery-Early-Walz	1991

MILE RELAY

3:08.20	Bryant-Fields-Peniston-Person	1979

2-MILE RELAY

7:28.8h	Baker-Beauchamp-Brotemarkle-Donahue	1968

4X1,500 RELAY

15:01.6h	Herzog-Hudson-Kristoffersen-Oglesby	1984

4X110 SHUTTLE HURDLE RELAY

59.50	D.Johnson-Kremus-McQueen-Rivenbark	1991

480-YARD SHUTTLE HURDLE RELAY

56.7h	Person-Robertson-Berich-Nehemiah	1979

DISTANCE MEDLEY RELAY

9:39.8h	Watt-Garner-Ohlmacher-Sandridge	1976

HIGH JUMP

1	7-04.25	Mike Pascuzzo	1982
2	7-03.75	William Skinner	1987
3	7-03.00	Brian Melly	1978
4	7-02.50	Mike Corbin	1979
5	7-02.00	Bill Thierfelder	1982
6	7-01.50	Joe David	1970
7	7-01.25	Doug Richardson	1978
t8	7-01.00	Bob Smith	1981
t8	7-01.00	Frank Costello	1966
t10	7-00.00	Mike Lofty	1984
t10	7-00.00	Ted Robinson	1981

POLE VAULT

1	17-06.50	John Finney	1988
2	17-06.00	Bill Butler	1983
3	17-04.50	Joe Petrillo	1982
4	17-04.00	Jon Warner	1980
5	17-02.00	Vince Reilly	1981
6	17-00.75	Vince Struble	1971
t7	17-00.00	Dennis Lentz	1981
t7	17-00.00	Chip McCarthy	1980
t7	17-00.00	Danny Lamp	1979
10	16-09.50	Buddy Williamson	1969

LONG JUMP

1	26-05.00	Bob Calhoun	1978
2	26-00.75	Dennis Ivory	1978
3	25-09.00	John Davenport	1977
4	25-05.25	Ward Wilson	1982
5	25-04.00	Bill Goodman	1973
6	25-02.50	Neville Sinclair	1975
7	25-01.00	Mike Cole	1965
8	24-11.00	Cedrick Rogers	2000
9	24-10.75	Ed Marks	1966
10	24-07.75	Elliott Garrett	1968

TRIPLE JUMP

1	55-03.00	Dennis Ivory	1978
2	53-01.00	Duane Carlisle	1987
3	52-10.00	Andy Bilmanis	1974
4	51-08.00	Neville Sinclair	1975
5	51-07.75	Bill Goodman	1975
6	51-03.00	Ed Marks	1968
7	50-07.00	Orville Gayle	1983
8	50-06.00	Larry Long	1976
9	50-04.00	Kent Guthrie	1978
10	50-03.25	Cornelious Cousins	1980

SHOT PUT

1	64-11.75	Ian Pyka	1979
2	61-02.00	Jack Hanley	1969
3	61-00.75	Greg Rowe	1983
4	60-04.50	Scott Vrabel	1985
5	60-00.50	Tom Andersson	1977
6	58-06.00	Ernie Hearon	1966
7	58-00.00	Bill MacLachlan	1972
8	57-05.50	Dave Crimmins	1981
9	56-02.50	Eric Martin	1984
10	55-10.50	Walt Samora	1964

DISCUS

1	196-00	Alan Baginski	1983
2	194-02	John Garvey	1984
3	193-10	Dick Drescher	1969
4	185-07	Paul Corrigan	1972
5	181-10	Steve Yates	1992
6	178-10	Scott Vrabel	1984
7	178-09	Scott Hersh	1976
8	175-09	Russ Frame	1971
9	173-07	Tom Andersson	1977
10	172-02	Steve Colvin	1984

JAVELIN (OLD REGULATIONS)

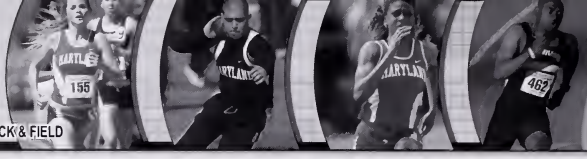
1	262-06	Jim Kirby	1977
2	261-04	Jack Bacon	1971
3	258-10	Dave Reiss	1970
4	255-02	Jim George	1970
5	250-00	Russ White	1965
6	247-10	Dick Dull	1962
7	246-07	Wayne Donelon	1967
8	239-02	Nick Kovalakides	1959
9	235-08	Paul Dubyoski	1976
10	235-06	Don Fisher	1974

HAMMER

1	194-03	Alan Baginski	1981
2	185-09	John Collins	2004
3	183-03	Ihekwaba Ojiji	1997
4	182-05	Beau Fay	2004
5	182-04	Craig Johnson	1973
6	178-00	James Gondak	2002
7	173-07	Denis McSweeney	1982
8	171-10	Tom Andersson	1977
9	165-03	Ed Condon	1994
10	161-11	Andrew Long	2000

DECATHLON

1	7,503	Al Hamlin	1975
2	7,498	Vince Reilly	1980
3	7,182	Bill Smith	1982
4	7,171	Bill Butler	1984
5	6,967	John Perry	1988
6	6,829	Chris McGorty	1981
7	6,825	Paul Dubyoski	1978
8	6,571	Peter Fayne	1987
9	6,387	Chris Rohde	1991
10	6,370	Russ Blewitt	1973



MEN'S ACC INDOOR CHAMPIONS

60-METER HIGH HURDLES

2006	DOMINIC BERGER	7.80
2007	DOMINIC BERGER	7.75

MILE RUN

1954	Larry Faass	4:23.9
1958	Burr Grim	4:12.5
1961	Mark Wells	4:21.1
1969	John Baker	4:07.3
1970	John Baker	4:07.3

HIGH JUMP

1956	George Hogan	6-3
1957	George Hogan	6-3
	Tom Tait	6-3
1958	Tom Tait	6-3
1959	Tom Tait	6-3
1960	Dick Estes	6-5
1961	Dick Estes	6-5
	Jim Bland	6-5
1965	Frank Costello	6-10
1966	Frank Costello	6-10
1967	John Stevens	6-5 1/4
1968	Frank Costello	6-8
1969	Joe David	6-10 3/4
1970	Joe David	6-10 1/2
1971	Joe David	6-10
1972	Brian Bozzone	6-6
1974	Brian Bozzone	6-8 1/4
1976	Brian Melly	6-10
1977	Brian Melly	7-1
1979	Mike Corbin	7-2
1987	William Skinner	7-3 1/4

POLE VAULT

1954	Mel Schwarz	13-3 3/4
1955	Mel Schwarz	13-0
1956	Mel Schwarz	13-9 1/2
1959	Carl Pngg	13-7
1960	Bjorn Andersen	14-0
1961	John Belitza	14-6 1/2
1962	John Belitza	15-0
1963	John Belitza	15-1 3/4
1964	Ed Bennett	14-6
1965	Bob Williams	15-0
1966	Pete Kowzun	15-3 1/2
1967	Tom Gagner	15-0
1968	Tom Gagner	15-4 1/2
1969	Bob Smith	14-6
1970	Vince Struble	15-0
1971	Vince Struble	15-5 1/2
1972	Vince Struble	16-0
1973	Bill Hayes	16-6 3/4
1974	Drew Herndon	16-1
1975	Mike Remus	16-0
1976	Mike Remus	16-0
1977	Brad Turley	15-6
1979	Chip McCarthy	15-6
1980	Danny Lamp	16-0
1987	John Finney	16-7 1/4
1988	John Finney	16-8 3/4

LONG JUMP

1958	Elliott Thompson	22-1 1/2
1959	Bjorn Andersen	21-11 3/4
1960	Lance Hodes	22-2 1/4
1963	Mike Cole	22-8 1/4
1964	Mike Cole	23-2
1965	Mike Cole	24-6 1/2
1966	Ed Marks	22-5
1967	Ed Marks	23-3
1969	Elliott Garrett	24-2
1971	Perry Sandler	22-8 1/2
1973	Bill Goodman	24-6 1/2
1975	Neville Sinclair	24-2
1976	John Davenport	25-1 1/4
1977	John Davenport	24-1 1/2
1978	Bob Calhoun	23-9 1/2
1979	Bob Calhoun	25-8
1980	Kevin Wilson	24-4 1/4

TRIPLE JUMP

1974	Andy Bilmanis	51-0 1/4
1977	Dennis Ivory	50-7 1/2
1978	Dennis Ivory	51-7
1979	Dennis Ivory	54-2
1980	Cornelious Cousins	50-6 1/4

SHOT PUT

1956	Ed Cooke	49-7 3/4
1957	Ed Cooke	50-7 3/8
1960	Nick Kovalakides	49-9
1964	Walt Samora	53-5
1968	Jack Hanley	60-1 1/2
1969	Jack Hanley	57-8 1/2
1971	Jack Hanley	60-1 1/2
1972	Bill MacLachlan	56-11
1973	Bill MacLachlan	54-9 1/2

4X400 METER RELAY

1954	Maryland	3:28.2
1955	Maryland	3:32.3
1956	Maryland	3:33.7
1958	Maryland	3:29.0
1959	Maryland	3:27.0
1960	Maryland	3:28.4
1961	Maryland	3:25.1
1963	Maryland	3:20.2
1964	Maryland	3:31.9
1967	Maryland	3:24.6
1968	Maryland	3:24.6
1969	Maryland	3:25.3
1970	Maryland	3:35.5
1974	Maryland	3:19.2
1976	Maryland	3:16.9
1977	Maryland	3:20.2
1979	Maryland	3:16.9

DISCONTINUED EVENTS

60-YARD DASH

1958	Don Whitaker	6.5
1959	Don Whitaker	6.3
1960	Jonas Spiegel	6.5
1961	Jonas Spiegel	6.3
1962	Don Van Reenan	6.3
1968	Roland Merritt	6.3
1969	Roland Merritt	6.3
1970	Tony Greene	6.2
1971	Tony Greene	6.5
1974	Nick Basciano	6.2
1975	Nick Basicano	6.2
1979	Renaldo Nehemiah	6.2

440-YARD DASH

1954	Joe Hemler	51.9
1955	Burke Wilson	51.8

600-YARD RUN

1956	Lou Sergi	1:17.4
1957	Dave Leas	1:18.1
1961	Chris Stauffer	1:14.6
1963	John Prettyman	1:12.5
1965	Ramsay Thomas	1:15.3
1966	John Warfield	1:13.6
1967	John Warfield	1:12.5
1968	George Wojtech	1:14.2
1969	George Wojtech	1:13.2
1975	Bill Ohlmacher	1:11.0
1976	Bill Ohlmacher	1:10.4
1977	Gerald Johnson	1:11.7
1980	Darryl Bryant	1:11.53

880-YARD RUN

1954	Charles Waggner	1:59.9

1,000-YARD RUN

1966	Milt Matthews	2:16.0
1967	Dan Donahue	2:11.0
1974	Ed Bailor	2:12.8
1975	Dave Watt	2:09.1

TWO-MILE RUN

1954	Ben Good	9:46.8
1958	Burr Grim	9:21.9
1964	Mike George	9:30.7
1965	Mike George	9:37.0
1966	Dave Starnes	9:18.1
1967	Dave Starnes	9:05.5
1969	Russ Taintor	9:00.8
1970	Russ Taintor	9:00.5
1976	Jeff Smith	8:48.6

60-YARD HIGH HURDLES

1970	Marshall Bush	7.4
1972	Greg Lardien	7.5
1973	Greg Lardien	7.4
1975	Tom Gwaltney	7.5
1976	Jeff Nichols	7.2
1977	Greg Robertson	7.2
1978	Renaldo Nehemiah	7.1
1979	Renaldo Nehemiah	6.9
1980	Chris Person	7.4
1987	William Skinner	7.21

70-YARD HIGH HURDLES

1956	Lee Duncan	8.9
1957	Jim Starboard	8.6
1959	Jim Starboard	8.5
1960	Bill Johnson	8.6
1961	Bill Johnson	8.5
1963	Bob Vermillion	8.8
1965	Richard Sheer	8.7
1966	Bruce Carson	8.7

70-YARD LOW HURDLES

1957	Jim Starboard	7.7
1959	Larry Salmon	7.7
1960	Bill Johnson	7.9
1961	Wayne Smith	7.9
1963	Chris Stauffer	7.6
1964	Mike Cole	7.8

TWO-MILE RELAY

1957	Maryland	8:20.3
1958	Maryland	8:07.5
1959	Maryland	8:07.8
1960	Maryland	8:05.4
1961	Maryland	8:06.4
1964	Maryland	8:04.3
1965	Maryland	8:07.3
1968	Maryland	7:51.6
1972	Maryland	7:52.8
1973	Maryland	7:41.4
1974	Maryland	7:44.6
1975	Maryland	7:49.2
1976	Maryland	7:49.2
1980	Maryland	7:42.59
1987	Maryland	7:32.72

MEN'S ACC OUTDOOR CHAMPIONS

100 METERS

1976	Nick Basciano	10.47
1978	Renaldo Nehemiah	10.45
1979	Renaldo Nehemiah	10.2

200 METERS

1976	Nick Basciano	21.33
1977	Andre Lancaster	20.96
1979	Renaldo Nehemiah	20.37

400 METERS

1977	Gerald Johnson	47.25

800 METERS

1976	Dave Watt	1:50.22

1,500 METERS

1982	Per Kristoffersen	3:51.50
1984	Per Kristoffersen	3:47.89
1985	Per Kristoffersen	3:43.91

3,000-METER STEEPLECHASE

1985	Dennis Cullinane	8:56.4
1986	Dennis Cullinane	8:52.4
1987	Mark Coogan	8:44.1

5,000 METERS

1976	Jeff Smith	14:20.02
1979	John Green	14:12.9

110 HURDLES

1976	Greg Robertson	14.07
1977	Greg Robertson	13.8
1978	Greg Robertson	13.6
1979	Greg Robertson	14.08
2006	DOMINIC BERGER	13.78
2007	DOMINIC BERGER	13.54

400 HURDLES

1976	Jeff Nichols	51.61
1979	Chris Person	50.68
1981	Chris Person	51.78
1982	Chris Person	51.70

4X100 METER RELAY

1979	Maryland	40.2

4X400 METER RELAY

1978	Maryland	3:12.03
1981	Maryland	3:10.25

HIGH JUMP

1955	George Hogan	6-2 3/4
1956	Perry Moore	6-2
1957	George Hogan	5-11
1958	Tom Tait	6-5 3/4
1959	Tom Tait	6-5
1965	Frank Costello	6-10
1966	Frank Costello	6-10
1968	Frank Costello	6-10 3/4
1969	Joe David	6-8 1/4
1970	Joe David	6-8
1971	Joe David	6-4
1977	Brian Melly	7-2
1978	Brian Melly	7-0
1983	Mike Pascuzzo	7-1 3/4
1984	Mike Pascuzzo	7-2 1/2
1987	William Skinner	6-11 3/4

POLE VAULT

1955	Mel Schwarz	13-0
1956	Mel Schwarz	13-7 1/4
1959	Bjorn Andersen	13-4
	Carl Prigg	13-4
1960	Bjorn Andersen	14-0
1961	John Belitza	14-4 3/4
1962	John Belitza	14-7 5/8
1963	John Belitza	15-5 1/4
1964	Stewart Markley	14-6
1966	Tom Thompson	15-0
1968	Tom Gagner	15-0
1970	Buddy Williamson	15-6
1971	Buddy Williamson	15-9
1972	Vince Struble	15-0
1973	Bill Hayes	16-4
1975	Drew Herndon	16-4
1977	Brad Turley	15-6
1978	Mike Remus	15-0
1979	Chip McCarthy	16-0
1980	Chip McCarthy	17-0
1981	Jon Warner	17-0
1984	Bill Butler	16-9 1/4
1987	John Finney	17-1
1988	John Finney	16-9 1/2
1989	John Finney	16-6

LONG JUMP

1957	Edmund Lloyd	22-3
1964	Mike Cole	23-7 1/4
1965	Mike Cole	23-9 3/4
1966	Ed Marks	23-6 3/4
1967	Ed Marks	23-10 3/4
1968	Rich Cirner	24-6 1/4
1969	Mike Neff	23-9 1/2
1970	Mike Neff	24-1 1/4
1973	Bill Goodman	25-4
1975	John Davenport	25-2
1976	Dennis Ivory	24-3 1/4
1977	Dennis Ivory	25-4 1/4
1979	Dennis Ivory	24-3 1/2
1980	Cornelious Cousins	24-1 1/2
1981	Ward Wilson	23-11 1/2
1982	Ward Wilson	25-5 1/4

TRIPLE JUMP

1966	Ed Marks	49-1 1/4
1967	Ed Marks	49-9 3/4
1968	Ed Marks	49-8 1/4
1972	Andy Bilmanis	50-5 1/4
1973	Andy Bilmanis	50-9 1/4
1974	Andy Bilmanis	50-9
1977	Dennis Ivory	50-8 3/4
1978	Dennis Ivory	51-5 3/4
1979	Dennis Ivory	53-0 3/4
1980	Cornelious Cousins	50-3 1/4

SHOT PUT

1956	Ed Cooke	51-5 1/2
1957	Ed Cooke	52-4
1958	Ed Cooke	54-2
1960	Nick Kovalakides	50-4 1/2
1964	Walt Samora	55-10 1/4
1969	Jack Hanley	58-8 1/2
1970	Jack Hanley	57-0 3/4
1971	Jack Hanley	58-11
1972	Bill MacLachlan	55-2 1/2
1973	Bill MacLachlan	52-1 3/4
1978	Ian Pyka	60-11 1/4
1979	Ian Pyka	63-2 1/4
1983	Greg Rowe	59-2 1/4

DISCUS

1957	Ed Cooke	149-7
1958	Ed Cooke	152-0
1959	Nick Kovalakides	140-1 1/4
1968	Dick Drescher	178-1 1/2
1969	Dick Drescher	181-3
1970	Paul Corrigan	172-3 1/2
1971	Paul Corrigan	172-3 1/2
1972	Paul Corrigan	168-7
1973	Craig Johnson	166-5
1980	Alan Baginski	172-11
1981	Alan Baginski	177-3
1982	Alan Baginski	189-9
1983	Alan Baginski	179-6
1984	John Garvey	188-11
1989	Steve Yates	169-0

JAVELIN

1960	Nick Kovalakides	220-0
1961	Nick Kovalakides	217-5
1962	Jim Montgomery	203-10
1965	Russ White	239-5 1/2
1966	Dick Dull	223-3 1/2
1967	Russ White	235-1
1971	Jack Bacon	232-9
1972	Jim George	249-1
1973	Don Fisher	222-5
1974	Don Fisher	234-1
1978	Paul Dubyoski	218-8

DECATHLON

1981	Vince Reilly	7250

DISCONTINUED EVENTS

100-YARD DASH

1959	Jonas Spiegel	9.6
1960	Jonas Spiegel	10.1
1961	Jonas Spiegel	10.0
1966	James Lee	9.8
1968	Roland Merritt	9.7
1974	Nick Basciano	9.6
1975	Nick Basciano	9.7

220-YARD DASH

1959	Don Whitaker	21.8
1960	Jonas Spiegel	22.3
1961	Jonas Spiegel	21.8
1962	Chris Stauffer	21.9
1965	Mike Cole	21.5
1966	James Lee	21.0
1968	Roland Merritt	20.9
1969	Marshall Bush	21.5
1974	Nick Basciano	21.6
1975	Nick Basciano	21.7

440-YARD DASH

1954	Jim Pentzer	49.6
1955	Burke Wilson	48.8
1956	Dave Leas	48.0
1962	Chris Stauffer	48.2
1963	Chris Stauffer	47.7
1964	Steve Lamb	48.7
1965	Steve Lamb	47.6
1974	Michael Johnson	48.7

880-YARD RUN

1956	Carl Party	1:54.6
1961	Dick Smith	1:53.2
1962	Dick Smith	1:51.6
1965	Ramsay Thomas	1:52.3

MILE RUN

1954	Ben Good	4:24.4
1957	Burr Grim	4:15.8
1964	Tom Krueger	4:17.8
1968	John Baker	4:05.5
1969	John Baker	4:07.0
1970	John Baker	4:04.2

TWO-MILE RUN

1963	Tom Krueger	9:30.9
1965	Mike George	9:21.8
1966	Dave Starnes	9:19.9

THREE-MILE RUN

1967	Dave Starnes	14:01.4
1969	Charles Shrader	14:13.8

SIX-MILE RUN

1975	Dan Rincon	29:12.2

120-YARD HIGH HURDLES

1959	Bill Johnson	14.2
1960	Bill Johnson	14.6
1961	Bill Johnson	14.4
1966	Bruce Carson	14.8
1972	Jerry Carney	14.7
1974	Jeff Nichols	14.5
1975	Jeff Nichols	14.3

220-YARD LOW HURDLES

1957	Larry Salmon	23.9
1958	Larry Salmon	23.3
1959	Larry Salmon	24.0
1960	Bill Johnson	24.7

330-YARD INT. HURDLES

1963	Chris Stauffer	36.7
1964	Bob Vermillion	38.3

440-YARD INT. HURDLES

1966	Bruce Carson	54.3
1967	Ted Patterson	55.0
1971	Steve Fullerton	52.9
1973	Steve Fullerton	53.2
1974	Jeff Nichols	53.7
1975	Jeff Nichols	52.0

440-YARD RELAY

1965	Maryland	41.8
1967	Maryland	41.6
1968	Maryland	41.2
1969	Maryland	41.1
1973	Maryland	41.3
1974	Maryland	41.2
1975	Maryland	41.5
1976	Maryland	41.1
1977	Maryland	40.9

MILE RELAY

1954	Maryland	3:20.2
1955	Maryland	3:22.2
1956	Maryland	3:19.7
1961	Maryland	3:20.9
1962	Maryland	3:18.0
1963	Maryland	3:15.6
1965	Maryland	3:12.7
1976	Maryland	3:13.7
1977	Maryland	3:14.1

ACC HONORS

INDOOR MEET OUTSTANDING PERFORMERS

1987	William Skinner

INDOOR ALL-ACC

1987	John Finney
	William Skinner
1988	Roman Wallace
	Duane Carlisle
	John Finney
1989	John Finney
	Don Thrower
1992	Greg Early
1994	Ed Condon
2004	John Collins
	Rob Frelow
2005	Gerrick McPhearson
	Beau Fay
2006	DOMINIC BERGER
2007	DOMINIC BERGER
	SEAN LOWE

OUTDOOR MEET OUTSTANDING PERFORMERS

1960	Nick Kovalakides
1963	Chris Stauffer
1968	Roland Merritt
1976	Nick Basciano
1977	Gerald Johnson
1979	Renaldo Nehemiah

OUTDOOR ALL-ACC

1986	Dan Foley
	William Skinner
	Dennis Cullinane
	John Finney
1987	William Skinner
	Mark Coogan
	John Finney
	Donald Thrower
1988	Mark Coogan
	Duane Carlisle
	John Finney
1989	Steve Yates
	John Finney
1990	Steve Yates
1993	Kelvin McQueen
1995	Brian Montgomery
1995	Brian Montgomery
1996	Brian Montgomery
2004	John Collins
	Harold Manning
2005	DOMINIC BERGER
	Rob Frelow
2006	DOMINIC BERGER
2007	DOMINIC BERGER
	DAVID EDWARDS-BRENNAN
	SEAN LOWE

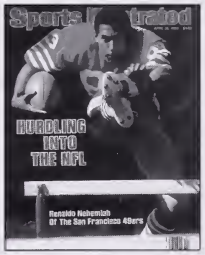
ACC TEAM TITLES

INDOOR		OUTDOOR	
Year	Coach	Year	Coach
1954	Jim Kehoe	1954	Jim Kehoe
1956	Jim Kehoe	1956	Jim Kehoe
1957	Jim Kehoe	1957	Jim Kehoe
1958	Jim Kehoe	1958	Jim Kehoe
1959	Jim Kehoe	1959	Jim Kehoe
1960	Jim Kehoe	1960	Jim Kehoe
1961	Jim Kehoe	1961	Jim Kehoe
1962	Jim Kehoe	1962	Jim Kehoe
1963	Jim Kehoe	1963	Jim Kehoe
1964	Jim Kehoe	1964	Jim Kehoe
1965	Jim Kehoe	1965	Jim Kehoe
1966	Jim Kehoe	1966	Jim Kehoe
1967	Jim Kehoe	1967	Jim Kehoe
1968	Jim Kehoe	1968	Jim Kehoe
1969	Jim Kehoe	1969	Jim Kehoe
1970	Nick Kovalakides	1970	Nick Kovalakides
1971	Nick Kovalakides	1971	Nick Kovalakides
1972	Nick Kovalakides	1972	Nick Kovalakides
1973	Nick Kovalakides	1973	Nick Kovalakides
1974	Nick Kovalakides	1974	Nick Kovalakides
1975	Frank Costello	1975	Frank Costello
1976	Frank Costello	1976	Frank Costello
1977	Frank Costello	1977	Frank Costello
1978	Frank Costello	1978	Frank Costello
1979	Frank Costello	1979	Frank Costello
1980	Frank Costello	1981	Stan Pitts

MARYLAND'S NCAA CHAMPIONS

Year	Name	Event	Mark
1962	John Belitza	Pole Vault	15-3
1965	Frank Costello	High Jump (Ind.)	6-11
	Frank Costello	High Jump	6-11
	Mike Cole	Long Jump (Ind.)	25-1
1970	Buddy Williamson	Pole Vault (Ind.)	16-6
1978	Renaldo Nehemiah	60-Yd. Hurdles (Ind.)	7.16
1979	Renaldo Nehemiah	60-Yd. Hurdles (Ind.)	*6.90
1979	Renaldo Nehemiah	110 Hurdles	12.91w

* - NCAA Championships Record



RENALDO NEHEMIAH WON THREE NATIONAL TITLES AS A TERP BEFORE GOING ON TO HAVE A SUCCESSFUL CAREER IN THE NFL AS A WIDE RECEIVER AND MAKING THE COVER OF SPORTS ILLUSTRATED.

MEN'S NCAA ALL-AMERICANS

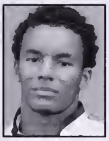
Year	Name	Event	Place	Mark
957	Burr Grim	Mile	3rd	4:08
959	Tom Tait	High Jump	T-6th	6-3 3/4
	Bill Johnson	120 High Hurdles	5th	14.6
	Bjorn Andersen	Pole Vault	T-6th	14-0
	Nick Kovalakides	Javelin	5th	227-10
961	Bill Johnson	60 High Hurdles	3rd	n/a
962	Chris Stauffer	Intermediate Hurdles	2nd	51.6
	John Belitza	Pole Vault	T-1st	15-3
963	Chris Stauffer	Intermediate Hurdles	5th	50.9
965	Frank Costello	High Jump	1st	6-11
	Mike Cole	Long Jump	1st	25-1
	Bob Williams	Pole Vault	T-6th	14-8
	Frank Costello	High Jump	1st	6-11
	Mike Cole	Long Jump (Ind.)	5th	24-1 1/4
966	Ernie Hearon	Shot Put (Ind.)	5th	58-1
966	Frank Costello	High Jump	2nd	6-11
	Ed Marks	Long Jump	4th	24-0 1/4
966	James Lee	220	3rd	21.1
967	Mike Lockard	440 Relay	6th	41.2
	Elmore Hunter	440 Relay	6th	41.2
	Jack Bickley	440 Relay	6th	41.2
	James Lee	440 Relay	6th	41.2
968	Ed Marks	Triple Jump	6th	51-3
	Frank Costello	High Jump	5th	6-11
969	Jack Hanley	Shot Put (Ind.)	5th	59-2 1/4
	John Baker	Mile	3rd	4:04.4
	Dave Reiss	Javelin	3rd	253-2
	Buddy Williamson	Pole Vault	3rd	16-0
	Dick Drescher	Discus	3rd	187-6

Year	Name	Event	Place	Mark
1970	Buddy Williamson	Pole Vault	1st	16-6
1970	Marshall Bush	60 High Hurdles (Ind.)	4th	7.2
1971	Vince Struble	Pole Vault	3rd	16-4
	Joe David	High Jump	T-5th	6-8
	Jack Bacon	Javelin	3rd	252-2
1975	Gerald Johnson	Mile Relay	4th	3:18
	John O'Keefe	Mile Relay	4th	3:18
	Jeff Nichols	Mile Relay	4th	3:18
	Bill Ohlmacher	Mile Relay	4th	3:18
	Rod Cupka			
	Dave Watt			
1976	John Davenport	Long Jump	4th	25-9
1977	James Kirby	Javelin		262-6
	John Davenport	Long Jump		25-9
1978	Renaldo Nehemiah	110 Hurdles	2nd	13.27
	Bob Calhoun	Long Jump	3rd	26-5
	Ian Pyka	Shot Put	6th	62-6 3/4
	Brian Melly	High Jump	2nd	7-2
	Bob Calhoun	440 Relay	5th	39.8
	Greg Robertson	440 Relay	5th	39.8
	Andre Lancaster	440 Relay	5th	39.8
	Renaldo Nehemiah	440 Relay	5th	39.8
	Renaldo Nehemiah	55 Hurdles (Ind.)	1st	7.16
	Greg Robertson	55 Hurdles (Ind.)	3rd	——
	Mike Corbin	High Jump		
1979	Renaldo Nehemiah	55 Hurdles (Ind.)	1st	6.90
	Renaldo Nehemiah	High Hurdles	1st	12.91w
	Dennis Ivory	Triple Jump	2nd	55-3
	Chris Person	400 Hurdles		49.46
	Greg Robertson	110 Hurdles		13.60
	Darryl Bryant			

Year	Name	Event	Place	Mark
1980	Jimmy Green	Mile Relay		
	Darryl Bryant	Mile Relay		
	David Saunders	Mile Relay		
	Chris Person	Mile Relay		
	Chip McCarthy	Pole Vault		
	Chris Person	600 (Ind.)		
1981	Bill Thierfelder	High Jump		
	Alan Baginski	35-Pound Weight (Ind.)		
	Cornelious Cousins	Triple Jump		
	Chris Person	600 (Ind.)		
1982	Per Kristoffersen	1,500		
1983	Al Baginski	Discus		
1984	Bill Butler	Pole Vault		
	Per Kristoffersen	3,000		
1986	William Skinner	High Hurdles		
1987	William Skinner	High Hurdles		
	Mark Coogan	Steeplechase		
2006	DOMINIC BERGER	60 Hurdles (Ind.)	5th	7.82
	DOMINIC BERGER	110 Hurdles	2nd	13.49
2007	DOMINIC BERGER	60 Hurdles (Ind.)	3rd	7.70

AL BAGINSKI

JOHN BELITZA


DOMINIC BERGER

DARRYL BRYANT

BOB CALHOUN

MIKE CORBIN

JOHN DAVENPORT

DENNIS IVORY

GERALD JOHNSON

JAMES KIRBY

PER KRISTOFFERSEN

ROD CUPKA

RENALDO NEHEMIAH

JEFF NICHOLS

BILL OHLMACHER

MEN'S RECORDS & HONORS

YEAR-BY-YEAR RECORDS

Year	Indoor Conf.	Indoor NCAA	Outdoor Conf.	Outdoor NCAA	Coach
1923			T7th	T19th	Bill Gates
1924			6th		Bill Gates
1925			DNC		H.C. Curly Byrd
1926			7th		H.C. Curly Byrd
1927			DNC		Geary Eppley
1928			8th		Geary Eppley
1929			DNC		Geary Eppley
1930	3rd		12th		Geary Eppley
1931	DNC		DNC		Geary Eppley
1932	DNC		DNC		Geary Eppley
1933	T-6th		5th		Geary Eppley
1934	3rd		n/a		Geary Eppley
1935	3rd		2nd		Geary Eppley
1936	3rd		6th		Geary Eppley
1937	3rd		4th	T-27th	Geary Eppley
1938	3rd		3rd		Geary Eppley
1939	2nd		3rd		Geary Eppley
1940	2nd		2nd		Geary Eppley
1941	3rd		3rd		Geary Eppley
1942	3rd		10th		Eddie Quinn
1943	DNC		DNC		
1944	No meet		No meet		
1945	No meet		No meet		
1946	No meet		3rd		Geary Eppley
1947	No meet		3rd		Jim Kehoe
1948	No meet		2nd		Jim Kehoe
1949	2nd		3rd		Jim Kehoe
1950	2nd		3rd		Jim Kehoe
1951	3rd		1st		Jim Kehoe
1952	1st		1st		Jim Kehoe
1953	3rd		1st		Jim Kehoe
1954	1st		1st		Jim Kehoe
1955	2nd		2nd	T37 (1)	Jim Kehoe
1956	1st		1st		Jim Kehoe
1957	1st		1st	T26 (6)	Jim Kehoe
1958	1st		1st		Jim Kehoe
1959	1st		1st	36 (4.3)	Jim Kehoe
1960	1st		1st		Jim Kehoe
1961	1st		1st		Jim Kehoe
1962	1st		1st	8th (15)	Jim Kehoe
1963	1st		1st	T33 (2)	Jim Kehoe
1964	1st		1st		Jim Kehoe
1965	1st		1st	23 (12.5)	Jim Kehoe
1966	1st	T4 (10)	1st	14 (14)	Jim Kehoe
1967	1st	T11 (7)	1st	T46 (1)	Jim Kehoe
1968	1st		1st	T46 (3)	Jim Kehoe
1969	1st	T20 (4)	1st	T10 (18)	Jim Kehoe
1970	1st	T9 (8)	1st		Nick Kovalakides
1971	1st	T30 (3)	1st	T29 (6)	Nick Kovalakides
1972	1st		1st	T51 (1)	Nick Kovalakides
1973	1st		1st		Nick Kovalakides
1974	1st		1st		Nick Kovalakides
1975	1st	T20 (5)	1st	T40 (4)	Frank Costello
1976	1st		1st	T26 (8)	Frank Costello
1977	1st	T28 (3)	1st	T36 (5)	Frank Costello
1978	1st	T6 (20)	1st	T9 (25)	Frank Costello
1979	1st	6th (22)	1st	T8 (22)	Frank Costello
1980	1st	13 (10.5)	2nd		Frank Costello
1981	5th	44th (3.3)	1st		Stan Pitts
1982	—		3rd	T53 (9)	Stan Pitts
1983	—		4th	T67 (5)	Stan Pitts
1984	—	T46 (2)	4th	T75 (2)	Stan Pitts
1985	—		5th		Stan Pitts
1986	—	T39 (2)	5th		Stan Pitts
1987	5th	T50 (1)	5th	T50 (5)	Stan Pitts
1988	5th (C. Torpey coach)		5th		Bill Goodman
1989	6th		6th		Bill Goodman
1990	8th		6th		Bill Goodman
1991	7th		7th		Bill Goodman
1992	8th		8th		Bill Goodman
1993	8th		8th		Bill Goodman
1994	8th		8th		Bill Goodman
1995	9th		9th		Bill Goodman
1996	7th		7th		Bill Goodman
1997	9th		9th		Bill Goodman
1998	7th		9th		Bill Goodman
1999	9th		9th		Bill Goodman
2000	9th		9th		Bill Goodman
2001	9th		9th		Bill Goodman
2002	9th		8th		Bill Goodman
2003	9th		9th		Bill Goodman
2004	8th		9th		Andrew Valmon
2005	9th		9th		Andrew Valmon
2006	10th	T41 (4)	10th	T30 (8)	Andrew Valmon
2007	9th	T32 (6)	8th		Andrew Valmon

Note: ACC indoor meet not held from 1982-86. Southern Conference indoor meet not held from 1944-48. NCAA indoor meet began in 1965; DNC - No team from 1943-45.

A SALUTE TO HALL OF FAMER JAMES KEHOE

Former Maryland athletic director, track coach and sprinter James "Jim" Kehoe was inducted into the United States Track Coaches Hall of Fame during ceremonies Dec. 5, 1998 at the annual USTCA convention in Orlando, Fla.

Kehoe was one of five former coaches to be inducted in 1998. Others include Bill Dellinger (Oregon), Joe Newton (York High School), Tom Tellez (Houston) and Stan Wright (Texas Southern).

Kehoe completed over 39 years at Maryland, announcing his retirement in 1978 after serving as the Terrapins' athletic director since September 1969. During his tenure as the Terps' top administrator, he spearheaded a nine-year run that produced 40 Atlantic Coast Conference team championships, as compared to just 24 by runner-up North Carolina. He took over an athletic program that operated a $1.5 million budget with 12 varsity sports, and retired while leaving behind a program operating on a $3 million budget with 23 varsity teams. Revenue-producing sports were particularly successful, with football, men's and women's basketball, and lacrosse teams annually representing Maryland in NCAA championship competition and numerous football bowl games.

Kehoe's legacy, however, was built largely upon his background first as an athlete, and later a Terrapin coach. After 18 months of military service in the South Pacific where he earned five service medals and a Bronze Star, he returned to his alma mater where he would guide the Terrapin track program to 48 Southern Conference and ACC conference titles. His teams captured all but one of the ACC indoor and outdoor championships during his 16 years in the league. He also produced eight cross country titles.

He graduated from Bel Air High School and attended the University of Maryland where he was undefeated in dual-meet competition as an athlete. A star half-miler in high school, he set Terrapin school records in the two-mile and the half-mile. His half-mile mark of 1:50.7 remained unbroken for 23 years. Kehoe graduated from the university in 1940, and in 1942, following a brief stint as a high school teacher and coach, began military service in World War II.

THE LEFRAK SCHOLARSHIP

The Samuel J. and Ethel LeFrak Foundation donated $1 million in 2003 to establish the Samuel J. LeFrak Scholars Fund at the University of Maryland.

The gift funds annual LeFrak Scholars in the sports of men's basketball, football and men's track and field. From 2004-05, the three LeFrak scholarships have been awarded annually, concurrently and in perpetuity to three student-athletes who exhibit extraordinary athletic ability, leadership and academic achievement.

Middle distance runner Sean Lowe is the first-ever recipient of the LeFrak Scholarship for men's track.

Prior to his death in April 2003, Samuel J. LeFrak, a 1940 graduate of the University of Maryland and one of its most distinguished alumni, was chairman of the LeFrak Organization, one of the world's largest private development companies. The firm's accomplishments include building LeFrak City, a community of apartments, stores and office buildings in Queens, N.Y.; and creating and developing Battery Park City in New York City, as well as Newport, a $10 billion mixed-use community in New Jersey on 600 acres overlooking the Hudson River.

While a student at Maryland, LeFrak was a varsity track letterman, president of the Latch Key Society and an officer of his class and of Tau Epsilon Phi.

"In keeping with Dr. LeFrak's dedicated support of the university for more than 60 years, the foundation is happy to sustain his wishes to help the school in its many endeavors to maintain high scholastic and athletic standards," said Deborah Dolan, director of the LeFrak Foundation.

Said athletics director Deborah A. Yow, "The LeFrak scholar-athletes will serve as role models to young people across the country. We are very grateful for the generosity of Dr. and Mrs. LeFrak."

The other LeFrak Scholars for 2007-08 were Jerome Burney (men's basketball) and Edwin Williams (football).

TRACK & FIELD SCHOLARSHIP DONORS

A CAMPAIGN FOR ATHLETICS SCHOLARSHIPS

Maryland Athletics and the track & field coaches would like to thank the donors who made significant contributions to the recent campaign to fund scholarships for the men's track & field student-athletes. Through the Fear the Turtle campaign, the men's track & field program has increased the total number of available scholarships by nearly 15 percent. More than $567,900 was raised through this campaign specifically for track & field.

Our success is directly related to your support. Together, we are returning Maryland track & field to national prominence and causing all of our opponents to Fear the Turtle!

FULLY-ENDOWED SCHOLARSHIP GIFT

The Samuel J. (Track '40) and Ethel LeFrak Charitable Foundation
Milton Matthews (Track '68)

PARTIALLY-ENDOWED SCHOLARSHIP GIFTS

Albert P. Carey (Track '74)

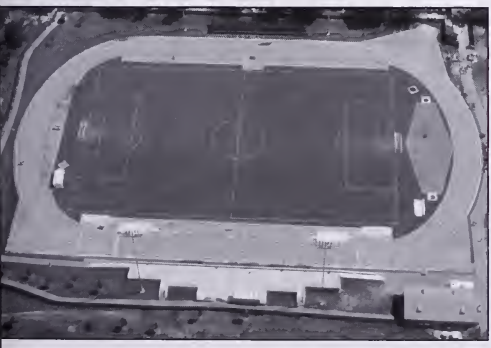
FULL SCHOLARSHIP GIFTS

John ('71) and Diane Alahouzos - 1.5 scholarships
Albert P. Carey (Track '74)
Martin (Track '81) and Tricia Green - 1.3 scholarships

HALF SCHOLARSHIP GIFTS

Tom Fields (Track '42)
Milton Matthews (Track '68)
Logan Schutz (Track '38)
Brian and Donna Whitehead

We welcome additional gifts in support of track and field scholarships. To make a tax-deductible gift for Maryland track & field scholarship support, please contact the Athletics Major Gifts office at 301-314-7020, or toll free at 800-653-7667.



HOME OF THE TERRAPINS
THE KEHOE TRACK & FIELD COMPLEX, DEDICATED IN SEPT. 1995, HOSTED THE 1996 ACC OUTDOOR MEET.

2007 CROSS COUNTRY RECAP

BRAFFET LEADS YOUNG WOMEN'S TEAM

It was a run to the finish befitting a champion.

The close to the 2007 cross country season was a renewal of sorts for University of Maryland senior Meghan Braffet. The former Atlantic Coast Conference 10K champion spent all her season leading a young Terrapin cross country squad, showing them the work and dedication it takes to be a champion.

Finishing 18th individually at the 2007 ACC Cross Country Championship, Braffet led the Terrapins to a ninth-place team finish at the conference meet, one spot better than in 2006.

She capped her year by earning All Mid-Atlantc Region honors two weeks later by placing 17th and leading the team to the line at the regional hosted by Lehigh University. There, the Terrapins also improved their team position one spot from the previous year, placing eighth in the standings at Lehigh.

Behind Braffet at the ACC Championships were a junior, five sophomores and a freshman - all of whom gained from watching and running with their senior leader.

Sophomore Erin Matyus placed second on the team at each of the final three races, cutting the time between herself and Braffet in each event down the stretch. She was 41st at the ACC Championship and 40th at the NCAA Regionals, showing promise for the future.

Sophomore Lindsay Ritchings was Maryland's third finisher at Regionals and fifth at the ACCs, while freshman Angeli Sivaraman had a third at ACCs and a fourth at the Regionals, giving the Terrapins some youthful depth at the middle of the lineup.

Sophomore Christina Nelson and junior Kylynn McKinley also ran strong in the Maryland lineup throughout most of the season.

One highlight of the team season came at the Leopard Invitational on Oct. 13, hosted by Lafayette. Braffet earned an individual victory by covering a 6-kilometer course in 20:39 and leading Maryland to the team title. The Terps placed six runners in the top 23 in that event to outdistance a talented regional field.

"I think we're going in the right direction with a young team," said Andrew Valmon, in his fourth season as the cross country head coach. "We had a freshman finish in the third spot, and Matyus, Nelson and Ritchings are sophomores. We have a very young team, we're recruiting well and we're building some depth."

Meghan Braffet earned All-Region honors by leading the Terrapins with her 18th-place finish at the NCAA Mid-Atlantic Regionals in November.

SOPHOMORES AHEAD OF PACK FOR MEN'S TEAM

The best way to show promise for the future is to show improvement in the present.

If that's true, the future looks strong for the University of Maryland men's cross country team based on late-season results by the Terrapins in 2007.

Bolstered by strong efforts by the sophomore duo of Greg Kelsey and Ben Diestel, the Terrapins showed the rest of the Atlantic Coast Conference and the Mid-Atlantic Region that they will be a force to be considered in coming years.

Kelsey finished his sophomore season with All Mid-Atlantic Region honors based on his 23rd-place finish individually at the regional meet held at Lehigh University.

As had happened two weeks earlier at the ACC Championships, he was followed close behind by Diestel, who placed 30th just 16 seconds behind.

These two led a charge by the Maryland men's team which put them in ninth place in the team standings at regionals, compared with a 14th-place finish from 2006.

Kelsey and Diestel each had dramatic improvement at the regional meet, going from 57th and 78th, respectively a year ago, to their 23rd and 30th-place finishes in 2007.

The improvement continued a trend that started at the ACC Championships in Charlottesville, Va.

Maryland finished ninth in the team standings, its best men's finish since 2004. The Terrapins were only 11 points out of eighth and 13 points out of seventh in the team standings.

Individually, Kelsey was 24th, while Diestel was 29th, improving on their freshmen ACC finishes of 54th and 47th, respectively.

"Our best runner (in 2006) finished 30th," said head coach Andrew Valmon. "This year, we had two guys place better than that... I think the key is our top three guys all P-R'ed. They're only sophomores, so we have a bright future for these guys."

Sophomore Joe Simpson was in that third spot at ACCs, and was fourth at regionals. Junior Richie Booth was third at the regionals, with sophomores Kevin Gahr and Mike Cator each finishing in scoring spots at the end-of-season events.

Maryland won both the Mount Saint Mary's Duals and the Leopard Invitational during the 2007 season, setting the tone for the strong performances at the end of the year. Kelsey and Diestel finished in the sixth and seventh spots individually at the Leopard Invitational, leading five Terps to the line among the top 26 finishers in that event.

Ben Diestel was one of two sophomores who led the fortunes for the Maryland men's cross country team in 2007.

2007 CROSS COUNTRY RESULTS

WOMEN

	8/31/2007 Mt. St. Mary's Duals (Emmitsburg, Md.) Won 4, Lost 1	9/15/2007 Navy Invitational (Annapolis, Md.) 6th of 9	9/29/2007 George Mason Inv. (Fairfax, Va.) 2nd of 8	10/13/2007 Leopard Invitational (Easton, Pa.) 1st of 11	10/27/2007 ACC Championship (Charlottesville, Va.) 9th of 12	11/10/2007 NCAA Regional (Lehigh, Pa.) 8th of 28
Libby Babcock (RSo.)	DNC	DNC	16th - 22:08.6 (3)	DNC	67th - 23:47.2 (6)	DNC
Meghan Braffet (Sr.)	DNC	3rd - 22:05 (1)	DNC	1st - 20:39.0 (1)	18th - 21:51.5 (1)	17th - 20:47 (1)
Sarah Dawes (Fr.)	DNC	66th - 25:53 (6)	38th - 24:45.6 (7)	DNC	DNC	DNC
Melissa Mark (Jr.)	14th - 21:02.5 (3)	DNC	46th - 25:10.7 (8)	DNC	DNC	DNC
Erin Matyus (So.)	DNC	DNC	DNC	11th - 21:40.0 (2)	41st - 22:49.1 (2)	40th - 21:37 (2)
Kylynn McKinley (Jr.)	23rd - 22:03.4 (5)	38th - 24:15 (4)	25th - 23:42.9 (6)	22nd - 21:52.0 (5)	70th - 23:55.3 (7)	89th - 22:33 (5)
Christina Nelson (So.)	DNC	63rd - 25:38 (5)	18th - 23:27.4 (4)	39th - 22:25.0 (7)	63rd - 23:34.6 (4)	DNC
Kristin Reed (So.)	4th - 19:56.3 (1)	31st - 23:56 (2)	9th - 23:05.1 (1)	13th - 21:45.0 (3)	72nd - 24:04.1 (8)	94th - 22:42 (6)
Lindsay Ritchings (So.)	7th - 20:10.6 (2)	DNC	22nd - 23:37.0 (5)	23rd - 21:56.0 (6)	64th - 23:36.4 (5)	63rd - 22:07 (3)
Amanda Robotti (Jr.)	15th - 21:05.1 (4)	DNC	53rd - 25:35.2 (9)	DNC	DNC	DNC
Angeli Sivaraman (Fr.)	DNC	36th - 24:11 (3)	11th - 23:10.1 (2)	21st - 21:51.0 (4)	53rd - 23:09.7 (3)	75th - 22:20 (4)
Distance	5K	6K	6K	6K	6K	6K
1-5 Split	2:07.1	3:33	0:31.9	1:13.0	1:44.9	1:46

Number in parentheses is ranked finish among team

MEN

	8/31/2007 Mt. St. Mary's Duals (Emmitsburg, Md.) Won 5, Lost 0	9/15/2007 Navy Invitational (Annapolis, Md.) 6th of 11	9/29/2007 George Mason Inv. (Fairfax, Va.) 4th of 9	10/13/2007 Leopard Invitational (Easton, Pa.) 1st of 12	10/27/2007 ACC Championship (Charlottesville, Va.) 9th of 12	11/10/2007 NCAA Regional (Lehigh, Pa.) 9th of 28
Drew Abernathy (RFr.)	6th - 16:27.4 (3)	61st - 26:28.3 (10)	25th - 29:35.6 (3)	26th - 26:56.2 (5)	71st - 26:21.8 (8)	104th - 32:33 (7)
Richie Booth (Jr.)	DNC	40th - 25:47.9 (6)	22nd - 29:30.3 (2)	DNC	48th - 25:45.4 (4)	51st - 31:30 (3)
Mike Calor (So.)	1st - 16:11.2 (1)	53rd - 26:09.5 (7)	DNC	34th - 27:06.3 (6)	61st - 26:05.7 (5)	94th - 32:24 (6)
Josh Davis (Jr.)	DNC	60th - 26:28.3 (9)	37th - 29:36.2 (4)	57th - 27:34.7 (7)	DNC	DNC
Ben Diestel (So.)	DNC	24th - 25:26.2 (3)	6th - 25:50.2 (1)	7th - 25:43.9 (2)	29th - 25:06.7 (2)	30th - 31:14 (2)
Kevin Gahr (So.)	9th - 16:37.4 (5)	38th - 25:46.6 (5)	DNC	18th - 26:38.7 (4)	67th - 26:13.9 (6)	67th - 31:49 (5)
Greg Kelsey (So.)	DNC	23rd - 25:22.1 (2)	DNC	6th - 25:40.3 (1)	24th - 24:56.7 (1)	23rd - 30:58 (1)
Alex Lundy (Fr.)	DNC	10th - 24:55.4 (1)	DNC	DNC	68th - 26:15.4 (7)	DNC
Ryan Shon (Jr.)	7th - 16:33.8 (4)	54th - 26:10.5 (8)	73rd - 30:37.1 (5)	DNC	DNC	DNC
Joe Simpson (So.)	4th - 16:19.0 (2)	33rd - 25:40.1 (4)	DNC	16th - 26:37.4 (3)	44th - 25:35.7 (3)	64th - 31:49 (4)
Distance	5K	8K	8K	5 Miles	8K	10K
1-5 Split	0:26.2	0:51.2	4:46.9	1:15.9	1:09.0	0:51

2007 WOMEN'S TEAM

2007 MEN'S TEAM

CROSS COUNTRY RECORDS & HONORS

MEN'S HONORS

ALL-AMERICANS

1941	Tom Fields
1968	Charlie Shrader
1969	Charlie Shrader
1970	Charlie Shrader
1974	Dan Rincon

ACC TEAM TITLES

Year	Coach
1954	Jim Kehoe
1955	Jim Kehoe
1964	Jim Kehoe
1965	Jim Kehoe
1966	Jim Kehoe
1967	Jim Kehoe
1968	Jim Kehoe
1969	Jim Kehoe
1972	Bob Dean
1974	Bob Dean
1976	Stan Pitts

ACC INDIVIDUAL CHAMPIONS

1965	George Henry	22:19.5
1968	Charles Shrader	25:43.4
1969	Charles Shrader	26:37.9

ALL-ACC SELECTIONS

1985	Dennis Cullinane
	Daniel Foley
1986	Mark Coogan
	Dennis Cullinane
	Daniel Foley
1987	Mark Coogan
	Quinten Howe
1990	Chris Ciamarra
	Greg Early
1994	Dave Mabe
1995	Brian Montgomery
2003	Pete Hess

ACC FRESHMAN OF THE YEAR

2003	Pete Hess

ALL-TIME HEAD COACHES

1947-69	Jim Kehoe
1970-74	Bob Dean
1975-81	Stan Pitts
1982-87	Charles Torpey
1988-2000	Dan Rincon
2001-03	Trent Sanderson
2004-07	Andrew Valmon

WOMEN'S HONORS

ALL-AMERICANS

1981	Jean Whiston
1988	Rosalind Taylor

ACC CROSS COUNTRY INDIVIDUAL CHAMPIONS

1988	Rosalind Taylor	16:36.7

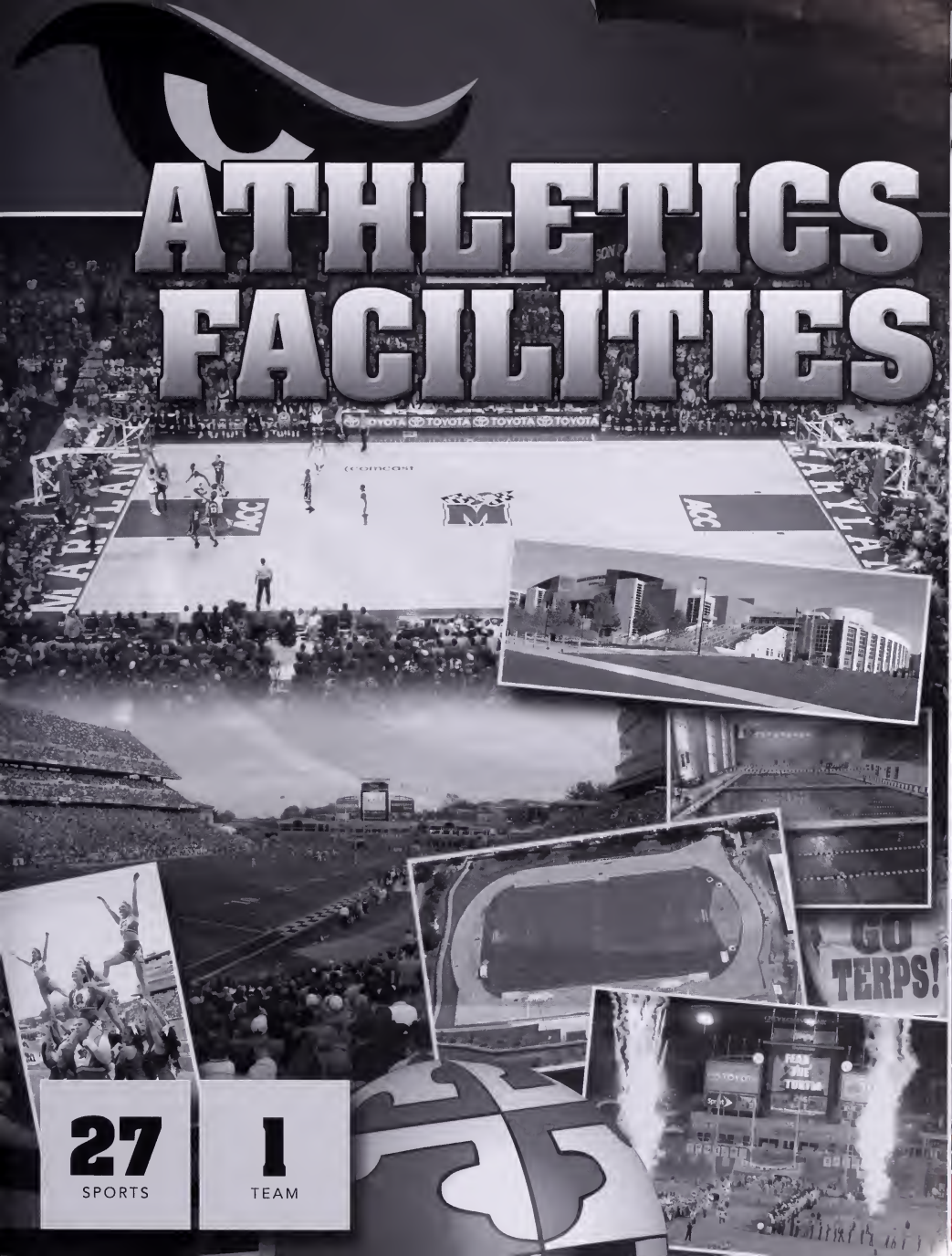
WOMEN'S ALL-ACC

1986	Rosalind Taylor
	Carolyn Forde
1987	Rosalind Taylor
1988	Rosalind Taylor
	Jennifer Van Horn
1989	Jennifer Van Horn
1995	Kerrie Bowes

TERP OLYMPIAN MARK COOGAN

PETE HESS

ATHLETICS FACILITIES



THE UNIVERSITY OF MARYLAND

DEEP ROOTS, BROAD IMPACT

Charles Benedict Calvert founded the Maryland Agricultural College in 1856 with the goal of creating a school that would offer outstanding practical knowledge to him and his neighbors and be "an institution superior to any other."

One hundred and fifty years later, the University of Maryland has blossomed from its roots as the state's first agricultural college and one of America's original land grant institutions into a model of the modern research university. It is the state's greatest asset for its economic development and its future, and has made its mark in the nation and the world.

Calvert would be astounded by the depth and breadth of research activities, innovative educational programs, and the single-minded pursuit of excellence that are part of the University of Maryland today. Maryland is ranked 18th among the nation's top public research universities by *U.S. News & World Report*, with **31 academic programs in the Top 10 and 92 in the Top 25.** It is also ranked No. 37th in the world, according to the Institute of Higher Education at at Shanghai's Jiao Tong University.

Maryland is **the state's premier center of research and graduate education and the public institution of choice for undergraduate students of exceptional ability and promise. The faculty includes three Nobel laureates, six Pulitzer Prize winners, a three-time Emmy Award winner, 40 members of national academies and scores of Fulbright scholars.** The university focuses great attention on the highest academic standards, affordability for all qualified students, and a President's Promise program that guarantees opportunity for extraordinary extracurricular and professional experiences for each student.

It has earned a national reputation for its enriched educational experiences for undergraduates, including such widely imitated living/learning programs as College Park Scholars; Gemstone, a unique program that brings teams of students together from across disciplines to tackle specific technical problems; and the Hinman CEO Entrepreneurship Program, sponsored jointly by the A. James Clark School of Engineering and the Robert H. Smith School of Business, and widely recognized as the most successful student entrepreneurship program in the nation.

These programs are guided by outstanding faculty whose accomplishments in research abound. Whether the issue is Mideast peace, cutting-edge research in nanoscience, homeland security or bioscience advances, Maryland faculty are selected for national leadership and are making news. Many recent major faculty initiatives receiving significant external support strengthen our homeland security endeavors—centers for research on agrosecurity and emergency management; intermodal freight transportation security; behavioral and social analyses of terrorism and responses to terrorism; astrophysics and advanced world climate and weather prediction; and a national Center for Advanced Study of Language.

In addition to its academic prowess, Maryland is also home to the Terrapins, whose athletic achievements are a perennial source of pride for nearly 250,000 alumni and residents of the state. In 2005-2006, the Terrapins brought home national championships in four sports — men's soccer, field hockey, competitive cheer and women's basketball — more than any university in the nation.

In 2004, Maryland's School of Music hosted the National Symphony Orchestra in its first university residency, and its 2006 opera production was declared by the *Washington Post* music critic "... as good as any Bohème you are likely to see this side of the Metropolitan Opera or Covent Garden."

Whether aiming for the skies or pioneering journalism programs in China, the University of Maryland is surging ahead. Building on the work of outstanding faculty and students, and with the loyal support of alumni and friends, Maryland is moving aggressively and confidently to a decade that will shine brighter than any other in its history.

UNIVERSITY SYSTEM OF MARYLAND

William Kirwan	Chancellor
Irwin Goldstein	Sr. Vice Chancellor for Academic Affairs
Joseph A. Vivona	C.O.O. and Vice Chancellor for Administration and Finance
Leonard Raley	Vice Chancellor for Advancement

UNIVERSITY ADMINISTRATION

C.D. Mote Jr.	President
Dr. Nariman Farvardin	Vice President for Academic Affairs, Provost
Linda Clement	Vice President for Student Affairs
Jacques Gansler	Vice President for Research
Jeffrey Huskamp	Vice President and Chief Information Officer
Douglas M. Duncan	Vice President for Administrative Affairs
Brodie Remington	Vice President for University Relations

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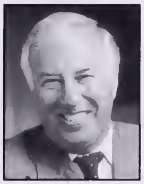


DR. C.D. MOTE

UNIVERSITY PRESIDENT
CALIFORNIA '59
NINTH YEAR

In September 1998, C. D. (Dan) Mote, Jr. began his tenure as President of the University of Maryland and Glenn L. Martin Institute Professor of Engineering. He was recruited to lead the University of Maryland to national eminence under a mandate by the state. Since assuming the presidency, he has encouraged an environment of excellence across the University and given new impetus to the momentum generated by a talented faculty and student body. Under his leadership, academic programs have flourished. In 2005, the University was ranked 18th among public research universities, up from 30th in 1998. President Mote has emphasized broad access to the university's model, enriched undergraduate curriculum programs and launched the Baltimore Incentive Awards Program to recruit and provide full support to high school students of outstanding potential who have overcome extraordinary adversity during their lives.

He has spurred the university to lead the state in the development of its high-tech economy, especially in the information and communication, bioscience and biotechnology, and nano-technology sectors. President Mote has greatly expanded the university's partnerships with corporate and federal laboratories and successfully negotiated to bring to the College Park area the first Science Research Park sponsored by the People's Republic of China. Under his leadership, the University has established a research park, The University of Maryland Enterprise Campus, M-Square, located on a 115-acre site adjacent to the University of Maryland/College Park Metro with 3 million square feet of development potential. Among its first tenants are the Center for Advanced Study of Language, a joint venture of the University and Department of Defense, and the National Oceanic and Atmospheric Administration's new World Weather and Climate Prediction Center.

During President Mote's second year in office, the University began the largest building boom in its history, with more than $100 million in new projects breaking ground that year. New facilities address every aspect of university life, from the arts to recreation to classrooms and laboratories, and, in creative partnership with the private sector, new residential facilities. Highlights of the construction activity include the stunning Clarice Smith Performing Arts Center; the Comcast Center, a state of the art sports complex; a high tech research greenhouse; and new classrooms for chemistry, computer science, business and engineering. President Mote also led the development of a new Facilities Master Plan for development in the next 20 years, which is noted for its emphasis on environmental stewardship.

Dr. Mote is a leader in the national dialogue on higher education and his analyses of shifting funding models have been featured in local and national media. He has testified on major educational issues before Congress, representing the University and higher education associations on the problem of visa barriers for international students and scholars and on deemed export control issues. He has been asked to serve on a high level National Academies Committee appointed at the request of the Senate Energy Subcommittee of the Senate Energy and Natural Resources Committee to identify challenges to United States leadership in key areas of science and technology and to be a member of the Leadership Council of the National Innovation Initiative, an activity of the Council on Competitiveness. He has served as vice chair of the Department of Defense Basic Research Committee, and is a member of the Council of the National Academy of Engineering. In 2004-2005, he served as President of the Atlantic Coast Conference. In its last ranking in 2002, "Washington Business Forward" magazine counted him among the top 20 most influential leaders in the region.

Prior to assuming the Presidency at Maryland, Dr. Mote served on the University of California, Berkeley faculty for 31 years. From 1991 to 1998, he was Vice Chancellor at Berkeley, held an endowed chair in Mechanical Systems and was President of the UC Berkeley Foundation. He led a comprehensive capital campaign for Berkeley that raised $1.4 B. He earlier served as chair of Berkeley's Department of Mechanical Engineering and led the department to its number one ranking in the National Research Council review of graduate program effectiveness.

Dr. Mote's research lies in dynamic systems and biomechanics. Internationally recognized for his research on the dynamics of gyroscopic systems and the biomechanics of snow skiing, he has produced more than 300 publications, holds patents in the U.S., Norway, Finland and Sweden, and has mentored 56 Ph.D. students. He received the B.S., M.S. and Ph.D. in mechanical engineering from the University of California, Berkeley. President Mote has received numerous awards and honors, including the Humboldt Prize awarded by the Federal Republic of Germany. He is a recipient of the Berkeley Citation, an award from the University of California-Berkeley similar to the honorary doctorate, and was named Distinguished Engineering Alumnus. He has received two honorary doctorates. He is a member of the U.S. National Academy of Engineering and serves on its Council, and is a member of the American Academy of Arts and Sciences. He was elected to Honorary Membership in the ASME International, its most distinguished recognition, and is a Fellow of the International Academy of Wood Science, the Acoustical Society of America, and the American Association for the Advancement of Science. In Spring 2005, he was named recipient of the 2005 J. P. Den Hartog award by the ASME International Technical Committee on Vibration and Sound to honor his lifelong contribution to the teaching and/or practice of vibration engineering. In Fall 2005, he received the 2005 Founders Award from the National Academy of Engineering in recognition of his comprehensive body of work on the dynamics of moving flexible structures and for leadership in academia.

He and his wife of over 40 years, Patricia Mote, have two married children, Melissa and Adam, and four grandchildren. Patsy Mote has continued her strong support of the arts and is spokesperson for the Clarice Smith Performing Arts Center and a member of Prince George's County Arts Commission.

DEBORAH A. YOW

DIRECTOR OF ATHLETICS • 14TH YEAR AT MARYLAND

Deborah A. Yow is in the 14th year of her outstanding tenure as director of athletics at the University of Maryland, a tenure that has seen unprecedented success and achievement in Maryland athletics. In Yow's 13-plus years at Maryland, the Terrapins have won a remarkable 15 national championships and graduated student-athletes at an enviable rate as Maryland athletics has soared to sustained new heights among the nation's elite intercollegiate athletic programs.

The comprehensive success of Terrapin athletics under Debbie Yow's leadership is a clear and compelling testimony of her values of ***excellence, teamwork and accountability***.

Likewise, her prior election to the presidency of the National Association of Collegiate Directors of Athletics is an indication of the wide respect with which she is regarded among its 6,100 members representing 1,600 colleges and universities in the U.S. and Canada.

She has been honored by Street and Smith's Sports Business Journal as one of the 20 most influential people in intercollegiate athletics and she has received the Carl Maddox Sport Management Award presented by the United States Sports Academy for excellence in athletics administration.

Dr. Yow was selected to serve on the U.S. Department of Education's Commission on Opportunities in Athletics to review the status of Federal Title IX regulations. She recently served as the chair of the Atlantic Coast Conference Committee on Television. The committee is charged with overseeing the league's TV contracts and dealing with issues related to television, including multi-year ACC football and basketball contracts with ABC, ESPN, ESPN2 and syndication entities. In January 2008, she will become a member of the Board of Directors of the National Football Foundation.

Additionally, she has represented intercollegiate athletics with presentations in a number of prominent settings such as the Harvard University School of Law conference on "Shaping the Future of Collegiate Athletics" and the Street and Smith's Sports Business Journal "National Forum on the Direction of Intercollegiate Athletics" in New York. She was also recently inducted into the State of Maryland Women's Hall of Fame and the North Carolina Sports Hall of Fame, joining fellow Terp Buck Williams as honorees.

Yow, who has served on the NCAA Management Council and the NCAA Division I Budget Committee, is a strong and steady voice on behalf of intercollegiate athletics in America.

IN DECEMBER OF 2004, DEBORAH A. YOW WAS NAMED ONE OF THE MOST INFLUENTIAL PEOPLE IN COLLEGE ATHLETICS BY *STREET & SMITH'S SPORTS BUSINESS JOURNAL.*

Since taking over as AD at Maryland in 1994, she and her staff have:

- Transformed Terrapin athletics into a responsive, goal-oriented organization with 27 sports and more than 700 student-athletes.
- Balanced all 13 of the department's annual budgets (none of the budgets were balanced in the 10 years prior to her arrival). The budget has now reached $56 million annually and the multi-million dollar accumulated operating debt which her administration inherited has been eradicated.
- Greatly enhanced the academic support services provided for student-athletes, with an enviable exhausted eligibility graduation rate of approximately 85 percent for student athletes at Maryland.
- Led the Terrapins to a national all-sports ranking in the upper 7 percent of all NCAA Division I institutions.
- Significantly expanded marketing and fund-raising efforts on behalf of Terrapin athletics. As a result, private gifts to athletics have increased over 350 percent and corporate sponsorship revenues have increased by over 300 percent during her tenure at Maryland.
- Continued to dramatically improve venues and facilities for the department's 27 teams. The Comcast Center for men's and women's basketball and other sports that use the facility is a prime example of the remarkable upgrade of athletic facilities.
- Implemented a strategic management model.
- Developed a comprehensive Internet strategy with management, marketing and fund-raising applications.

Yow congratulates one of the members of the Maryland Competitive Cheer team that won the 2006 NCA Division I National Championship.

Significantly improved customer care in every area of Maryland athletics.

The most recent achievements of Maryland athletics are exceptional:

Maryland captured a remarkable six national championships during the past two seasons.

In 2006, the Terrapins achieved the highest student-athlete graduation rate in the history of Maryland athletics.

Fundraising for Maryland athletics set a historic mark of $31 million in 2006-07.

Maryland was selected by U.S. News & World Report as one of the Top 20 athletic programs in the nation (for overall quality and competitive excellence).

In 2005-06, Maryland Athletics won the inaugural PRISM Award as the most well-managed Division I collegiate athletics program in the nation.

Maryland was ranked as the sixth-finest athletic program in the nation by the Laboratory for the Study of Intercollegiate Athletics, based on comprehensive criteria such as graduation rates, financial efficiency, equity effectiveness and competitive excellence.

In men's basketball, the Terps won the Atlantic Coast Conference title over Duke in the championship game in 2004 and won the NCAA National Championship in 2002. Under Coach Gary Williams, the men's basketball team appeared in 11 consecutive NCAA Tournaments and in 12 of the last 14 tournaments.

Women's basketball won the 2006 NCAA National Championship under head coach Brenda Frese, completing an amazing turnaround that saw the program go from a 10-18 record to a National Championship in four seasons.

In football, the Terps won the 2001 Atlantic Coast Conference championship and played in the 2002 Orange Bowl, followed that with an 11-win season and a 30-3 victory over the University of Tennessee in the Peach Bowl, again followed by a 10-win season and a 41-7 win over West Virginia in the Gator Bowl on New Year's Day 2004. In the 2006-07 season, Maryland returned to the bowl scene, where the Terps beat Purdue, 24-7, in the Champs Sports Bowl. Graduation rates in football are exemplary and the program was recently recognized by the American Football Coaches Association for its academic excellence under Coach Ralph Friedgen.

Additionally, Maryland is one of only nine universities to win the National Championship in football and men's basketball and is one of only three universities in the nation to win National Championships in men's basketball, women's basketball and football. Stanford and UCLA are the only other NCAA Division I institutions to achieve that mark.

Set an ACC single-game record for women's basketball attendance by drawing 17,950 to a regular-season game at Comcast Center and led the ACC in season attendance.

Hired Dave Cottle, the third-winningest active men's lacrosse coach in the U.S., who guided his team to the NCAA Final Four in his second year.

Dr. Yow with Boomer Esiason (left), Bonnie Bernstein (center) and Steve Francis (right).

- Field hockey earned National Championships in 2005-06 and in 2006-07, and has become a perennial participant in the Final Four in that sport.
- In women's lacrosse, hired Kathy Nelson Reese, who was named the 2007 ACC Coach of the Year in her first season as coach of the Terps.
- Men's soccer has appeared in four Final Fours in the past five years and won the NCAA National Championship.
- Football facilities have been significantly enhanced with team house, stadium and practice field upgrades. The Academic Center was the first improvement, as it took priority over all other initiatives.
- The Terrapins have moved into the $130 million Comcast Center, housing athletic department offices and seating for 18,000 fans for basketball and other events – part of a remarkable $250 million upgrade and expansion of athletics facilities during Dr. Yow's leadership of Maryland Athletics.
- In 2006-07, 24 Maryland teams competed in postseason play.
- The productivity, morale, and the competitive and academic achievement of Terrapin athletics are exceptional and continue to gain momentum.

Regarding the many achievements of Terrapin athletics over the past 13 years, Yow says, ***"We are pleased, but we are not satisfied... our vision is to be one of the Top 5 programs in the nation consistently... we see no reason to settle for less."***

Yow is known for her goal-oriented and proactive management style. She consistently inspires and challenges those around her to ***"raise our sights and sharpen our tools... to work hard and work smart... to recognize that our only limitations are those that we place upon ourselves."***

As a manager and a leader, she clearly models these principles. She is the only known current AD in NCAA Division I who has hired both the National Coach of the Year in football (while at Maryland) and the National Coach of the Year in men's basketball (while at Saint Louis University). In 2002, she also brought to the University of Maryland Brenda Frese, who at that time was the National Coach of the Year in women's basketball. Four years later, Frese led the Terrapins to the NCAA National Championship at the Women's Final Four in Boston.

Dr. Yow is known as "a coach's AD," while also being highly organized and a strategic and proactive leader and administrator. Quite simply, Debbie Yow personifies the relational and management dynamics that are necessary to be an excellent administrator and leader.

A successful former basketball coach at the University of Kentucky and University of Florida, she moved into athletics administration at the University of Florida and the University of North Carolina, Greensboro, followed by a successful tenure as AD at Saint Louis University.

She has authored numerous articles and books on athletics management and human behavior, and is a respected leader in intercollegiate athletics in the United States.

Summing up the entire Maryland athletics program, our athletics director recently stated, "We have the finest student-athletes, coaches, support staff and administrative team in America. It is because of their courage, hard work and cooperative spirit that we now have a strong, viable athletic program. I am immensely proud of each of them. I am equally proud of our Terrapin fans who buy tickets, our Terrapin Club members who faithfully support the Maryland athletic program with their donations for scholarships, and the M Club members who serve and give liberally. We are also blessed with a terrific President, Dr. Dan Mote, who has fostered a mindset of excellence across our institution. He is a strong and balanced advocate for what he calls 'the three A's of the University -- Academics, the Arts and Athletics'. We have a great Terrapin family. That's the foundation for all of our success... and the

DISTINGUISHED ALUMNI

William Apollony, '69, Sociology
President, Windsor Healthcare

Sade Baderinwa, '93, Agriculture
Co Anchor, ABC 7 New York

Zvi Barzilay, '73, Architecture
President, Toll Brothers Builders

Robert Basham '70, Bus. Admin.
Co-founder, Outback Steakhouse

Gail Berman, '78, Theatre
Producer, NBC Universal

Bonnie Bernstein, '92, Journalism
Reporter, ESPN

Carl Bernstein, '65, Arts & Sciences
Author, Watergate reporter

Eric Billings, '77, Finance & Economics
CEO, Friedman, Billings, Ramsey Group

Tim Brant, '73, Journalism
Sportscaster, ABC and Jefferson-Pilot

Sergey Brin, '93, Mathematics
Co-founder, Google, Inc. search engine

Kenneth Brody, '64, Electrical Eng.
Former chairman, U.S. Export-Import Bank

John Brophy, '71, History
Exec. Vice President, ACS Solutions

Vicky Bullett, '90, General Studies
WNBA & U.S. Olympian

Dennis Cardoza, '82, Gov./Politics
Congressman, California 18th District

Al Carey, '78, Government
President & CEO, Frito-Lay

Kiran Chetry, '96, Journalism
Co-anchor, CNN's "American Morning"

Connie Chung, '69, Journalism
Emmy-winning Correspondent & Scholarship Co-Chair

Mark Ciardi, '83, Marketing
Producer, "The Rookie" & "Miracle"

A. James Clark '50, Civil Eng.
President, Clark Enterprises

Fran Contino, '68, Accounting
Executive Vice President & CFO, McCormick & Co.

Bob Corliss, '76, Gov./Politics
President, Athlete's Foot

Michael Dana, '81, Marketing
CEO, Onex Real Estate Partners

Larry David, '69, Bus. Admin.
Executive producer, Seinfeld

Dominique Dawes, '02, Speech
U.S. Olympian

Len Elmore, '78, English
Senior Counsel, LeBoeuf, Lamb, Greene & MacRae, LLP; ESPN Commentator

Gordon England, '61, Electrical Engineering
Deputy Defense Secretary

Boomer Esiason, '84, Undergraduate Studies
Sportscaster, former NFL player

Raul Fernandez, '90, Economics
Chairman, ObjectVideo

Carly Fiorina, '80, M.B.A.
Pioneering Woman CEO

Robert Fischell, '53, M.S. Physics
Chairman, Fischell Biomedical, LLC

Jon Franklin, '70, Journalism
Two-time Pulitzer Prize winner

Ralph Friedgen, '70, P.E.
Head coach, University of Maryland football

Fred Funk, '80, Criminology
Pro golfer

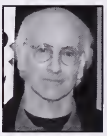
Tom Gallagher, '70, Marketing
Chairman, President & CEO, Genuine Parts Co.

Bonnie Bernstein

Carl Bernstein

Dennis Cardozza

Connie Chung



Larry David

Dominique Dawes

Joseph Gildenhorn, '51, Bus. Administration
Partner, The JBG Companies; retired US Ambassador

Dave Goldfarb, '79, Accounting
Executive V-P, Lehman Brothers

Barry Gossett, Engineering
CEO, Action Mobile Industries

Michael Griffin, '77, Ph.D. Aerospace Engineering
Chief Administrator, NASA

Roger Hale, '65, History
Board of Directors, H&R Block and Ashland Oil

Herbert Hauptmann, '55, Math
Nobel Prize winner, physics

Jane Henson, '55, Art Education
Creator, The Muppets

Jim Henson, '60, Home Economics
Creator, The Muppets

Steny Hoyer, '63, Political Science
House Majority Leader
Congressman, Maryland's 5th district

Harry Hughes, '49, Bus. Admin.
Former governor of Maryland

Stan Jones, '56, Education
NFL Hall of Fame inductee, '91

Jeong Kim, '91, Ph.D. Engineering
President, Bell Labs

Gayle King, '76, Psychology
Editor-at-Large, *O, The Oprah Magazine*

Jeffrey Kluger, '76, Gov./Politics
Author, Apollo 13

Chris Kubasik, '83, Accounting
E-VP & CFO, Lockheed Martin

Tim Kurkjian, '78, Journalism
Reporter, ESPN & ESPN Magazine

Debbie Lawrence, '78, Textiles
Vice-President, The Williams Companies

John Lauer, '63, Chemical Eng.
Non-Executive Chairman, Diebold, Inc.

George Laurer, '51, Electrical Eng.
Inventor, Universal Price Code

Samuel LeFrak, '40, Bus. Admin.
Chairman, The LeFrak Organization

Liz Lerman, '70, Dance
MacArthur Award Winner; Dance Co. Owner

Marvin Mandel, '39, Arts/Law
Former governor of Maryland

William Mayer, '66, Bus. Admin.
Chair, Exec. Comm., Park Ave. Equity Partners

Tom McMillen, '74, Chemistry
CEO, Homeland Security Corp.

Susan Merrill, '79, Theater
Chief of Enforcement, NYSE/NASDAQ

Mike Miller, '64, Economics
President, Maryland Senate

Bob Mitchell, '59, Civil Engineering
CEO, Mitchell & Best Homebuilders

Paul Mullan, '68, Marketing; '70, MBA
Strategic Partner, Charterhouse Group International

Renaldo Nehemiah, '81, Radio/TV/Film
U.S. Track & Field Hall of Fame inductee, '1997

Paul Norris, '71, M.B.A.
Non-Executive Chairman, W. R. Grace

Tom Norris, '67, Sociology
Congressional Medal of Honor Winner

Preston Padden, '70, Economics
Executive Vice President, Disney

Buno Pati, '86, Electrical Engineering
CEO, Building B Corp. & Scholarship Chair

Gordon England

Jon Franklin

Michael Griffin

Steny Hoyer

Samuel LeFrak

Kevin Plank

George Pelecanos, '80, Radio/TV/Film
Novelist

Robert Pincus, '68, Bus. Admin.
Chairman, Milestone Advisors

Kevin Plank, '97, Business Admin.
Founder & CEO, Under Armour

Jesus Rangel, '78, Journalism
Vice President, sales department, Anheuser-Busch

Judith Resnick, '77, Electrical Engineering
Second woman in space, died in '86 Challenger explosion

Paul Richards, '91, M.S. Electrical Eng.
NASA Astronaut

Jimmy Roberts, '79, Radio/TV/Film
Reporter, NBC

Mark Rosenker, '69, Radio/TV
Chairman, National Transportation Safety Board

Dutch Ruppersberger, '67, Pre-Law
Congressman, Maryland's Second District

Harvey Sanders, '72, Journalism
Founder, Nautica Enterprises

Peggy Schiff, '74, Accounting
Vice-President, *The Washington Post*

Ben Scotti, '59, Arts & Sciences
Original syndicator, Baywatch series

Tony Scotti, '61, Arts & Sciences
Original syndicator, Baywatch series

Neal Shear, '76, Accounting
Head of Trading, Morgan Stanley

David Simon, '83, Undergraduate Studies
Created TV series Homicide & The Wire

Harry Smith, '49, Electrical Eng.
Inventor, pulse doppler radar

Robert H. Smith, '50, Accounting
Developer of Crystal City complex

Ed Snider, '55, Accounting
Chairman, Comcast Spectacor

Michele Snyder, '86, Architecture
Minority Owner, Washington Redskins

Bert Sugar, '57, Bus. Admin.
Boxing historian

Mark Turner, '78, Urban Studies
President, Steak Escape restaurant chain

Joe Tydings, '51, Arts-Law
Attorney

Leo Van Munching, '50, Marketing/Bus. Admin.
Headed one of America's top import companies

Scott Van Pelt, '88, Radio/TV/Film
ESPN Anchor

Jim Walton, '81, Radio/TV/Film
President, News Group, CNN

Michael Ward, '72, Marketing
Chairman & CEO, CSX

Pam Ward, '84, Radio/TV/Film
Co-anchor, ESPN and ESPN2

Randy White, '74, P.E.
NFL Hall of Fame inductee, '94

Dianne Wiest, '69, Arts & Sciences
Two-time Academy Award winner

Gary Williams, '68, Marketing
Head coach, University of Maryland men's basketball & Scholarship Co-Chair

Morgan Wooten, '56, Phys Ed.
U.S. Basketball Hall of Fame

Dennis Wraase, '66, Accounting
Chairman, President & CEO, PEPCO Holdings

Paul Richard

Dutch Ruppersberge

Bert Suga

Scott Van Pel

Pam War

Morgan Wooter

ACADEMIC SUPPORT AND CAREER DEVELOPMENT

The University of Maryland is committed to providing the highest quality education to all of its students. The Department of Intercollegiate Athletics strives to provide student-athletes excellent opportunities to participate in an intercollegiate athletics program of the highest quality, with the result that their athletics participation becomes an integral and valued component of their total educational experience at the university.

Terrapin student-athletes will find that the same hard work and discipline that has earned them success in athletics competition is also required in the classroom. Balancing the significant time demands and responsibilities required to be a successful student-athlete at the highest collegiate level is no small task. Therefore, as a result of their commitment to representing the university through athletics, Terrapin student-athletes are able to utilize support programs designed to meet their specific needs.

Led by associate athletics director Anton Goff, the mission of the Academic Support and Career Development Unit (ASCDU) is to provide quality developmental programs and need-based services that will enhance academic progress, facilitate career development, and encourage the psychosocial growth of all UM student-athletes. **Jessica Myers** works with the Maryland track & field and cross country teams.

The Gossett Academic Support and Career Development Center for Terrapin student-athletes, named for long-time Terp supporters Barry and Mary Gossett, is located in the Comcast Center. It features a study center that includes 25 desktop computers, a tutoring center, a classroom, a CHAMPS/Life Skills resource room and individual offices for professional academic counselors, a director of enrichment programs, an assistant program coordinator and a graduate assistant. In addition, a new academic wing was added to the Gossett football team house recently. It features offices for two counselors, a program coordinator and three learning specialists; as well as a quiet study area, 29-desk computer lab, classroom, tutor rooms and classroom/lab for the individualized learning program.

Academic courses, programs and services offered by ASCDU include the following:

- Student-athlete orientation
- Academic counseling
- NCAA academic eligibility monitoring
- Academic enrichment and career development presentations and workshops
- Accredited tutorial support
- Individualized learning program
- EDCP 108-K (College learning strategies and skills)
- EDCP 108-M (Math learning strategies and skills)
- UNIV 100 (First-year transitions to the university)

MARYLAND GAMEPLAN

The Maryland Gameplan is intended to assist graduating Terrapin student-athletes as they begin the job search process. It is distributed to more than 500 corporations and businesses across the country, in addition to being featured on the M Club website. Prospective employers are introduced to our graduating student-athletes with resume information relative to academic, career and personal achievements. The Maryland Gameplan directory is produced annually in collaboration with the M Club.

CAREER NETWORKING NIGHT

Because career development is an ongoing process, ASCDU provides a variety of programs for student-athletes throughout the year. Professional assistance with resume- writing, interviewing skills, graduate school search and job search is readily available to all student-athletes. During the spring semester ASCDU hosts the Career Networking Night, where student-athletes can learn about career interests and career planning. Unlike typical "job fairs," the purpose of this program is to allow student-athletes to explore multiple career opportunities by speaking directly to individuals in their chosen areas of interest. Employers at the Career Networking Night recognize the marketable qualities student-athletes have gained through athletic participation. Student-athletes learn about opportunities for internships and full-time jobs.

STUDENT-ATHLETE ADVISORY COMMITTEE

The Student-Athlete Advisory Committee (S.A.A.C.) plays an important role in the Department of Intercollegiate Athletics. It consists of two representatives from each varsity sport and meets on a regular basis with representatives from the athletic administration. The S.A.A.C. mission is to enhance the total student-athlete experience by developing leadership skills, promoting student-athlete welfare and fostering a positive student-athlete image on the Maryland campus, local area and nationally.

CHAMPS/LIFE SKILLS PROGRAMS

ASCDU houses the NCAA's (National Collegiate Athletic Association) CHAMPS/Life Skills Program. The ASCDU staff, in collaboration with various other Department of Intercollegiate Athletics' units and campus resources, strives to provide a systematic personal development program designed to reach each student-athlete based on his or her individual needs. The focus of the program is on the individual academically, athletically and emotionally, and on the changing needs and skills of that individual in the years during college and after graduation. The menu of presentations, workshops and seminars is a comprehensive and balanced system of "life learning" programs promoted for use by each varsity sport team.

Highlights of the CHAMPS/Life Skills Programs:

- Support efforts of every student-athlete toward intellectual development and graduation
- Use athletics as preparation for success in life
- Meet the changing needs of student-athletes
- Promote respect for diversity among student-athletes
- Enhance interpersonal relationships in the lives of student-athletes
- Assist student-athletes in building positive self-esteem
- Enable student-athletes to make meaningful contributions to their communities
- Promote ownership by the student-athletes of their academic, athletic, personal and social responsibilities
- Enhance partnerships between the NCAA, member institutions and their communities for the purpose of education
- Encourage the development of leadership skills

CHAMPS/LIFE SKILLS PROGRAMS COMMITMENT STATEMENTS

Commitment to Academic Excellence

To support the academic progress of the student-athlete toward intellectual development and graduation.

Commitment to Athletic Excellence

To build philosophical foundations for the development of athletic programs that are broad-based, equitable and dedicated to the well-being of the student-athlete.

Commitment to Personal Development

To support the development of a well-balanced lifestyle for student-athletes, encouraging emotional well-being, personal growth and decision-making skills.

Commitment to Career Development

To encourage the student-athlete to develop and pursue career and life goals.

Commitment to Service

To engage student-athletes in service to his/her campus and surrounding communities.

ACADEMIC SUPPORT FOR RETURNING ATHLETES PROGRAM

The Academic Support for Returning Athletes Program was created in 1986 to support the academic efforts of former varsity student-athletes at the University of Maryland, College Park. In 1989, ASRAP was assigned by the President's Office to the Academic Achievements Program and enrolled 40 students that year. As a member of the National Consortium for Academics and Sports (NCAS), the University of Maryland is committed to assisting its former athletes with degree completion. A key component of the program is community outreach. Each returning student completes a "workship" that allows the cost of tuition and fees to be exchanged for community services with youth. In 2002, ASRAP moved into the ASCDU.

STRENGTH & CONDITIONING

In the highly competitive collegiate track and field world the pre-competition preparation of the student-athlete is a critical component to the competitive success of any Division I program. Dwight Galt, Maryland's director of strength and conditioning and **Barry Kagan** (below), who works with the track teams, believe strongly that a solid training program can dramatically improve levels of performance, as well as significantly reduce the chance of injury. The benefit of performing structured strength and power training throughout the entire year has allowed the Terps to reach new levels in physical development.

Barry Kagan

At the University of Maryland, the maximal development of athleticism is the primary goal of the strength and conditioning program. To accomplish this requires more than just strength and power training in the weight room. Agility, flexibility, conditioning, plyometrics, and nutrition also play critical roles. The Terps' strength staff places substantial emphasis on all these areas, with special attention on the improvement of speed potential. Galt and his staff employ a wide range of state-of-the-art training methods to assist in enhancing all aspects of speed development.

The Terps are fortunate to train in two of the premier weight-training facilities in the nation. Conveniently located in the Gossett Team House and Comcast Center, these facilities have excellent aesthetic appeal. The Terps' spacious weight rooms includes 7,200 square feet of functional floor space, with two elevated offices that are easily accessible to the training floor.

ATHLETICS DEVELOPMENT

TERRAPIN CLUB

Athletic excellence is a tradition at the University of Maryland—a tradition alumni and friends alike want to see continue and flourish. That's why we are inviting you to be a member of the Maryland Athletics Family by joining the Terrapin Club. Whether you are an alumnus of the University of Maryland or a friend interested in supporting the state's flagship campus, belonging to the Terrapin Club enables you to:

- Provide annual scholarship support for our student-athletes who will contribute to the community
- Share our vision to fully scholarship all sports to best represent the University
- Take pride in the achievement of athletic excellence
- Participate in the camaraderie and fellowship unique to Terrapin Club members
- Receive a tax deduction for your financial contribution for scholarships
- Enjoy access to great benefits including priority seating in Byrd Stadium for football and Comcast Center for basketball, priority parking and tickets to other events

At Maryland, the Department of Intercollegiate Athletics operates without significant University funding and receives no state appropriations or tax dollars for operational expenses. Sanctioned by the University of Maryland College Park Foundation, 100% of the funds raised through the Terrapin Club are managed by the Foundation for the exclusive use of Maryland Athletics. Your contribution directly supports an annual student-athlete scholarship cost of over $8 million and Terrapin Club and department expenses. The Terrapin Club provides scholarship support to many of the 700 student-athletes who compete on 27 varsity team representing the University of Maryland.

GETTING INVOLVED

Direct Gifts are the most common way of contributing. They are made in the form of cash, stock, checks or credit card (Visa, MasterCard, American Express or Discover). For your convenience, a personal checking account can be debited a set amount every month.

In many cases, corporate matching gifts may be used to make your Terrapin Club contribution. Please contact your employer to see if you are eligible for a matching gift program.

CONTRIBUTION LEVELS

Recent Graduate	$25 (year 1 after graduation)
Recent Graduate	$75 (year 2 after graduation)
Bronze	$50
Silver	$125-$249
Silver 250	$250-$599
Gold	$600-$1,199
Diamondback	$1,200-$1,999
Super Terrapin	$2,000-$4,999
Coaches Club	$5,000-$9,999
Top Terp	$10,000 and More

BOARD OF DIRECTORS

President: Mary Pratt-Henaghan '02
President Elect: Stan Goldstein '68
1st Vice President: Rick Jaklitsch '80
2nd Vice President: Rosalie Reggettz
Past President: John Alahouzos '71

Chris Brown, Tom Ciandella, J. Douglas Cox, Marlene Freeman, Colin Potts, Bob Baker, Cheryl Elstins, Ben McCarter, Karabelle Pizzigati, JR Randels, Barbara Howley, Al Horowitz, Karel Petraitis, Cecil Speake, Jim Stallings.

TERPS

301-314-7020
800-653-7667
TERRAPINCLUB.COM

MEDIA INFORMATION

MEDIA GUIDELINES

Credentials: Media and photographer credentials for events at Maryland's Comcast Center may be obtained by working press, radio and television by writing or calling Doug Dull in the Maryland Athletic Media Relations Office, 2725 Comcast Center, College Park, MD 20741-0295. All requests should be submitted at least 48 hours prior to the event by phoning the Media Relations Office at (301) 314-7064. Since space is limited, accommodations are on a priority basis: daily newspapers and wire services, originating radio and television stations, national weekly or monthly publications, electronic media outlets, local and regional television crews. Priority is granted to members of the media who cover Maryland athletics on a regular basis, and to visiting media members. Photo passes will be issued only to accredited photographers on assignment.

Services: The Media Relations Office will provide complete statistics at the conclusion of every home meet. Programs containing rosters and event notes on each team will be provided for the working media.

Fax Machine: The Media Relations Office has one facsimile machine, located in Room 2725 of Comcast Center, which is available upon request. The fax number is (301) 314-9094.

Terps on the Web: For up-to-date game stories, statistics, schedules and results, and other Maryland athletic department information, please locate www.umterps.com on the Internet.

TRACK & FIELD CONTACTS

Doug Dull
Associate Athletics Director - Media Relations
University of Maryland
2725 Comcast Center
College Park, MD 20742-0295

IMPORTANT TELEPHONE NUMBERS

(301) 314-7064 – Media Relations Office
(301) 314-9094 – Media Relations Fax
Dull's E-mail address:ddull@umd.edu
Terps Web Site: www.umterps.com

MEDIA OUTLETS

NEWSPAPERS

Washington Post
1150 15th Street
Washington D.C. 20071
Phone: (202) 334-7350
sports@washpost.com
www.washingtonpost.com

Washington Times
3600 New York Ave. N.E.
Washington D.C. 20002
Phone: (202) 636-3269
sports@washingtontimes.com
www.washingtontimes.com

Baltimore Sun
501 North Calvert Street
Baltimore, Md. 21203
Phone: (410) 332-6200
sports@baltsun.com
www.sunspot.net

Annapolis Capital
2000 Capital Drive
Annapolis, MD 21404
(410) 280-5923
sports@capitalgazette.com
www.capitalonline.com

Terrapin Times
P.O. Box 993
Bel Air, Md. 21014
Phone: (800) 594-9320
kcav5@aol.com
www.terrapintimes.com

TELEVISION

Comcast SportsNet
7700 Wisconsin Ave.
Suite 200
Bethesda Md. 20814
Phone: (240) 497-3401
Fax: (301) 718-3324
comcastsportsnet.com

STUDENT MEDIA

The Diamondback
3136 South Campus
Dining Hall
University of Maryland
College Park, Md. 20742
Phone: (301) 314-8200
Fax: (301) 314-8358
www.inform.umd.edu/
Diamondback/

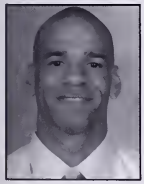
NATIONAL MEDIA

USA Today
1000 Wilson Blvd
Arlington, Va. 22229
Phone: (703) 276-3761
Fax: (703) 276-5505
usatoday.com

Trackshark
www.trackshark.com

Track & Field News
2570 El Camino Real
Suite 606
Mountain View, Calif. 94040
Phone: (650) 948-8188
Fax: (650) 948-9445

TRACK & FIELD SUPERVISOR



ANTON GOFF

ASSOCIATE ATHLETICS DIRECTOR/ASCDU

Anton Goff was named assistant athletics director for the Terrapins' Academic Support and Career Development Unit (ASCDU) in June 2004 and promoted to Associate Athletic Director in June 2006. Goff, who served as an ASCDU assistant director from 1998 to 2001, returned to Maryland after four years as the Associate Director of Student-Athlete Support Services at Michigan State.

Goff is responsible for leading the Terps' academic support unit in providing quality developmental programs and need-based services that enhance academic progress, facilitate career development and encourage the psychosocial growth of all student-athletes.

While at Michigan State, Goff served as the academic coordinator for the Spartan football team, where he was responsible for tracking the student-athletes' classroom efforts and monitoring progress toward their degrees in compliance with NCAA and Big Ten regulations. Goff was responsible for overseeing the tutoring programs and study table at MSU and coordinated a faculty/staff mentorship program. Goff supervised four full-time academic counselors/learning specialists, graduate students and several undergraduate tutors.

Prior to his tenure at MSU, Goff provided academic support for Maryland men's basketball, men's and women's track, men's and women's soccer and softball programs from 1998 to 2001. During his first stint in College Park, Goff was instrumental in the development of the Terrapin Student-Athlete Handbook and the implementation of educational programs concerning alcohol and drug abuse, academic integrity, gender violence and human diversity.

Goff earned a bachelor's degree in the administration of justice from Virginia Commonwealth University in Richmond in 1991, before receiving a master's degree in the same discipline from VCU two years later.

QUALIFYING STANDARDS

MEN'S INDOOR QUALIFYING MARKS

Event	NCAA Auto	NCAA Prov	IC4A
55 Meters	6.14@	6.25@	6.48
60 Meters	6.63@	6.74@	6.98
55-Meter Hurdles	7.17@	7.38@	7.72
60-Meter Hurdles	7.70@	7.91@	8.22
200 Meters			
(Under 200m/220 yds)*	21.33	21.73	
(200m/220 yds)*	21.08	21.48	22.20
(Banked or Over 200m/220 yds)*	20.83	21.23	21.90
400 Meters			
(Under 200m/220 yds)*	46.95	48.05	
(200m/220 yds)*	46.55	47.65	49.20
(Banked or Over 200m/220 yds)*	46.15	47.25	48.89
800 Meters			
(200m/220 yds)*	1:48.80	1:51.10	1:54.50
(Banked or Over 200m/220 yds)*	1:48.20	1:50.50	1:54.00
Mile#			
(200m/220 yds)*	4:00.30	4:04.80	4:14.40
(Banked or Over 200m/220 yds)*	3:59.50	4:04.00	4:12.80
3,000 Meters#			
(200m/220 yds)*	7:55.80	8:06.30	8:29.50
(Banked or Over 200m/220 yds)*	7:54.50	8:05.00	8:26.70
5,000 Meters#			
(200m/220 yds)*	13:48.90	14:11.90	14:47.40
(Banked or Over 200m/220 yds)*	13:47.00	14:10.00	
4x400-Meter Relay			
(Under 200m/220 yds)*	3:09.70	3:13.60	
(200m/220 yds)*	3:08.10	3:12.00	3:19.90
(Banked or Over 200m/220 yds)*	3:06.50	3:10.40	3:17.80
Mile Relay			
(Under 200m/220 yds)*	3:10.70	3:14.80	
(200m/220 yds)*	3:09.10	3:13.20	
(Banked or Over 200m/220 yds)*	3:07.50	3:11.60	
Distance Medley Relay-Meters#			
(200m/220 yds)*	9:36.20	9:47.90	10:19.70
(Banked or Over 200m/220 yds)*	9:34.00	9:45.70	10:16.70

@ Qualifying times attained at altitude of 6,000 feet and above, add .04 seconds Times attained at altitude of 3,000-5,999 feet, add .02 seconds. *-Size of track, #-Altitude adjustment available

	NCAA Auto	NCAA Prov	IC4A
High Jump	7-4.25	7-0.25	6-8.25
Pole Vault	18-0.50	17-0.75	15-9
Long Jump	25-9.25	24-7.25	23-1.25
Triple Jump	52-10	50-6.25	46-11
Shot Put	63-4	58-3	51-2.25
35-Pound Weight	70-6.50	63-11.75	55-1.50
Heptathlon	5,650 points	5,300 points	4,800 points

MEN'S OUTDOOR MARKS

Event	NCAA Reg'l.	IC4A
100 Meters	10.55	10.90
200 Meters	21.35	21.74
400 Meters	47.20	48.50
800 Meters#	1:50.40	1:52.00
1,500 Meters#	3:47.80	3:52.00
Mile#	4:06.00	4:10.00
3,000-Meter Steeplechase#	9:07.00	9:16.00
5,000 Meters#	14:12.00	14:37.00
10,000 Meters# – Auto	28:45.00	31:08.00
10,000 Meters# – Prov	29:30.00	–
110-Meter Hurdles	14.30	14.85
400-Meter Hurdles	52.51	53.94
400-Meter Relay	40.66	42.50
1,600-Meter Relay	3:10.00	3:17.60

	NCAA Reg'l.	IC4A*
High Jump	6-10.75	6-8.25
Pole Vault	16-6.75	15-79
Long Jump	24-1	23-3.50
Triple Jump	49-2.50	47-7
Shot Put	55-1.50	51-6.25
Discus	169-7	154-2
Javelin	202-1	190-3
Hammer	186-4	172-3
Decathalon – Auto	7,500 points	6,200 points
Decathalon – Auto	6,900 points	

– Altitude adjustment available

WOMEN'S INDOOR QUALIFYING MARKS

Event	NCAA Auto	NCAA Prov	ECAC
55 Meters	6.73@	6.92@	7.22
60 Meters	7.26@	7.44@	7.72
55-Meter Hurdles	7.57@	7.86@	8.29
60-Meter Hurdles	8.14@	8.43@	8.84
200 Meters			
(Under 200m/220 yds)*	23.60	24.30	
(200m/220 yds)*	23.40	24.10	25.14
(Banked or Over 200m/220 yds)*	23.20	23.90	
400 Meters			
(Under 200m/220 yds)*	53.00	55.00	
(200m/220 yds)*	52.70	54.70	57.04
(Banked or Over 200m/220 yds)*	52.40	54.40	
800 Meters			
(200m/220 yds)*	2:05.40	2:09.40	2:14.40
(Banked or Over 200m/220 yds)*	2:05.00	2:09.00	
Mile#			
(200m/220 yds)*	4:40.60	4:48.60	5:01.14
(Banked or Over 200m/220 yds)*	4:40.00	4:48.00	
3,000 Meters#			
(200m/220 yds)*	9:15.80	9:34.80	9:58.94
(Banked or Over 200m/220 yds)*	9:15.00	9:34.00	
5,000 Meters#			
(200m/220 yds)*	16:09.60	16:46.60	17:33.64
(Banked or Over 200m/220 yds)*	16:08.00	16:45.00	
4x400-Meter Relay			
(Under 200m/220 yds)*	3:35.40	3:43.60	
(200m/220 yds)*	3:34.20	3:42.40	3:53.94
(Banked or Over 200m/220 yds)*	3:33.00	3:41.20	
Mile Relay			
(Under 200m/220 yds)*	3:36.60	3:43.60	
(200m/220 yds)*	3:35.40	3:42.40	
(Banked or Over 200m/220 yds)*	3:34.20	3:41.20	
Distance Medley Relay-Meters#			
(200m/220 yds)*	11:11.00	11:35.50	12:08.64
(Banked or Over 200m/220 yds)*	11:09.00	11:33.50	

@ Qualifying times attained at altitude of 6,000 feet and above, add .04 seconds Times attained at altitude of 3,000-5,999 feet, add .02 seconds *-Size of track, #-Altitude adjustment available

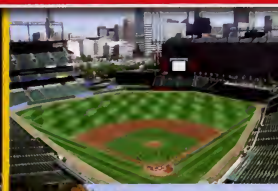
	NCAA Auto	NCAA Prov	ECAC
High Jump	6-0.75	5-10	5-7
Pole Vault	13-9.25	12-11.50	11-9.75
Long Jump	20-10	20-0.25	18-6.50
Triple Jump	43-7.75	41-6	38-4.75
Shot Put	55-5.50	49-10.50	44-7.50
20-Pound Weight	68-10.75	61-6.25	52-9
Heptathlon	4,050 points	3,700 points	3,450 points

WOMEN'S OUTDOOR MARKS

Event	NCAA Reg'l.	ECAC
100 Meters	11.75	12.12
200 Meters	23.96	24.94
400 Meters	54.61	56.34
800 Meters#	2:09.80	2:11.44
1,500 Meters#	4:27.80	4:33.44
Mile#	4:49.30	4:53.74
3,000 Meters	–	9:56.24
3,000-Meter Steeplechase#	10:50.25	10:55.04
5,000 Meters#	16:52.00	17:26.14
10,000 Meters# – Auto	33:30.00	37:40.00
10,000 Meters# – Prov	35:00.00	–
100-Meter Hurdles	13.92	14.44
400-Meter Hurdles	1:00.82	1:02.64
400-Meter Relay	45.70	48.34
1,600-Meter Relay	3:42.00	3:51.84

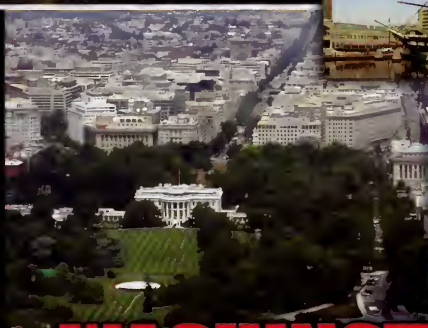
	NCAA Reg'l.	ECAC
High Jump	5-8.75	5-7
Pole Vault	12-7.50	11-11.75
Long Jump	19-8.25	19-0.25
Triple Jump	40-5	39-0.50
Shot Put	46-11	44-7.50
Discus	155-2	139-5
Javelin	142-6	132-10
Hammer	177-8	157-6
Heptathlon – Auto	5,500 points	4,500 points
Heptathlon – Prov	5,050 points	

HOME OF THE TERRAPINS



BALTIMORE

So much, so close... It's all here beyond the University of Maryland campus. City lights, history, sparkling waterfronts, monumental landscapes, jazz, film festivals, marches and demonstrations, shopping, professional sports, regattas on the Chesapeake Bay. Not just one city, but three. Not just any city, but the nation's capital, a major port city, and the state capital of Maryland.... Home of the Terrapins!



WASHINGTON, D.C.

UNIVERSITY OF MARYLAND

ANNAPOLIS

Terps
Meghan Braffet
Senior
All-Region Cross Country
David Edwards-Brennan
Junior
All-ACC
NCAA regional qualifier
Christina Smith
Senior
NCAA provisional qualifier
ACC scorer
Chanel Williams
Junior
NCAA regional qualifier
ACC scorer
Aysha Gregory
Senior
NCAA regional qualifier
ACC scorer
Terps
TRACK & FIELD
MARYLAND
Greg Kelsey
Sophomore
All-Region Cross Country
MARYLAND
132
160
162
529